



November



**Menu Subject to Change
At ANYTIME**

Arvin Union School District
Breakfast and Lunch Menu
2026

Menu also available on the
AUSD website

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<u>11-2-26</u> Over Night Oats WG Graham Crackers WG Dried Fruit	<u>11-3-26</u> Turkey Sausage Potato Bowl Graham Cracker WG Applesauce	<u>11-4-26</u> Breakfast Cluster WG Apple Chips	<u>11-5-26</u> Trix Cereal WG Applesauce	<u>11-6-26</u> Egg & Cheese Breakfast Sandwich WG Apple Chips
Bean & Cheese Pupusa Coleslaw Fresh Fruit	Chicken & Rice Burrito Broccoli w/ Dip Fresh Fruit	Posole Tortilla Chips Lemon & Cabbage Raisins	Pizza Pocket French Veggies Fruit Mix	Cheeseburger French Fries Fresh Fruit
<u>11-9-26</u> Yogurt Graham WG Dried Fruit	<u>11-10-26</u> Homemade Breakfast Taco WG Applesauce	<u>11-11-26</u> Veterans Day No School	<u>11-12-26</u> Coco Puffs Cereal WG Applesauce	<u>11-13-26</u> Cinnamon Roll Muffin WG Apple Chips
Pizza WG Fresh Broccoli & Dip Fruit Cup	Chicken Tamale Corn Fresh Fruit		Spaghetti & Meat Balls Mixed Salad Fresh Fruit	Cheeseburger Sliders Baby Carrots Fresh Fruit
<u>11-16-26</u> Over Night Oats WG Graham Cracker WG Dried Fruit	<u>11-17-26</u> Hard Boiled Egg Bagel W/Cream Cheese WG Applesauce	<u>11-18-26</u> Mini Maple Pancakes WG Apple Chips	<u>11-19-26</u> Cinnamon Toast Crunch Cereal WG Applesauce	<u>11-20-26</u> Mini Cinnis WG Apple Chips
Bean & Cheese Burrito Carrots Fruit Cup	Taco Pocket Refried Beans 100% Fruit Juice	Double Dogs Broccoli W/Cheese Fruit Cup	Turkey & Gravy Mashed Potatoes Corn On the Cob Dinner Roll Apple Cinnamon Nada	Turkey & Cheese Kit Fresh Veggies Dried Fruit Cookie
<u>11-23-26</u> No School Today	<u>11-24-26</u> No School Today	<u>11-25-26</u> No School Today	<u>11-26-26</u> No School Today	<u>11-27-26</u> No School Today
Go for a walk and look for things that begin with different letters of the alphabet	Move to every room in your home and jump 5 times!	Get outside and practice your running!!!!	Hug your family today ! Make sure to not miss anyone 😊	Spread washcloths around the room and jump from one to another
<u>11-30-26</u> Cereal Bar WG Dried Fruit				
Sun Butter & Jelly Sandwich Fruit Cup Fava Beans			Healthy tip- Drink plenty of water- Adequate water intake keeps the body hydrated, helps in the regulation of body temperature, and may even help avoid health problems	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the bases of race, color, national origin, sex, age, or disability

****Offered daily**

- Breakfast- 100% Fruit Juice and Milk
- Lunch – Choice of milk
- AUSD is a Proud California Thursday School District
- AUSD does not serve Pork meat in any of our meals

