Breakfast Menu

Windsor Locks South Elementary School

November 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain French Toast Slices With Syrup Or Fruity Granola Parfait Fresh Apple 100% Orange Tangerine	3 SCHOOL CLOSED TODAY	4 Scrambled Eggs with Cheese Or Yogurt Parfait Fresh Banana Applesauce	5 Mini Maple Flavored Waffles With Syrup Or Yogurt Parfait Fresh Orange Diced Pear Cup	6 Egg and Cheese Sandwich Or Yogurt Parfait Fresh Apple 100% Juice Fruit Punch
9 Whole Grain French Toast Slices With Syrup Or WW Honey Bun Fresh Apple 100% Orange Tangerine	10 Pancake, Egg and Cheese Breakfast Sandwich With Syrup Or WW Honey Bun Fresh Pear Dried Cranberries	11 	12 Fluffy Whole Grain Waffles With Syrup Or WW Honey Bun Fresh Orange Diced Pear Cup	13 Egg and Cheese Sandwich Or WW Honey Bun Fresh Apple 100% Juice Fruit Punch
16 Whole Grain French Toast Slices With Syrup Or WG Double Chocolate Chip Muffin Fresh Apple 100% Orange Tangerine	17 Pancake, Egg and Cheese Breakfast Sandwich With Syrup Or WG Double Chocolate Chip Muffin Fresh Pear Raisins	18 Scrambled Eggs with Cheese Or WG Double Chocolate Chip Muffin Fresh Banana Applesauce	19 Fluffy Whole Grain Waffles With Syrup Or WG Double Chocolate Chip Muffin Fresh Orange Diced Pear Cup	20 Egg and Cheese Sandwich Or WG Double Chocolate Chip Muffin Fresh Apple 100% Juice Fruit Punch
23 Whole Grain French Toast Slices With Syrup Or Mini Cinnamon Pull Apart Roll Fresh Apple 100% Orange Tangerine	24 Pancake, Egg and Cheese Breakfast Sandwich With Syrup Or Very Berry Smoothie Fresh Pear Dried Cranberries	25 SCHOOL CLOSED TODAY	26 	27 SCHOOL CLOSED TODAY
30 Whole Grain French Toast Slices With Syrup Or Cherry Strudel Fresh Apple 100% Orange Tangerine				







View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily:

Choice of Cereal Bars:

Cinnamon Toast Crunch or Coca Puffs with Whole Grain Belly Bear Grahams

Fresh Assorted Seasonal Fruits or Chilled Fruit Cup

Choice of Milk: Fat Free Chocolate or 1% White

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients