SOUTHAMPTON PRE K BREAKFAST MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 YOGURT CUP	3 1 OZ MULTI GRAIN CHEERIOS	4 BAGEL W/ CREAM CHEESE	5 **NO SCHOOL**	6 **NO SCHOOL**
9 YOGURT CUP	10 1 OZ MULTI GRAIN CHEERIOS	11 BAGEL W/ CREAM CHEESE	12 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	13 Corn Muffin
16 YOGURT CUP	17 1 OZ MULTI GRAIN CHEERIOS	18 BAGEL W/ CREAM CHEESE	19 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	20 Corn Muffin
23 YOGURT CUP	24 1 OZ MULTI GRAIN CHEERIOS	25 BAGEL W/ CREAM CHEESE	26 	27 **NO SCHOOL**
30 YOGURT CUP				

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Student $1.75

Available Daily

Fruit Selection
Apples, apple slices, oranges and an assortment of cupped fruit
Students may choose up to two ½ cup servings of fruit.

Milk Selection 1% milk

Your Dining Services Team
Nancy Piazza
Food Service Director
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz