Lunch Menu

Windsor Locks South Elementary School

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fluffy Whole Grain Waffles With Crispy Potato Puffs And Fresh Green Grapes	3 SCHOOL CLOSED TODAY	4 Grilled Ham & Cheese Sandwich Meltdown Café With Steamed Broccoli And Fresh Apple	5 BBQ Chicken Nachos Fiesta Corn Fresh Banana Student Faves	6 Cheese Pizza *crispy whole grain crust topped with tomato sauce and melted cheese* Or Cheese & Pepperoni Pizza With Garden Salad And Sliced Peaches
9 Cheesy Stuffed Bread Sticks *baked bread sticks filled with melted cheese* With Tomato Sauce Dip Fresh Pear Broccoli Bites	10 Yard Bird Classic Chicken Sandwich *a delicious chicken filet on a hearty bun, served with special sauce and a pickle* Smiley Fries Pickle Chips Fresh Apple	11 	12 Beef Hot Dog on Bun *juicy beef hot dog on a soft bun* Baked Beans Fresh Banana	13 Classic Cheese Pizza Pepperoni Pizza Garden Salad Sliced Peaches
16 Pasta with Butter With Roasted Lemon Parmesan Broccoli Diced Pear Cup MEATLESS MONDAY	17 BBQ Chicken Sauce & Toss Brown Rice With Cucumber Coins Fresh Apple	18 Meatball Dunkers *meatballs with marinara dipping sauce* With WG Garlic Texas Toast Kidney Beans Fresh Orange	19 Classic Beef Burger *beef burger on a freshly toasted bun* Cheeseburger Oven Baked Fries Fresh Banana	20 Cheese Pizza *crispy whole grain crust topped with tomato sauce and melted cheese* Cheese & Pepperoni Pizza Garden Salad Sliced Peaches
23 Mozzarella Sticks *crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce* With Tomato Sauce Dip Celery & Carrot Sticks w/ Low Fat	24 Crispy Chicken Sandwich *warm crispy breaded chicken on a bun prepared in-house* Oven Baked Fries Fresh Apple	25 SCHOOL CLOSED TODAY	26 SCHOOL CLOSED TODAY	27 SCHOOL CLOSED TODAY
30 Grilled Cheese Sandwich Meltdown Café With Tomato Soup And Diced Pear Cup				



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Fresh Seasonal or Chilled Cupped Fruits & Vegetables Offered Daily

Milk Choice:

Fat Free Chocolate

1% White

DAILY ALTERNATE LUNCHES:

Sun butter & Jelly Sandwich *(Sun butter & Jelly, Whole Wheat Bread)*

Turkey & Cheese Sandwich *(Sliced Turkey, American Cheese, Whole Wheat Roll)*

Bagel Lunch *(Whole Grain Bagel, Yogurt, String Cheese, Cream Cheese)*

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients