New Paltz Middle School / Lunch

NOVEMBER 2026

Mon 2	Tue 3	Wed 4	Thu 5	Fri 6
Whole Grain Chicken Nuggets Rice Pilaf Seasoned Carrots Ham & Cheese Sandwich (alternate)		Meatballs w/Sauce Garlic Bread New York State Green Beans Salami and Cheese Sandwich (alternate)	Whole Grain French Toast Sticks Hash Brown Patty Turkey Bacon Chicken Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Ranch Dressing Juice-Assorted Tuna Salad Sandwich (alternate)
Mon 9	**Tue 10**	**Wed 11**	**Thu 12**	**Fri 13**
General Tso Chicken Asian Vegetables Vegetable Fried Rice Hummus Wrap (alternate)	Double Cheeseburger Waffle Fries Baby Carrots Egg Salad Sandwich (alternate)		Nachos w/Meat and Cheese Salsa Sour Cream pc New York State Corn Refried Beans Roast Beef & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 16	**Tue 17**	**Wed 18**	**Thu 19**	**Fri 20**
Whole Grain Chicken Tenders Brown Rice Steamed Broccoli Ham & Cheese Sandwich (alternate)	Meatballs w/Sauce Garlic Bread Seasoned Carrots Turkey Salad Sandwich (alternate)	Turkey w/Gravy Mashed Potatoes New York State Green Beans Tuna Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza 3 Bean Salad Juice-Assorted Bologna & Cheese Sandwich (alternate)	
Mon 23	**Tue 24**	**Wed 25**	**Thu 26**	**Fri 27**
Chicken Fajita Salsa Sour Cream pc Tex Mex Rice Seasoned Corn Hummus Wrap (alternate)	Whole Grain Waffle Potatoes-Diced Sausage Patty Peanut Butter and Jelly Sandwich (alternate)			
Mon 30				
Whole Grain Chicken Nuggets Lemon Herb Rice Peas Peanut Butter and Jelly Sandwich (alternate)				

Fruit: Apple · Apple Juice 4oz Carton · Apple Slices-packaged · Applesauce · Banana · Blueberries-Frozen · Cantaloupe · Dried Cherries · Fruit Cocktail-Canned · Fruit Punch Juice 4 oz Carton · Grape Juice 4oz Carton · Honeydew Melon · Mixed Berries-Frozen · Orange · Orange Juice 4 oz carton · Peaches-Canned · Pear · Pears-Canned · Pineapple-Canned · Plums · Strawberries
Menu: Subject to Change- · Allergen information for menu items is available
ALL Students: are eligible for Breakfast & Lunch daily at no cost
Condiments: BBQ Sauce-pc · Ketchup-pc · Mayo-pc · Mustard-pc · Honey Mustard · Ranch Dressing · Italian Dressing · Frank's Hot Sauce
Milk: 1% Milk · Chocolate Milk · Fat Free Milk · Milk-Whole
MS-Alternate Entrees: Chicken Cutlet Sandwich · Italian Combo (alternate) · Hamburger · Cheeseburger · Peanut Butter and Jelly Sandwich · Veggie Burger
Secondary Breakfast($0.00) Secondary Lunch($0.00) Milk($1.00)

View more: http://schools.mealviewer.com/school/NewPaltzMiddleSchool
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