Hempstead Elementary Breakfast

November 2026

Student Meal: Free
Adult Meal: $3.07+tax

More Info:
Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate* (all antibiotic & hormones free) *FF Chocolate Milk available to Grades K-5 only
Daily Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple, fruit punch, orange, grape)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll.

Please Note: Items with (P) denotes contain pork.

Grades K-12 are offering vs serve and we must choose at least three, up to four, of the above-mentioned items. One of the items must be some fruit.
Grain (all grain offerings count as two items)
Fruit (must pick 1)
Milk (pick up to one)

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This institution is an equal opportunity provider.

2 WG Cinnamon Rolls Fruit Choice Juice Choice	3 WG Donut Fruit Choice Juice Choice	4 WG Pancakes Fruit Choice Juice Choice	5 WG Cereal Bars Fruit Choice Juice Choice	6 WG French Toast Fruit Choice Juice Choice
9 WG Donut Fruit Choice Juice Choice	10 WG Cold Cereal Yogurt Fruit Choice Juice Choice	11 **School Closed**	12 WG Pop Tarts Fruit Choice Juice Choice	13 WG Cereal Bar Milk Fruit Choice Juice Choice
16 WG Waffles Fruit Choice Juice Choice	17 WG Pancakes Fruit Choice Juice Choice	18 WG Cold Cereal Yogurt Fruit Choice Juice Choice	19 WG Muffin Fruit Choice Juice Choice	20 WG French Toast Fruit Choice Juice Choice
23 WG French Toast Juice Choice Fruit Choice	24 WG Donut Fruit Choice Juice Choice	25 WG Waffles Fruit Choice Juice Choice	26 **School Closed**	27 **School Closed**
30 WG Pancakes Yogurt Fruit Choice Juice Choice				