HAMPTON TOWNSHIP SCHOOL DISTRICT
ELEMENTARY LUNCH MENU

November 2026

EAT SMART
BE SMART



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Nacho Grande Golden Corn	4 French Toast Sticks with Sausage Patties Tri-Taters Carrot Sticks	5 Mac & Cheese w/ Garlic Toast (V) Steamed Garden Peas 3-Bean Salad	6 NO SCHOOL (Elementary Only)
9 Asian Sesame Chicken with Rice Steamed Broccoli Side Salad	10 Beef & Cheese Quesadilla Seasoned Black Beans Salsa	11 Chicken Patty on a Bun Hash Brown Potato Cucumber Slices	12 Chicken & Mashed Potato Bowl with Roll Mashed Potatoes Baby Carrots	13 Toasted Pizza Flatbread Sandwich Roasted Zucchini Red Pepper Strips
16 Chicken Nuggets with Roll Oven Fries Baby Carrots	17 Loaded Taco Tater Tot Bowl Green Beans Caesar Salad	18 Cheeseburger Baked Beans Green Pepper Strips	19 Toasted Cheese Sandwich (V) Tomato Soup Corn Salad	20 Ham & Cheese Pizza Sweet Potato Tots Cucumber Slices
23 Hot Dog on a Bun Mashed Potatoes Broccoli Salad	24 Thanksgiving Feast Mashed Potatoes, Stuffing, Corn	25 Cheese Pizza Crunchers w/ Dipping Sauce Steamed Broccoli Carrot Sticks	26 NO SCHOOL 	27 NO SCHOOL
30 Lasagna Roll-Up Steamed Mixed Veggies Cucumber Slices				

MAKE IT A MEAL!
Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$2.70
Adult	$4.25

Available Daily
PB&J Uncrustable
Talbot Salad w/ Ham, Cheese, & Roll
Chicken Tenders w/ Roll

Fruit & Veggie Selection
Seasonal Fresh Fruit | Assorted Canned Fruit | 100% Fruit Juice
Seasonal Fresh Vegetables | Hot Assorted Vegetables| Leafy Salads

Students may choose two ½ cup servings.

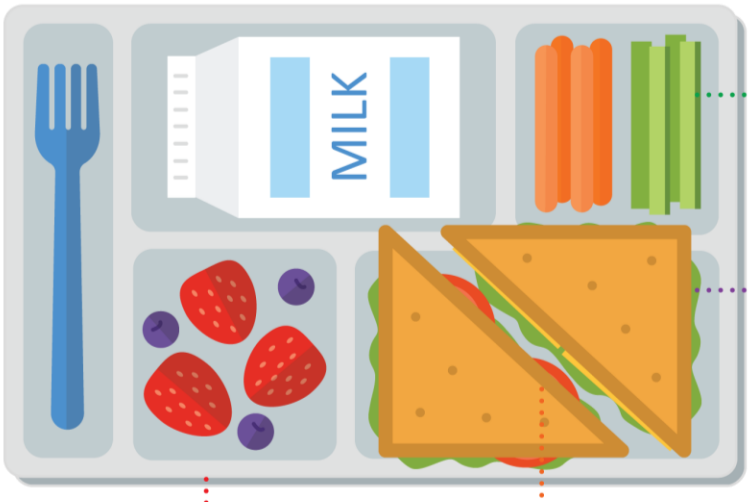
Milk Selection
1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Your Dining Services Team
Nan Guy
General Manager
(412) 492-6390
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

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LUNCH PRICES

Student Lunch:	$2.70
Adult Lunch:	$4.25

Meet Your nutritious friends



schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

WE ARE HIRING!

Looking for a meaningful job that also supports your family? Join our food service team for the 2026–27 school year!

Apply Now!

Questions? Email nan.guy@metzcorp.com

YOUR DINING SERVICES TEAM
Nan Guy, General Manager
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