Estell Manor School

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken over Rice Turkey & Cheese Sandwich Steamed Broccoli Cucumber Slices	**3** Nachos Gran Yogurt Craveable Corn Grape Tomatoes	**4** Hot Ham & Cheese on a Pretzel Bun Grilled Cheese Sandwich Baked Beans Celery & Carrots Sticks	**5** **No School**	**6** **No School**
Salad of the Week : (Taco Salad) Served with Tortilla Chips				
9 General Tso's Chicken with Rice Turkey & Cheese Sandwich Carrots Cucumber Slices	**10** Beef & Cheese Quesadilla Yogurt Craveable Seasoned Black Beans Grape Tomatoes	**11** Pancake, Sausage, Egg & Cheese Sandwich Grilled Cheese Sandwich Oven Fries Celery & Carrots Sticks	**12** Grilled Cheese Sandwich Nacho Craveable Roasted Chick Peas Fresh Broccoli	**13** Pizza Dippers Cheeseburger Veggie Patch Side Salad
Salad of the Week: (Garden Salad w/Yogurt) Served with a Dinner Roll				
16 Chicken Nuggets with a Breadstick Turkey & Cheese Sandwich Oven Fries Cucumber Slices	**17** Taco Soup with Corn Chips Yogurt Craveable Corn Grape Tomatoes	**18** Hot Dog on a Bun Grilled Cheese Sandwich Baked Beans Celery & Carrots Sticks	**19** Turkey Dinner Nacho Craveable Mashed Potatoes, Corn Fresh Broccoli	**20** Stuffed Crust Pizza Cheeseburger Veggie Patch Side Salad
Salad of the Week : (Asian Sesame Chicken Salad) Served with a Dinner Roll				
23 Asian Sesame Chicken over Rice Turkey & Cheese Sandwich Steamed Broccoli Cucumber Slices	**24** Chicken & Cheese Quesadilla Yogurt Craveable Seasoned Black Beans Grape Tomatoes	**25** Corn Dog Grilled Cheese Sandwich Baked Beans Celery & Carrots Sticks	**26** **No School**	**27** **No School**
Salad of the Week : (Chicken Caesar Salad) Served with a Dinner Roll				
30 Cheesy Meat Pasta Bake with a Breadstick Turkey & Cheese Sandwich Green Beans Cucumber Slices	**1** Beef Soft Tacos Yogurt Craveable Corn Grape Tomatoes	**2** Cowboy Burger Grilled Cheese Sandwich Onion Rings Celery & Carrots Sticks	**3** French Toast with Sausage Links Nacho Craveable Oven Fries Fresh Broccoli	**4** Pizza Crunchers Cheeseburger Veggie Patch Side Salad
Salad of the Week : (Chef's Salad) Served with a Dinner Roll				

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price: Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$3.85
Adult	$4.85

Available Daily

Uncrustable Meal with Cheese Stick and Goldfish

Fruit Selection

[Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice]
Students may choose two ½ cup servings.

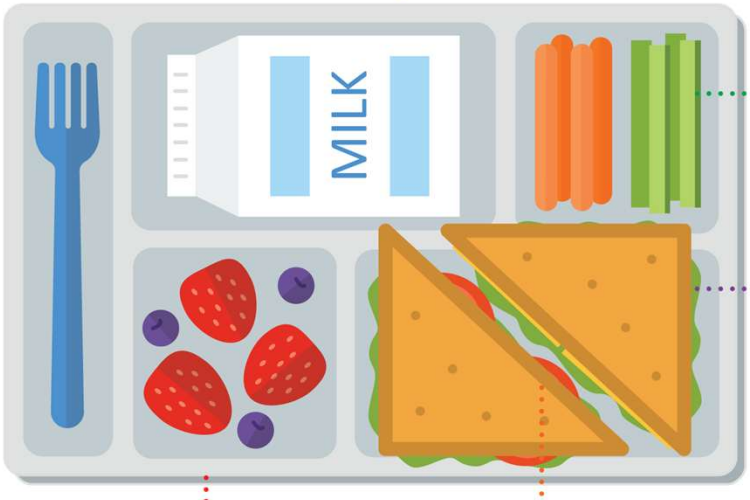
Milk Selection

[1% white, FF white, chocolate, and strawberry]

Rachel Adams
Food Service Director
(609) 476-2267 ext. 6
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	$3.85
Adult Lunch:	$4.85

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

Meet Your Nutritious Friends



Try quinoa on the menu this month!

Rachel Adams
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