Weekly Menu

November 9-November 13 2026

Grade 7 - 12

Monday

Menu 1: Spring rolls, jasmine rice, sweet chili dip and Asian vegetable mix

1, 9, 6 3, 10

Menu 2: Falafel, bulgur, cold cucumber-mint salad and ayvar

1, 7 9, 10

Tuesday

NO LUNCH

Wednesday

NO LUNCH

Thursday

Menu 1: Fajitas with chicken

1, 7 3, 9, 10

Menu 2: Stuffed peppers with rice and vegetables

7 9, 10

Friday

Menu 1: Pizza Day – pizza served with mixed salad

1, 7, 9 3, 10

Menu 2: Pizza Day – vegetarian pizza served with mixed salad

1, 7, 9 3, 10

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs