HIGHLANDS EARLY CHILDHOOD CENTER LUNCH

NOVEMBER

MAIN ENTRÉE				
11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026
	Mini Corn Dog Nuggets (6) OR Daily alternative Vegetable of the day Baked Beans Assorted Fruit 1% White Milk	Grilled Cheese Sandwich on WG Bread Slice OR Daily alternative Vegetable of the day French Fries 1/2 C Chilled Peacches 1% White Milk	Chicken Nuggets w/ WG Roll OR Daily alternative Vegetable of the day 1/2 C Chilled Peacches 1% White Milk	The Max Stuffed Crust Pizza WG OR Daily alternative Vegetable of the day Steamed Carrots 1/2 C Juice 1% White Milk
11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026
	Reg Chicken Patty on WG Bun OR Daily alternative Vegetable of the day Steamed Green Beans 1/2 C Chilled Pears 1% White Milk	French Toast Sticks w/ Sausage Patty (1) OR Daily alternative Vegetable of the day Sweet Potato Fries 1/2 C Cinnamon Apple Slices 1% White Milk	Beef Nachos w/ Cheese Sauce OR Daily alternative Vegetable of the day Corn 1/2 C Orange Wedge 1% White Milk	French Bread Pizza WG OR Daily alternative Vegetable of the day Steamed Cauliflower 1/2 C Orange Wedge 1% White Milk
11/16/2026	11/17/2026	11/18/2026	11/19/2026	11/20/2026
Chicken Tenders (3) w/ WG Roll OR Daily alternative Vegetable of the day Baked Beans 1/2 C Chilled Pineapple 1% White Milk	Macaroni & Cheese -3/4 Cup w/ WG Roll OR Daily alternative Vegetable of the day Steamed Carrots 1/2 C Chilled Pears 1% White Milk	Grilled Chicken Sandwich on WG Bun OR Daily alternative Vegetable of the day French Fries 1/2 C Cinnamon Apple Slices 1% White Milk	Thanksgiving Feast Turkey w/ Stuffing & Gravy OR Daily alternative Vegetable of the day Mashed Potatoes/Corn Harvest Blend Fruit Juice 1% White Milk	Pizza Crunchers (4) w/ Marinara OR Daily alternative Vegetable of the day Steamed Cauliflower 1/2 C Orange Wedge 1% White Milk
11/23/2026	11/24/2026	11/25/2026	11/26/2026	11/27/2026
Meatballs (5) w/ Melted Mozzarella & WG Breadstick OR Daily alternative Vegetable of the day Steamed Broccoli 1/2 C Chilled Madarin Oranges 1% White Milk	Galaxy Pizza WG OR Daily alternative Vegetable of the day Steamed Green Beans 1/2 C Fresh Fruit 1% White Milk			
11/30/2026	12/1/2026	12/2/2026	12/3/2026	12/4/2026
	Hot Dog on WG Bun OR Daily alternative Vegetable of the day Baked Beans 1/2 C Tropical Fruit 1% White Milk	Grilled Cheese Sandwich on WG Bread Slice OR Daily alternative Vegetable of the day Smiley Fries 1/2 C Chilled Peaches 1% White Milk	Fajita Chicken Soft Taco (1) w/ Cheddar Cheese OR Daily alternative Vegetable of the day Corn 1/2 C Orange Wedge 1% White Milk	Big Daddy Pizza Slice WG OR Daily alternative Vegetable of the day Carrot Sticks w/ Ranch 1/2 C Juice 1% White Milk

Food Service Director: swaffensmith@goldenrams.com

This institiution is an equal opportunity provider and employer

Menu subject to change.

DUE TO NATIONWIDE FOOD SUPPLY CHAIN ISSUES, LAST MINUTE MENU CHANGES MAY OCCUR. WE APPRECIATE YOUR PATIENCE AND UNDERSTANDING DURING THIS TIME.

DAILY ALTERNATIVES

MONDAY-WOW BUTTER OR PEANUT BUTTER & JELLY

TUESDAY- TURKEY & CHEESE CRACKER ANYTIMER

WEDNESDAY-WOW BUTTER OR PEANUT BUTTER & JELLY

THURSDAY- TURKEY & CHEESE CRACKER ANYTIMER

FRIDAY-WOW BUTTER OR PEANUT BUTTER & JELLY

INTRODUCING TURKEY & CHEESE ANYTIMER



2 Meat & 2 Grain add 1/2C Fruit, 1/2C Vegetable and Milk for a complete meal

Fruit include but not limited to: Fresh oranges, apples, pears and grapefruit. Canned fruit includes: pineapple, mandarin oranges, peaches, fruit cocktail, and pears. Fruit juice includes: Grape, Fruit Punch, Orange and Apple



PART TIME CAFETERIA POSITIONS ARE CURRENTLY AVAILABLE! SEE WEBSITE OR CONTACT THE FOOD SERVICE DEPARTMENT FOR DETAILS 724-226-2400 xt. 4180

PRE-K, K STUDENTS ARE SERVE ALL, EACH STUDENT MUST TAKE ALL OPTIONS AVAILABLE TO MAKE A FULL REIMBURSABLE MEAL.