BREAKFAST

NOVEMBER 2026

RCSD Elementary Breakfast Menu (FCB)

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Toast Crunch Cereal (VG) Tiger Bites (V)	**3** **Superintendent's Conference Day (No school for students)**	**4** Turkey Ham, Sausage, Cheese & Egg Breakfast Flatbread	**5** French Toast Sticks (V)	**6** Ultimate Breakfast Round (V)
9 Golden Grahams Cereal (VG) Tiger Bites (V)	**10** Breakfast Pizza	**11** **Veterans Day (All facilities closed)**	**12** Eggo Froot Loop Waffles (V)	**13** Vanilla Yogurt Blueberry Pomegranate Granola Bar
16 Apple Cinnamon Cheerios (VG) Giant Cinnamon Goldfish (VG)	**17** Breakfast Bagel w/Eggs & Turkey Breakfast Sausage	**18** Cinnamon Toast Crunch Filled Bar (V)	**19** Buttery Maple Snack'N Waffles (V)	**20** Ultimate Breakfast Round (V)
23 Honey Bunches of Oats Cereal (V) Honey Graham Crackers (V)	**24** Turkey Sausage Egg & Cheese Breakfast Pocket	**25** **RECESS**	**26** **Thanksgiving Day All facilities Closed**	**27** **Thanksgiving Day RECESS All facilities Closed**
30 Cinnamon Toast Crunch Cereal (VG) Tiger Bites (V)				



(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:
Choice of Milk: Skim, 1%, Chocolate.
Fruit

Allergy Information is available upon request