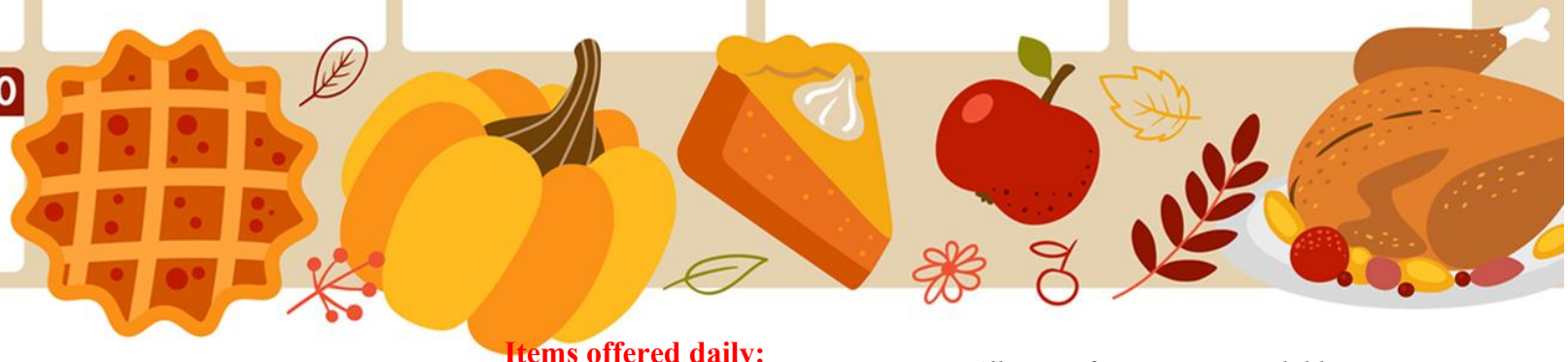
BREAKFAST

NOVEMBER 2026

RCSD PRE-K Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Cinnamon Cheerios (VG)	3 **Superintendent's Conference Day (No school for students)**	4 Cinnamon Rice Chex Cereal (VG)	5 Frosted Flakes Cereal (VG)	6 Honey Graham Crackers (V) Strawberry Applesauce (VG)
9 Cinnamon Toast Crunch Cereal (VG)	10 Golden Grahams Cereal (VG)	11 **Veterans Day (All facilities closed)**	12 Apple Cinnamon Cheerios (VG)	13 Vanilla Yogurt Tiger Bites (V)
16 Cinnamon Rice Chex Cereal (VG)	17 Cinnamon Toast Crunch Cereal (VG)	18 Apple Cinnamon Cheerios (VG)	19 Honey Bunches of Oats (V)	20 Honey Graham Crackers (V) Strawberry Applesauce
23 Honey Bunches of Oats (V)	24 Golden Grahams Cereal (VG)	25 **RECESS**	26 **Thanksgiving Day (All facilities closed)**	27 **Thanksgiving Day RECESS (All facilities closed)**
30 Apple Cinnamon Cheerios (VG)				



(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:
Choice of Milk: Skim, 1%, Fruit

Allergy Information is available upon request