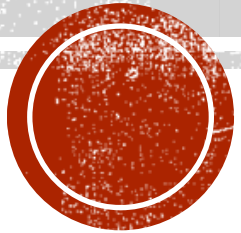
# HIGH SCHOOL 101:
## HIGH SCHOOL AND BEYOND

Henry M. Jackson High School Counselors



# WELCOME JACKSON FAMILIES!

**Today we are going to:**

- **Meet your school counselor/support staff**
- **Define "credit"**
- **Review your student's graduation requirements**
- **Discuss strategies and review resources to support your student's success**
- **Find out more about what your student may or may not be telling you about school**



# YOUR JHS COUNSELING TEAM AND SUPPORT STAFF!

SEE MORE ON OUR COUNSELING WEBPAGE



# JHS Counseling Team!



**Ms. Carmona**
A – Ba



**Mr. Gerig**
Bb – Em



**Mr. Cain**
En – Ja



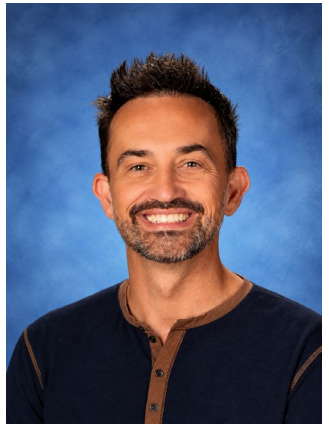
**Mrs. Williams**
Jb – L



**Mrs. Coon** Registrar
jhsTranscipts@everettsd.org



**Mr. Turner**
M – Pe



**Mr. Lerner**
Ff – So

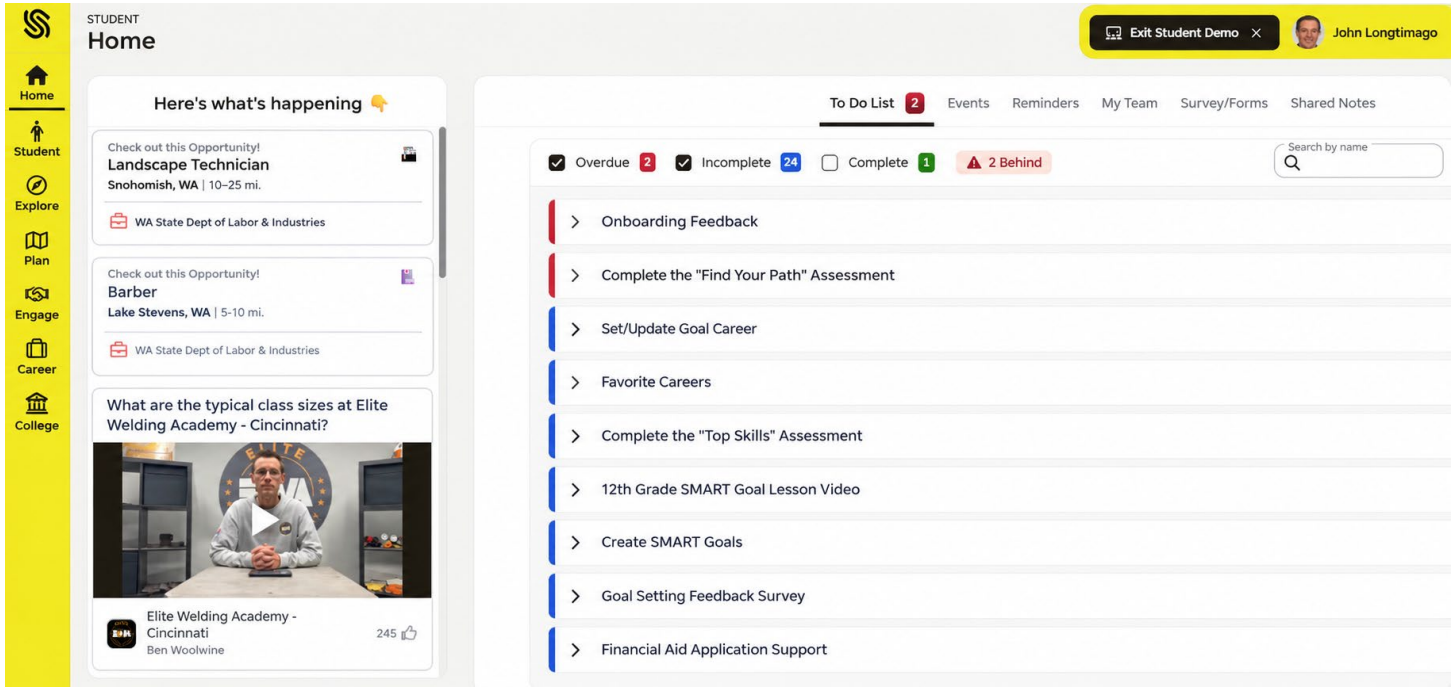


**Mrs. Gregg**
Sp – Z



**Ms. K. Larson** Counseling Secretary
425-385-7010
425-385-7044 Fax

# SCHOOLINKS




CAREER EXPLORATION

COLLEGE PLANNING

GOAL SETTING

GRADUATION PLANNING – TRACK PROGRESS TOWARD GRADUATION REQUIREMENT (HIGH SCHOOL & BEYOND PLAN)

JOB OPPORTUNITIES – EXPLORE INTERNSHIPS, APPRENTICESHIPS, & EMPLOYMENT

STUDENT ASSESSMENTS – IDENTIFY INTERESTS, STRENGTHS, AND SKILLS.

# WHAT CAN YOUR SCHOOL COUNSELOR DO FOR YOU?

**College/Career Guidance**

- College information:
  - Admission requirements
  - Transcript review
  - Scholarship and financial aid
- Educational and career planning
- Classroom college/career units
- Career awareness and exploration
- Job search information
- Military, apprenticeship, technical, 2-year, 4-year college information

**Academics**

- Guidance & Counseling Services
- Review Graduation requirements
- Class Schedule & Registration
  - Challenging options
  - Options and procedures for making up classes and credits

**Personal & Social Services**

- Peer mediation
- Practical decision-making skills
- Crisis counseling and referral
- Intrapersonal and interpersonal development



# WHAT IS A CREDIT AND HOW DO THEY WORK?

## Middle School

- Take a class
- Earn a grade
- Pass class = Move on to next level
- Fail class = Move on to next level

**High School Credit EARNED in Middle School-**

- algebra 1, geometry, English 1, computer applications, WA state history, Spanish 1, etc.

## High School

- Take a class
- Earn a grade
- Pass class (>60%) = .5 or 1.0 CREDIT
- **Don't pass (<60%) = NO CREDIT**

**One high school year-long courses =1 credit**

# CREDIT RECOVERY

- Credit Recovery Program
  - Many pathways to recover credit
  - Connect with our Success Coordinators, Ms. Britt, Ms. Bryan, Ms. Rey, and… your high school counselor

- Summer Program
  - Free for credit recover
  - Typically, in-person at Everett SD high school



# EXAMPLE OF 9TH GRADE SCHEDULE

| 1st Semester | 2nd Semester | CREDITS |
|---|---|---|
| Pre-AP English 1 **(.5 Credits)** | Pre-AP English 1 **(.5 Credits)** | 1.0 |
| Algebraic Concepts **(.5 Credits)** | Algebraic Concepts **(.5 Credits)** | 1.0 |
| Biology**(.5 Credits)** | Biology **(.5 Credits)** | 1.0 |
| Health **(.5 Credits)** | PE 1 **(.5 Credits)** | 1.0 |
| Spanish 1 **(.5 Credits)** | Spanish 1 **(.5 Credits)** | 1.0 |
| Culinary Arts **(.5 Credits)** | Intro to Graphic Design **(.5 Credits)** | 1.0 |

**This semester, if you pass all of your classes, you will earn 3.0 credits. Next semester, if you pass all your classes, you will earn another 3.0 credits. This will give you 6.0 credits by the end of the year!**

