



Weekly Menu

November 9-November 13 2026



EC 1 – Grade 6

Monday

Menu 1: Beef, or spinach and cheese tortellini, tomato-basil sauce

1, 3, 7

9, 10

Menu 2: Spinach and cheese tortellini, tomato-basil sauce

1, 3, 7

9, 10

Tuesday

NO LUNCH

Wednesday

NO LUNCH

Thursday

Menu 1: Swedish style beef meatballs, crushed potatoes and vegetables

1, 7

9, 10

Menu 2: Plant-based meatballs (vegan), crushed potatoes and vegetables

1, 7

9, 10

Friday

Menu 1: PIZZA Day – pizza served with mixed salad

1, 7

3

Menu 2: PIZZA Day – vegetarian pizza served with mixed salad

1, 7

3

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs