

PLEASANT HILL MIDDLE/HIGH SCHOOL ANNOUNCEMENTS

October 30, 2026

Daylight saving time ends on Sunday, Nov. 1. Please remember to adjust your clocks.

Students, cell phones are to be put away at all times in all locations during the school day.

This week's menu:

Today

Lunch: Pizza

GO BILLIES!

Middle School: Congratulations to our middle school boys cross-country team for winning the **District Championship** last weekend! We also had **five runners earn top-10 medals**, including Lane Saxon, Eli Hollenbeck, Tessa Sprague, and Addison Woodland. Congratulations to all our middle school runners on a fantastic season!

High School: Congratulations to our high school boys cross-country team for placing **2nd at Districts and qualifying for the State Championship**. Nellie Smith placed **4th in the girls' race**, qualifying individually for State and setting a **new girls' 5K school record of 19:32**, breaking the previous record by two seconds! Gage Roper also broke the **boys' 5K school record last week running a time of 15:57**.

MS GIRLS BASKETBALL FEES DUE BEFORE MONDAY

You must pay your sports registration fees and take care of any school account balances **before your next scheduled game** to remain eligible to play. If you have any questions, please contact Kelly in the front office.

FIRST EVER GIRLS WRESTLING CLINIC

This clinic is open to all 7th-12th grade girls and the cost is free! Come experience a fun, supportive, and active environment while learning new techniques and skills. Join us on Thursday, Nov. 12, from 5:30-7:00 or Friday, Nov. 13, from 2:30-4:00 in the wrestling room. Stick around after Friday's session for drinks and cupcakes to celebrate everyone's hard work and participation. No sign-up required.

LOST AND FOUND

Check out our lost and found. There are a ton of hoodies, water bottles, and various other items. Don't wait - it will soon be donated!

GAMING CLUB TUESDAY

Gaming Club is after school on Tuesday, from 3:10-4:30 in the Library. All middle and high school students are welcome to join. There will be D&D, Uno, Chess, Battleship, and more!

SENIORS

Wreath sales are due Monday, November 2nd to the Front Office. Remember, you can earn hours towards your required 20 for this year with sales.

CARE CLOSET

The Care Closet will be open during lunch on the following days:

- **Monday & Friday:** Middle school and high school lunch
- **Tuesday, Wednesday and Thursday:** Middle school lunch

The Care Closet is open to all students!

FAFSA SUPPORT NIGHTS FOR SENIORS & FAMILIES

Pleasant Hill High School is offering a two-part FAFSA support series with a Lane Community College admissions counselor. These sessions are for students planning to attend **any college, university, trade school, or eligible career training program.**

Virtual Information Session

Thursday, November 5 | 6:00–7:00 pm

Learn about FAFSA, ORSAA, Oregon Promise, and financial aid options.

Join via Zoom: <https://lanecc.zoom.us/j/96050454847>

In-Person FAFSA Completion Night

Thursday, November 12 | 5:00–7:00 pm

Location: Pleasant Hill High School Student Center

Drop in for help completing your FAFSA with a Lane Community College representative.

Parents and guardians are encouraged to help students prepare. All seniors are encouraged to attend!

Please contact The College and Career Center with any questions.