NOVEMBER 2026 EDITION

Delta High School

MS. MUIR'S COUNSELOR CORNER



Top 3 Mistakes When Applying to Universities

Mistake #1: Applying to too few or too many schools - Narrow your choices to your top 5-7 schools. Applying to only one or two carries high risks, including zero financial aid leverage and being left with no backup plan if things go wrong. Applying to too many means paying more application fees and writing more essays. Among your 5-7 schools should be:

- Target schools that offer the majors you want, in a geographic location you prefer.
- Dream or "reach" schools, which you would love to attend but have very low acceptance rates.
- Safety schools, where your acceptance is guaranteed.

Mistake #2: Relying on your GPA for acceptance - Differentiate yourself from the crowd! Consider what makes you unique. What impact have you made within the school or local community. Grades tell; stories sell.

Mistake #3: Waiting too long to write essays - Essays are the hardest part of an application. Answer the prompts authentically (do not answer them based on what you think they want to hear). Have an ELA teacher proof them, if possible. Lastly, admissions offices can tell whether an essay was written by AI. Again, be authentic and use your own voice.

(B. Safdari, 2026)



Important Dates

No School Days:
Wed., Nov 11th - Veteran's Day
Wed., Nov 25th - Trimester Break Day
Nov 26th & 27th - Thanksgiving Holiday

Tue., Nov 3rd - PoDS Meeting, 6pm
Sat., Nov 7th - Homecoming, 6-9pm
Tue., Nov 24th - Last day of Trimester 1

Mental Health Tip

Letting go of what you can't control - You cannot control how others treat you or how they feel about you. Nor can you control what they say about you. You can, however, control how you respond, how you carry yourself, and what you allow to disturb your peace. Rather than trying to change things that are outside of your control, put that energy into becoming the best version of yourself. The moment you stop trying to control everything, is the moment you start finding peace within yourself. Focus on what you CAN control and let the rest go.