Weymouth Township School
November 2026

EAT SMART
BE SMART



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken over Rice Steamed Broccoli Cucumber Slices	**3** Nachos Grande Corn Grape Tomatoes	**4** Hot Ham & Cheese on a Pretzel Bun Baked Beans Celery & Carrots Sticks	**5** No School	**6** No School
Salad of the Week : (Taco Salad) Served with Tortilla Chips				
9 General Tso's Chicken with Rice Carrots Cucumber Slices	**10** Beef & Cheese Quesadilla Seasoned Black Beans Grape Tomatoes	**11** Pancake, Sausage, Egg & Cheese Sandwich Oven Fries Celery & Carrots Sticks	**12** Grilled Cheese Sandwich Roasted Chick Peas Fresh Broccoli	**13** Pizza Dippers Cheeseburger Veggie Patch Side Salad
Salad of the Week: (Garden Salad w/Yogurt) Served with a Dinner Roll				
16 Chicken Nuggets with a Breadstick Oven Fries Cucumber Slices	**17** Taco Soup with Corn Chips Corn Grape Tomatoes	**18** Hot Dog on a Bun Baked Beans Celery & Carrots Sticks	**19** Turkey Dinner Mashed Potatoes, Corn Fresh Broccoli	**20** Stuffed Crust Pizza Cheeseburger Veggie Patch Side Salad
Salad of the Week : (Asian Sesame Chicken Salad) Served with a Dinner Roll				
23 Asian Sesame Chicken over Rice Steamed Broccoli Cucumber Slices	**24** Chicken & Cheese Quesadilla Seasoned Black Beans Grape Tomatoes	**25** Corn Dog Baked Beans Celery & Carrots Sticks	**26** No School	**27** No School
Salad of the Week : (Chicken Caesar Salad) Served with a Dinner Roll				
30 Cheesy Meat Pasta Bake with a Breadstick Green Beans Cucumber Slices	**1** Beef Soft Tacos Corn Grape Tomatoes	**2** Cowboy Burger Onion Rings Celery & Carrots Sticks	**3** French Toast with Sausage Links Oven Fries Fresh Broccoli	**4** Pizza Crunchers Cheeseburger Veggie Patch Side Salad
Salad of the Week : (Chef's Salad) Served with a Dinner Roll				

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a

Lunch Prices

Student $3.70
Adult $4.70

Available Daily

Uncrustable Meal with Cheese Stick and Goldfish

Fruit Selection

[Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice]
Students may choose two ½ cup servings.

Milk Selection

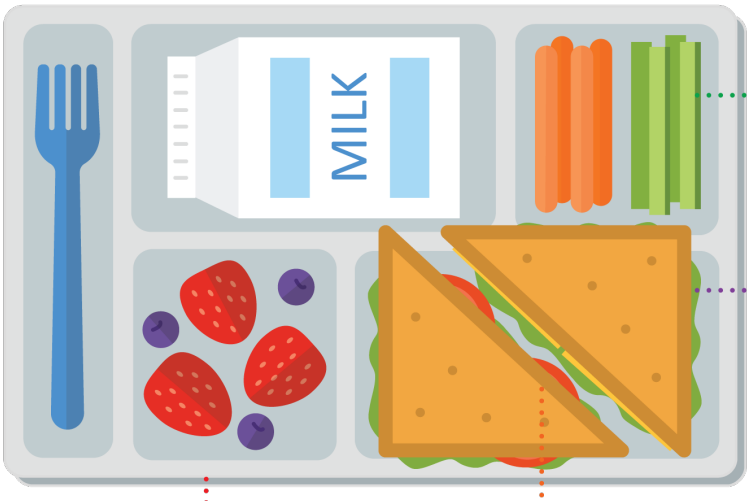
[1% white, FF white, chocolate, and strawberry]

Rachel Adams
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schoolcafé

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	$3.70
Adult Lunch:	$4.70

Meet Your nutritious friends



Try quinoa on the menu this month!

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

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