LUNCH

EMS NOVEMBER 2026

This institution is an equal opportunity provider.
Menu subject to change.

A new Free & Reduced Meal Application must be submitted each year online @ www.payschoolscentral.com or download their Mobile App . Online Payments can also be made through the PaySchool Central Mobile App.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fiesta Bowl Taco Meat 5 or Chicken 2 Fiesta Rice 21 Queso Cheese 1, Corn 16 & Black Beans 20 Nacho Chips 18 Mixed Fruit 15 Milk	**3** Cinnamon French Toast 45 Egg & Cheese Omelet 1 Or Pepperoni Pizza 32 Potato Bites 19 Fresh Carrots 6 Strawberry Cup 22 Milk	**4** Chicken Tenders 15 Or French Bread Pepp. Pizza 32 Cheesy Mashed Potatoes 17 Fresh Carrots 6 Chocolate Chip Muffin 28 Diced Peaches 14 Milk	**5** Rotini Pasta W/Meat Sauce 24 Cheesy Breadstick 12 Or Cheesy Breadsticks 24 Marinara Sauce 3 Salad 2 W/Ranch Dip 2 Grape Tomatoes 6 Diced Pears 16 Milk	**6** Stuffed Crust Cheese Pizza 36 Or Spicy Chicken Sandwich 42 Broccoli & Cheese 7 Fresh Veggies Applesauce 15 Milk
9 Chicken 12 & Waffle 15 Or Wedge Slice Pepp. Pizza 32 Potato Bites 19 Fresh Carrots 6 100% Juice Milk	**10** Meatball Sub 38 W/Mozz Cheese Or Hot Dog on a Bun 32 Baked Beans 26 Fresh Carrots 6 Applesauce 15 Milk	**11** Walking Taco Taco Meat 5, Doritos 20 Or Chicken Quesadilla Pizza 38 Lettuce & Cheese 3 Seasoned Corn 16 Frozen Peach Cup 21 Milk	**12** Cheeseburger Sandwich 26 Or Tenderloin Sandwich 37 Seasoned Fries 20 Grape Tomatoes 6 Sliced Apples 7 Milk	**13** Macaroni & Cheese 32 BBQ Pork Sandwich 41 Steamed Broccoli 5 Fresh Veggies Chocolate Chip Cookies 18 Pineapple 16 Milk
16 Cinnamon French Toast 45 Sausage Links 0 Or Pepperoni Pizza 32 Potato Bites 19 Fresh Carrots 6 100% Juice Milk	**17** Chicken Tender Wrap 41 Or Stuffed Crust Cheese Pizza 36 Lettuce & Cheese 3 Baked Beans 26 Mixed Fruit 15 Milk	**18** Mozzarella Cheese Sticks 32 Or Pepperoni Calzone 32 Marinara Sauce 8 Green Beans 4 Diced Peaches 14 Milk	**19** Alfredo Pasta 31 Cheesy Breadstick 12 Or Cheesy Breadsticks 24 Marinara Sauce 3 Steamed Broccoli 5 Fresh Veggies Diced Pears 16 Milk	**20** Bulldog Bowl Popcorn Chicken 15 & Pumpkin Bread 43 Or French Bread Pepp. Pizza 32 Mashed Potatoes 17 & Gravy 3 Corn 16 Craisins 21 Milk
23  Jump for JOY Teacher Workday 11/23 & 11/24	**24** School Resumes November 30, 2026	**25** 		
30 Loaded Tots 21 Taco Meat 5 & Cheese .5 Or Tenderloin Sandwich 37 & Tater Tots 21 Fritos 12 Frozen Slushie 22 Milk				

Meal Cost: Lunch: Paid $2.70 Reduced & Free to those who qualify– No Charge

Charge Policy: A student may charge a meal when necessary, any unpaid charges will be applied to student fees.

Fresh Salad Offered Daily: Popcorn Chicken 15, Lettuce/ Cheese 5, & Cheez- It 14. Students may also choose 1 vegetable offered, fruit & milk. **Dressings:** French 11, Honey Mustard 8 Italian 5, Ranch 10

Carb Counts: Milk- Chocolate 24, White 13 **Condiments**: BBQ 5, Butter 0, Hot Sauce 0, Jelly 6, Ketchup 2, Mayo 2, Mustard 0, Ranch Dip 2, S&S Sauce 11, Sour Cream 1, Soy Sauce 0, Syrup 30, Syrup SF 4, Taco Sauce 1.

Fruits: Apple Slices 7, Applesauce 15/Flavored 17, Banana 27, Blueberries (10) W/Topping 12 Grapes 18, Orange 21/Slices 11, Peaches 14, Pears 16, Pineapple 16, Slushie 22, Strawberries Fresh 6/Frozen Cup 22 **Juice**-Apple/Fruit Punch 14, Grape 18, OJ 12 **Veggies:** Broccoli 5, Carrots 6, Celery 2, Cucumbers 2, Tomatoes 4