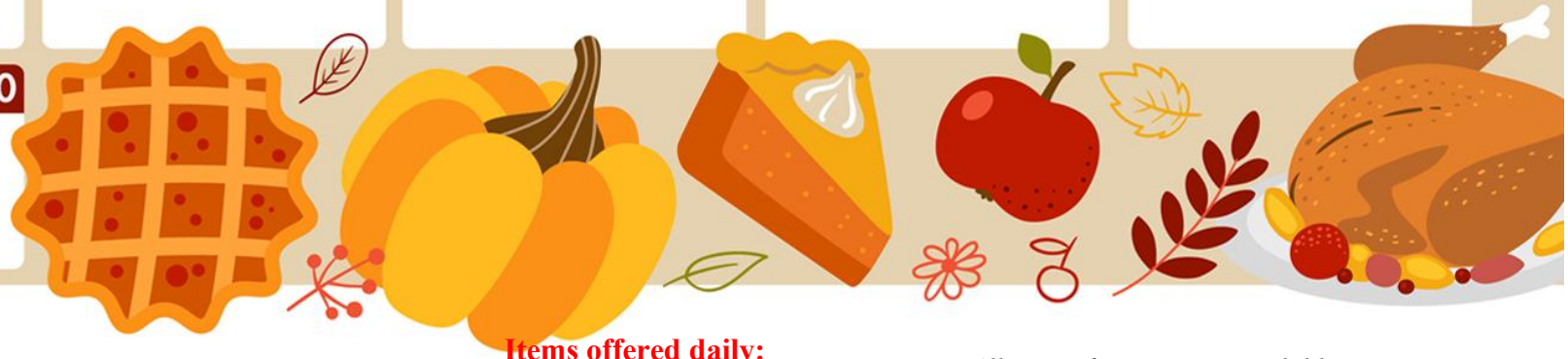
BREAKFAST

NOVEMBER 2026

RCSD Elementary Breakfast Menu (BIC)

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Banana Chocolate Chip Bar (V)	**3** Superintendent's Conference Day (No school for students)	**4** Cinnamon Rice Chex Cereal (VG) Giant Cinnamon Goldfish (VG)	**5** Frosted Flakes Cereal (VG) Honey Graham Crackers (V)	**6** Ultimate Breakfast Round (V)
9 Oatmeal Apple Cinnamon Bar (V)	**10** Golden Grahams Cereal (VG) Tiger Bites (V)	**11** Veterans Day (All facilities closed)	**12** Apple Cinnamon Cheerios (VG) Honey Graham Crackers (V)	**13** Vanilla Yogurt Blueberry Pomegranate Granola Bar
16 Apple Benefit Bar	**17** Cinnamon Toast Crunch Cereal (VG) Tiger Bites (V)	**18** Apple Cinnamon Cheerios (VG) Giant Cinnamon Goldfish (VG)	**19** Honey Bunches of Oats Cereal (V) Honey Graham Crackers (V)	**20** Ultimate Breakfast Round (V)
23 Oatmeal Apple Cinnamon Bar (V)	**24** Golden Grahams Cereal (VG) Tiger Bites (V)	**25** RECESS	**26** Thanksgiving Day All facilities Closed	**27** Thanksgiving Day RECESS All facilities Closed
30 Banana Chocolate Chip Bar (V)				



(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:
Choice of Milk: Skim, 1% Chocolate.
Fruit

Allergy Information is available upon request