BREAKFAST

NOVEMBER 2026

RCSD Middle School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Banana Chocolate Chip Bar (V)	3 **Superintendent's Conference Day (No school for students)**	4 Turkey Ham, Sausage, Cheese & Egg Breakfast Flatbread	5 French Toast Sticks (V)	6 Ultimate Breakfast Round (V)
9 Oatmeal Apple Cinnamon Bar (V)	10 Breakfast Pizza	11 **Veterans Day (All facilities closed)**	12 Eggo Froot Loop Waffles (V)	13 Vanilla Yogurt Blueberry Pomegranate Granola Bar
16 Apple Benefit Bar	17 Breakfast Bagel w/Eggs & Turkey Breakfast Sausage	18 Cinnamon toast Crunch Filled Bar (V)	19 Buttery Maple Snack'N Waffles (V)	20 Ultimate Breakfast Round (V)
23 Oatmeal Apple Cinnamon Bar (V)	24 Turkey Sausage Egg & Cheese Breakfast Pocket	25 **RECESS**	26 **Thanksgiving Day (All facilities closed)**	27 **Thanksgiving Day Recess (All facilities closed)**
30 Banana Chocolate Chip Bar (V)				



(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:
Choice of Milk: Skim, 1%, Chocolate.
Whole Grain Assorted Cereal, (V), Fruit

Allergy Information is available upon request