Welcome

Introduction to School Counseling

MRS. KUPSEY

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About Me

BACKGROUND INFO

- Rowan University – Bachelor's Degree in Special Education
- Penns Grove Middle School – Teaching Experience
- Clearview Middle School – Teaching Experience
- Wilmington University – School Counseling Certification
- Kingsway Regional Middle School – School Counselor
- 29 Years of Service in Education

Tonight's Overview

Role of a School Counselor

School Counseling Services

School Counseling Curriculum

Evening Presentations

Programs & Resources

Student/Family Resources in Schoology

Q & A

Role of a School Counselor

Academic Guidance

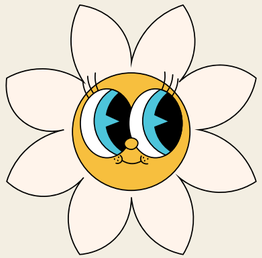
- Study and organizational skills
- Academic goal setting and planning
- Monitoring academic progress

Social & Emotional Development

- Peer relationships and conflict resolution
- Emotional regulation and coping strategies
- Building self-esteem and resilience

College & Career Exploration

- Introduction to career interests and skills
- Goal setting for future education and career pathways
- High school planning and preparation



Services

INDIVIDUAL MEETINGS

Student Meetings
Minimum of Two Student Meetings Per Year

STAFF CONSULTATION

Administration, Team, MTSS, CST

PARENT MEETINGS

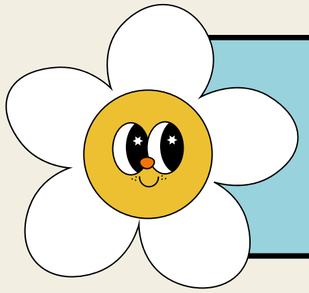
Parent/Team Meetings Available
Tuesdays & Thursdays

CLASSROOM LESSONS

Two Per Grade Level

COMMUNITY & OUTSIDE RESOURCES

Care Solace, Therapists, DCPP, etc.



School Counseling Curriculum

7TH GRADE

Lesson 1: Introduction to School Counseling

Objective: Students will define the roles of school counselors and learn how to access their services.

Lesson 2: Introduction to Career Exploration

Objective: Students will identify their strengths and areas of interest and connect them to a career and to the Six Programs of Study at Kingsway.

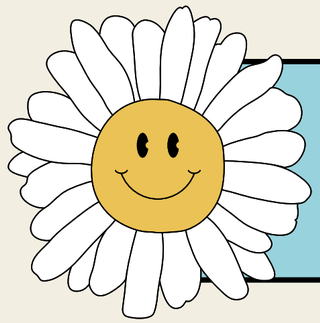
8TH GRADE

Lesson 1: Transitioning to High School – Ready, Set, Plan!

Objective: Students will review the Program Planning Guide and course offerings. Students will learn key terms related to high school and create a personalized learning plan.

Lesson 2: Graphing My Path to Success

Objective: Students will learn skills to ensure success in high school and how to set goals.



Evening Presentations

GRADE 7

Introduction to School Counseling

GRADE 8

Planning for High School

GRADES 7-12

Advanced Credit Night - January 7, 2027

COLLEGE & CAREER EXPLORATION

College & Career Week



Career Day



Social/Emotional

- **Universal Screener**

  The goal is to identify students who may need additional support or interventions.

- **Care Solace**

  Call (888) 515-0595 or go to caresolace.com/krsd or scan this QR code.

Student/Family Resources in Schoology

Important Information Posted Here!

Resources for Academic, Social/Emotional, and College/Career

Students use this group to access counseling information and resources.



Tips for Supporting Your Child's Success

As parents, you play a crucial role in your child's success.

- Encourage Organization: Use the agenda book and create a study space.
- Promote Time Management: Set homework times and break larger tasks into steps.
- Be Supportive: Listen and encourage your child to ask for help.
- Foster Involvement: Encourage clubs, sports, and activities.
- Promote Healthy Habits: Prioritize sleep, nutrition, exercise, and stress management.

Questions



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