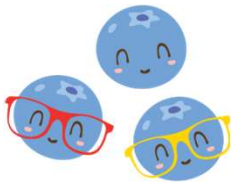
Estell Manor School
BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sausage, Egg & Cheese Bagel Sandwich Fresh or Cupped Fruit Orange Juice	3 Dutch Waffles Fresh or Cupped Fruit Orange Juice	4 Warm Muffin Fresh or Cupped Fruit Orange Juice	5 **No School**	6 **No School**
9 Sausage, Egg & Cheese Bagel Sandwich Fresh or Cupped Fruit Orange Juice	10 Dutch Waffles Fresh or Cupped Fruit Orange Juice	11 Warm Muffin Fresh or Cupped Fruit Orange Juice	12 Chocolate Chip French Toast Fresh or Cupped Fruit Orange Juice	13 Apple Strudel Fresh or Cupped Fruit Orange Juice
16 Sausage, Egg & Cheese Bagel Sandwich Fresh or Cupped Fruit Orange Juice	17 Dutch Waffles Fresh or Cupped Fruit Orange Juice	18 Warm Muffin Fresh or Cupped Fruit Orange Juice	19 Chocolate Chip French Toast Fresh or Cupped Fruit Orange Juice	20 Apple Strudel Fresh or Cupped Fruit Orange Juice
23 Sausage, Egg & Cheese Bagel Sandwich Fresh or Cupped Fruit Orange Juice	24 Dutch Waffles Fresh or Cupped Fruit Orange Juice	25 Warm Muffin Fresh or Cupped Fruit Orange Juice	26 **No School**	27 **No School**
30 Sausage, Egg & Cheese Bagel Sandwich Fresh or Cupped Fruit Orange Juice	1 Dutch Waffles Fresh or Cupped Fruit Orange Juice	2 Warm Muffin Fresh or Cupped Fruit Orange Juice	3 Chocolate Chip French Toast Fresh or Cupped Fruit Orange Juice	4 Apple Strudel Fresh or Cupped Fruit Orange Juice

WHAT MAKES IT A MEAL!
Students must have at least 3 of the 4 components for the school breakfast price.

- Whole Grain
- Protein
- Fruit
- Milk

A minimum ½ cup serving of fruit must accompany a reimbursable breakfast..

Available Daily
-WG Pop-Tart with a Cheese Stick

-Yogurt & Graham Crackers

-Oatmeal Bar & Cheese Stick

-Cereal & Graham Crackers

Fruit Selection
Fresh or Cupped Fruit

Milk Selection
1% white, FF White

Rachel Adams
Food Service Director
(609) 476-2267 ext. 6
est@nsfm.com

Breakfast Prices

Student	$1.90
Adult	$2.35

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz