Lunch Menu

Orange East Waits River Valley School

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger Crispy Potato Puffs	3 Chicken & Cheese Quesadilla Vegetable Rice Pilaf Corn & Black Bean Salad Salsa Cup Sour Cream PC	4 Beef Hot Dog on Bun Homemade Lite Veggie Pasta Salad NATIONAL DONUT DAY	5 Simply Boxed Picnic Lunch EARLY RELEASE	6
9 Chicken Corn Dog Crispy Potato Puffs	10 Incredibowls Fiesta Chicken & Rice Bowl Dinner Roll (homemade)	11 Homemade Mac & Cheese Roasted Squash Whole Wheat Dinner Roll	12 Pulled Pork Sliders Melon Dippers	13 Triple Decker Grilled Cheese Tomato Soup Celery & Carrot Sticks w/ Low Fat Dressing
16 Crispy Chicken Sandwich Roasted Butternut Squash with Brown Sugar & Honey	17 Nachos Grande Whole Wheat Dinner Roll	18 Roasted Turkey with Gravy Homemade Mashed Potatoes Homemade Stuffing Steamed Peas Dinner Rolls	19 General Tso's Chicken Wrap Spicy Four Bean Salad	20 Whole Grain Waffles with Sausage Glazed Carrots
23 Cheesy Stuffed Bread Sticks Cauliflower Popcorn Tomato Sauce	24 Tot Spot's Loaded Nacho Tater Tots Sour Cream Salsa Whole Wheat Dinner Roll	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
30 Homemade Pasta & Meatballs Homemade Garlic Bread	HARVEST OF THE MONTH! VT SQUASH SERVED THROUGHOUT THE MONTH!			

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

OFFERED DAILY: All entrees served w/Hot Vegetable option, FRUIT AND SALAD BAR, FRESH PIZZA, TO ORDER DELI SANDWICH AND NACHOS

1% White and Skim Chocolate milk available during lunch

Meals Are Free To All Students

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Adult Breakfast $3.00 Adult Lunch $5.50

Milk $0.50

Questions, Contact Michael Flies
fliesm@whitsons.com

Vegetarian · Minimally Processed Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.