Total: 6 Credits

# HOW MANY CREDITS DO I NEED TO GRADUATE?

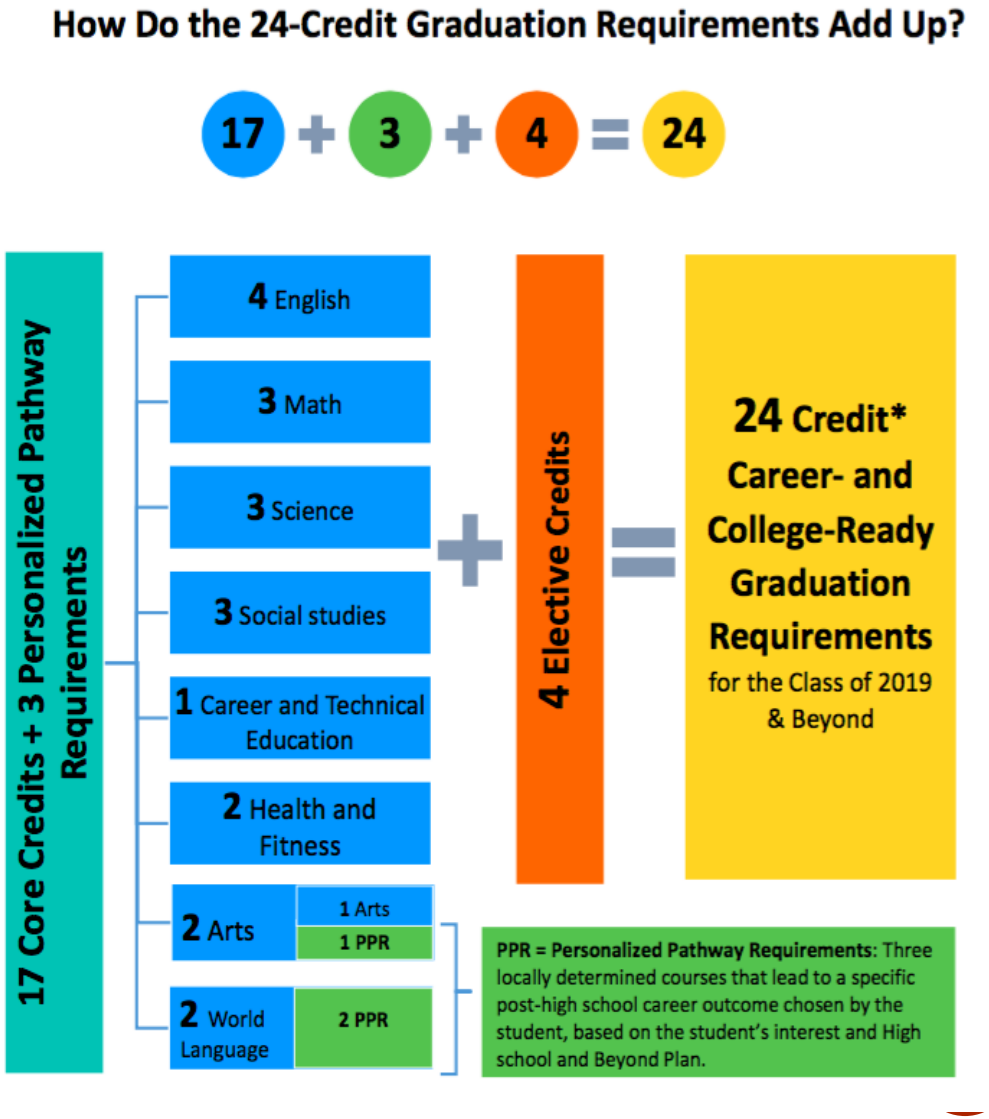
- You have to earn **24 credits** to earn your high school diploma.
  - 9th grade- 6.0 credits (pass ALL classes)
  - 10th grade- 6.0 credits (pass ALL classes)
  - 11th grade- 6.0 credits (pass ALL classes)
  - 12th grade- 6.0 credits (pass ALL classes)
  - **TOTAL= 24 Credits**



# GRADUATION REQUIREMENTS

| | |
|---|---|
| **English** | **4.0 Credits** |
| **Social Studies** | **3.0 Credits** |
| **Math** | **3.0 Credits** |
| **Science** | **3.0 Credits** |
| **P.E.** | **1.5 Credits** |
| **Health Credit** | **0.5** |
| **Career & Tech Ed** | **1.0 Credit** |
| **Fine Arts** | **2.0 Credits**** |
| **World Language** | **2.0 Credits**** |
| **Electives** | **4.0 Credits** |
| **Total** | **24.0 Credits** |

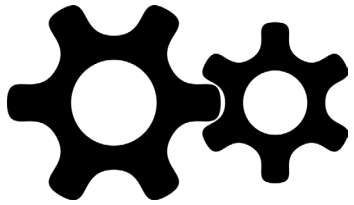
****Personalized Pathway Requirement**



# PERSONALIZED PATHWAY REQUIREMENTS

**3 flexible credits based on your interests and career/education goals and your High School & Beyond Plan**

**Can substituted for the following credits:**



**2 credits of World Language**

**-And/Or-**

**1 credit of Fine Art**



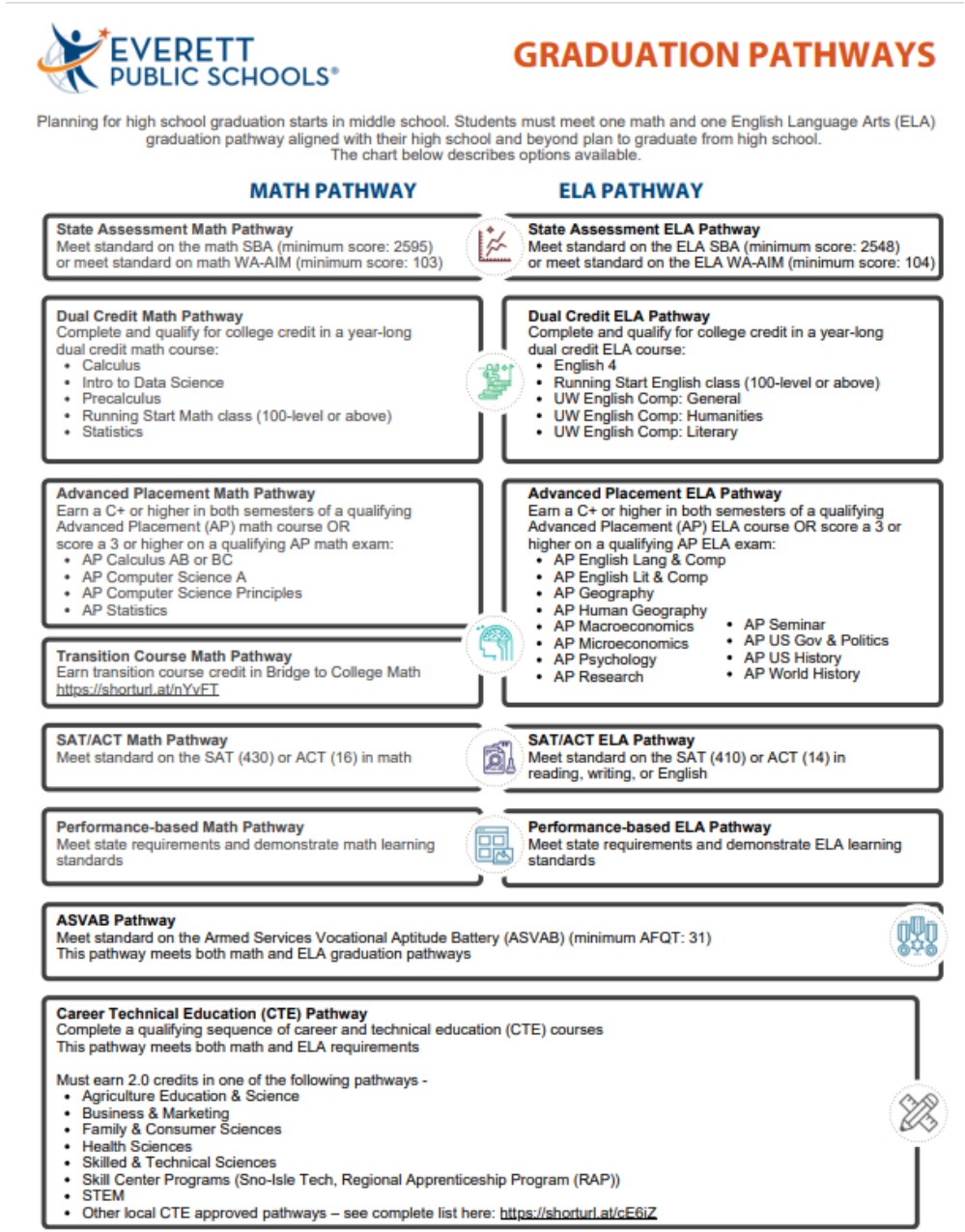
**You can discuss options with your school counselor**

# MORE GRADUATION REQUIREMENTS & CTE PATHWAYS*

**Primary Pathway:**

- Smarter Balanced ELA (gd. 10)
- Smarter Balanced Math (gd. 10)
- Or… SAT ELA/Math
- Or… College level ELA/Math
- Or… complete 2.0 courses in a CTE pathway

**Other tests:** Washington Comprehensive Assessment of Science-**WCAS** (gd. 11)



EVERETT PUBLIC SCHOOLS

## GRADUATION PATHWAYS

Planning for high school graduation starts in middle school. Students must meet one math and one English Language Arts (ELA) graduation pathway aligned with their high school and beyond plan to graduate from high school. The chart below describes options available.

### MATH PATHWAY

**State Assessment Math Pathway**
Meet standard on the math SBA (minimum score: 2595) or meet standard on math WA-AIM (minimum score: 103)

**Dual Credit Math Pathway**
Complete and qualify for college credit in a year-long dual credit math course:
- Calculus
- Intro to Data Science
- Precalculus
- Running Start Math class (100-level or above)
- Statistics

**Advanced Placement Math Pathway**
Earn a C+ or higher in both semesters of a qualifying Advanced Placement (AP) math course OR score a 3 or higher on a qualifying AP math exam:
- AP Calculus AB or BC
- AP Computer Science A
- AP Computer Science Principles
- AP Statistics

**Transition Course Math Pathway**
Earn transition course credit in Bridge to College Math
https://shorturl.at/nYvFT

**SAT/ACT Math Pathway**
Meet standard on the SAT (430) or ACT (16) in math

**Performance-based Math Pathway**
Meet state requirements and demonstrate math learning standards

### ELA PATHWAY

**State Assessment ELA Pathway**
Meet standard on the ELA SBA (minimum score: 2548) or meet standard on the ELA WA-AIM (minimum score: 104)

**Dual Credit ELA Pathway**
Complete and qualify for college credit in a year-long dual credit ELA course:
- English 4
- Running Start English class (100-level or above)
- UW English Comp: General
- UW English Comp: Humanities
- UW English Comp: Literary

**Advanced Placement ELA Pathway**
Earn a C+ or higher in both semesters of a qualifying Advanced Placement (AP) ELA course OR score a 3 or higher on a qualifying AP ELA exam:
- AP English Lang & Comp
- AP English Lit & Comp
- AP Geography
- AP Human Geography
- AP Macroeconomics
- AP Microeconomics
- AP Psychology
- AP Research
- AP Seminar
- AP US Gov & Politics
- AP US History
- AP World History

**SAT/ACT ELA Pathway**
Meet standard on the SAT (410) or ACT (14) in reading, writing, or English

**Performance-based ELA Pathway**
Meet state requirements and demonstrate ELA learning standards

**ASVAB Pathway**
Meet standard on the Armed Services Vocational Aptitude Battery (ASVAB) (minimum AFQT: 31)
This pathway meets both math and ELA graduation pathways

**Career Technical Education (CTE) Pathway**
Complete a qualifying sequence of career and technical education (CTE) courses
This pathway meets both math and ELA requirements

Must earn 2.0 credits in one of the following pathways -
- Agriculture Education & Science
- Business & Marketing
- Family & Consumer Sciences
- Health Sciences
- Skilled & Technical Sciences
- Skill Center Programs (Sno-Isle Tech, Regional Apprenticeship Program (RAP))
- STEM
- Other local CTE approved pathways – see complete list here: https://shorturl.at/cE6iZ

***Page 22 course catalog**

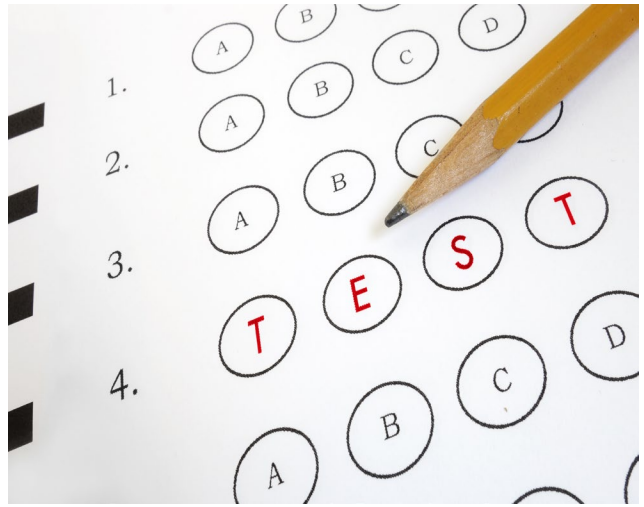
# HOW MANY VOLUNTEER HOURS ARE REQUIRED TO GRADUATE?




- It is fantastic for college applications and scholarships
- Volunteering is an amazing experience
- 0 hours are required

# GRADUATION REQUIREMENTS (SENIOR YEAR)

- **High School and Beyond Plan & additional graduation tasks (completed in Naviance)**
- **Senior Quantitative Class Requirement (Math or Science)**
- **College and Career Readiness Seminar**



# PE COMPETENCY

PE Competency Credit (not PE Waiver)

- Must have completed PE 1
- Participate in a sport with coach/instructor
- Contact Mr. Hruschka or Ms. Sivertsen whom handles paperwork for students requesting credit for sports they are playing. (more info. @ JHS counseling)
- Competency Credit must be earned during the current school year and season the PE activity is completed (IT IS NOT RETROACTIVE)

ALL STUDENT NEED .5 HEATH & 1.5 PE CREDITS TO GRADUATE

# HIGH SCHOOL CREDIT EARNED IN MIDDLE SCHOOL

ALL HIGH SCHOOL CREDIT EARNED IN MS IS BROUGHT UP TO YOUR HS TRANSCRIPT

Currently, there are three options for each HS class completed in Middle School…

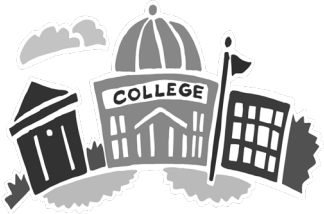
1. Leave as is
2. Remove credit and grades from HS transcript
3. Remove grade, but leave credit on HS transcript (grade is marked "CR" for Credit)

-Please have your student contact their school counselor BY THE END OF THEIR JUNIOR YEAR to receive paperwork to complete Options 2 and 3 above.

You cannot remove courses & grades from your transcript that you earn during grades 9-12. Students can repeat a course and request GPA only be calculated for the course with the highest grade.

# COLLEGE CREDIT & OTHER OPPORTUNITIES IN HIGH SCHOOL

- **Advanced Placement**
- **College in the High School & CTE Dual Credit** **(Page 17-18 course catalog)**
- **NJROTC (at Everett High School)**
- **CTE STEM (@ Everett HS & Cascade HS)**
- **Running Start**
- **RAP (@ Marysville)**
- **Sno-Isle Tech (Applications Open November 7)**
- **IB (at Cascade High School)**






## 2027

CiHS 1.0 Spanish 2
1.0 PE & Health
1.0 Geometry
AP 1.0 AP Human Geo
1.0 Pre-AP Eng 1
1.0 Bio

## 2028

CiHS 1.0 Span 3
1.0 Alg 2
1.0 Physics
1.0 Pre-AP Eng 2
1.0 World His
CTE D 1.0 Biotechnology

## 2029

CiHS 1.0 Chem
CiHS 1.0 Pre Calc
1.0 Eng 3
1.0 US His
1.0 Yoga/walking
CTE D 1.0 Human Anatomy

## 2030

CTE D 3.0 Sno-Isle Aerospace
CiHS 1.0 Ethnic Studies
CiHS 1.0 Eng 4
AP 1.0 AP Psych

# How Many Possible College Credits do you see on this page?*

*The course needs to be offered
*The instructor needs to meet the qualifying criteria

- MORE INFO. CAN BE FOUND IN THE COURSE CATALOG

**CiHS- College in the High School**

**AP- Advanced Placement**

**CTE D- Career & Technical Education Dual Credit**

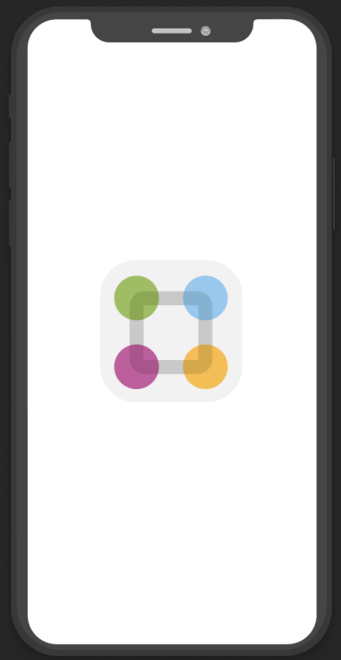
**Students complete the high school class, enroll/sign up for the college credit at the START of the year to RECEIVE college credit when they finish the course**




# TOOLS FOR SUCCESS!

- Attend school 90% or better(monitor attendance)





# TOOLS FOR SUCCESS!

Parent Square and/or Email



# TOOLS FOR SUCCESS!

**Email**

- check in daily
- delete emails
- use AI thoughtfully
- get the Outlook APP

# THE WEBSITE

- About us- is the best click for information
- Find It Fast- does as you would expect
- Counseling link- has an abundance of info.
- Calendar- scroll down on the main page and click on VIEW FULL CALENDAR

# TOOLS FOR SUCCESS!

Encourage your student to use an organizing tool to manage deadlines and tasks-

- Outlook or Google Calendar
- Old-school planner
- Notes
- Try various apps out there





# TOOLS FOR SUCCESS!

- Set homework time every day (1 hour minimum)

# TOOLS FOR SUCCESS!

Make a weekly time with your student(s) to check grades and Canvas (student led)



# TOOLS FOR SUCCESS!




Manage phone use/social media

- Keep smartphones out of student bedrooms
-Use an alarm clock to wake students up



# TOOLS FOR SUCCESS!

- LET'S REMIND YOUR HIGH SCHOOL STUDENTS THAT ADULTS ARE NOT ROBOTS

- -we need time to respond
- -be patient
- -students CAN use the tools that they have and as our parents told us, they can "look it up", it just no longer via a dictionary.
-



# TOOLS FOR SUCCESS!

- -STUDENTS ARE THEIR OWN #1 ADVOCATE
- -Parents are advocate supporters
- -Teach, remind, and encourage them
- -Don't DO for them
- -They will make mistakes
- -They will be on their own soon enough

# MORE TOOLS FOR SUCCESS!



1. Encourage good sleep habits, set bedtime, limit food/caffeine, etc.)
2. Get involved (Clubs & Sports)
3. Maintain expectations and provide support
4. Give grace and practice patience (with yourself and your student)
5. Utilize resources
6. Consequences should be short-term
7. Please join the PTSA!

# OVERCOMING CHALLENGES

- Talk with your student. Connect on their emotional level (utilize active listening, being aware of your emotions & managing them)
- Connect with your student's teachers
  - Ask what they are learning in class and how you could support at home.
- Create/review flexible 4-year plan
- Encourage student to utilize:
  - Tutorials and PACK Time (Tue &Thu)
  - Teacher availability before/after school
- Connect with your school counselor/support coordinators

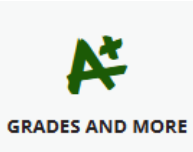


# GUARDIAN/STUDENT RESOURCES

- Parent University
- JHS Website and Counseling Webpage
- Academic Supports
- Therapy/counseling resources
  - Counseling resource webpage
  - Contact your insurance or primary care provider
  - WA Mental Health Referral Service for Children/Teens 833-303-5437

# WHAT YOUR STUDENT IS NOT TELLING YOU

- Guardians can check grades attendance using ParentVue







- Students are provided access to syllabus/ assignments/calendar/deadlines online through Canvas
- Parents can access Canvas ☺
- Registration occurs in the Spring (starting March) and we present information and discuss class requests with every single student

# WHAT YOUR STUDENT IS NOT TELLING YOU

- Your student can earn credit (up to 4!) by taking the World Language Exam
- Every day there are announcements about upcoming school events
- We review graduation requirements, college/career information and resources with your student in the form of classroom lessons, emails, and announcements
- *Naviance* is the program students use to complete their HS & Beyond Plans and complete the college applications process

- **Summertime is a great time to learn and recover if necessary**

  - ESD Summer School- online advancement & in- person credit recovery
  - CTE Summer Internships- stop by the Career Center for more info.
  - TRAVEL



# QUESTIONS?

- Utilize the resources available on our website including incoming 9th grade webpage and FAQs
- Contact the MAIN OFFICE
- Reach out to your student's teachers
- Contact school counselor and/or appropriate support coordinators

HIGH SCHOOL & BEYOND

MAPPING YOUR FUTURE

- Please complete our survey after you attend H.S. & Beyond Family Night. Your feedback helps us to provide an effective program
- QR is located in the program

# PROVIDE US FEEDBACK