HAMPTON TOWNSHIP SCHOOL DISTRICT
MIDDLE SCHOOL BREAKFAST MENU



November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	**3** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**4** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**5** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**6** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast
9 Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**10** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**11** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**12** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**13** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast
16 Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**17** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**18** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**19** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**20** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast
23 Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**24** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**25** Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast	**26** NO SCHOOL 	**27** NO SCHOOL
30 Sausage, Egg, & Cheese Croissant, Bacon, Egg, & Cheese English Muffin, Pancake on a Stick Dutch Waffle, Mini Chocolate Chip French Toast				

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	FREE
Adult	$2.50

Available Daily

Assorted cereals or cereal bar *served with graham crackers*
Assorted Muffins & Loafs *served with graham crackers*
Assorted Donuts
Assorted Pop-Tarts
Assorted Yogurt w/ Fruit on the Bottom
Hard Boiled Eggs

Fruit Selection

Seasonal Fresh Fruit | Assorted Canned Fruit | 100% Fruit Juice
Students may choose two ½ cup servings

Milk Selection

1% white | fat-free white | fat-free chocolate

Your Dining Services Team

Nan Guy
General Manager
(412) 492-6390
nan.guy@metzcorp.com
metz@ht-sd.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES