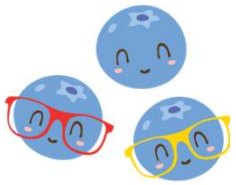
Estell Manor School
Pre-K BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cinnamon Toast Crunch	3 Yogurt & Graham Crackers	4 Apple Cinnamon Cheerios	5 **No School**	6 **No School**
9 Cinnamon Toast Crunch	10 Yogurt & Graham Crackers	11 Apple Cinnamon Cheerios	12 Maple Waffles	13 Cinnamon Chex
16 Cinnamon Toast Crunch	17 Yogurt & Graham Crackers	18 Apple Cinnamon Cheerios	19 Maple Waffles	20 Cinnamon Chex
23 Cinnamon Toast Crunch	24 Yogurt & Graham Crackers	25 Apple Cinnamon Cheerios	22 **No School**	23 **No School**
30 Cinnamon Toast Crunch	1 Yogurt & Graham Crackers	2 Apple Cinnamon Cheerios	3 Maple Waffles	4 Cinnamon Chex

WHAT MAKES IT A MEAL!

Pre-K students are served the three following components for school breakfast.

- Whole Grain
- Fresh Fruit or Cupped
- 1% White Milk

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Fruit Selection
Fresh or Cupped Fruit

Milk Selection
1% White Milk

Rachel Adams
Food Service Director
(609) 476-2267 ext. 6
est@nsfm.com

Breakfast Prices

Student	$1.90
Adult	$2.35

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz