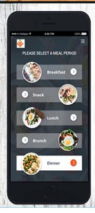
Windsor Locks High School

Welcome to our Lunch Cafe

11/02/2026 - 11/06/2026

	Monday (Meatless Monday)	Tuesday	Wednesday	Thursday	Friday
World Market	Stuffed Breadstick With Tomato Sauce And Garlic Green Beans	SCHOOL CLOSED TODAY	Yard Bird Classic Chicken Sandwich *a delicious chicken filet on a hearty bun, served with special sauce and a pickle* Oven Baked Fries	Meatball Dunkers *meatballs with marinara dipping sauce* Steamed Carrots	Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese*
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Great American Sandwich Co.	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	SCHOOL CLOSED TODAY	New Yorker Panini *turkey and cheddar panini, pressed with spicy brown mustard, tomatoes and bacon*	Turkey Pesto Panini *turkey breast with cheddar cheese, pesto mayo and fire roasted peppers on a panini*	Sicilian Melt Panini *salami, ham, fresh mozzarella and Swiss cheese grilled on panini bread*
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES.				
Miss Ruby's Grill	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	SCHOOL CLOSED TODAY	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*	Bacon Cheeseburger *burger topped with cheese and bacon on a freshly toasted bun*	Smokehouse Burger *burger on a freshly toasted bun with BBQ sauce*
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Bacon Pizza *pizza topped with crispy bacon*	SCHOOL CLOSED TODAY	Chicken Bacon Ranch Pizza *fresh pizza topped with chicken and bacon, drizzled with ranch dressing*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball* Classic Cheese Pizza Pepperoni Pizza	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice* Classic Cheese Pizza Pepperoni Pizza
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Healthy Harvest / Real Meals Express	Fresh Apple, Fresh Banana, Fresh Orange, Fresh Pear, Black Beans, Broccoli Bites, Fresh Baby Carrots, Cucumber Coins, Cherry Tomatoes, Garden Salad	SCHOOL CLOSED TODAY	Fresh Apple, Fresh Banana, Fresh Orange, Fresh Pear, Black Beans, Broccoli Bites, Fresh Baby Carrots, Cucumber Coins, Cherry Tomatoes, Garden Salad	Fresh Apple, Fresh Banana, Fresh Orange, Fresh Pear, Black Beans, Broccoli Bites, Fresh Baby Carrots, Cucumber Coins, Cherry Tomatoes, Garden Salad	Fresh Apple, Fresh Banana, Fresh Orange, Fresh Pear, Black Beans, Broccoli Bites, Fresh Baby Carrots, Cucumber Coins, Cherry Tomatoes, Garden Salad
	AVAILABLE DAILY: CAESAR SALAD, GARDEN SALAD, YOGURT PARFAIT, ASSORTED FRUITS & VEGETABLES.				



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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

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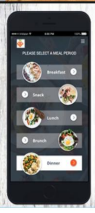
Windsor Locks High School

Welcome to our Lunch Cafe

11/09/2026 - 11/13/2026

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Homemade Mac & Cheese *pasta in cheese sauce, garnished with parsley* Steamed Carrots	Chicken and Waffles *crispy chicken placed on top of fluffy waffles*		Philly Cheese Steak *thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house* Crispy Potato Puffs	Homemade Pasta & Meat Sauce *freshly cooked homemade pasta with meat sauce* Green Beans
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Great American Sandwich Co.	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	Chicken Club Sandwich *hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes*		Turkey Pesto Panini *turkey breast with cheddar cheese, pesto mayo and fire roasted peppers on a panini*	Buffalo Chicken Panini *buffalo chicken with lettuce and tomato on a panini*
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES.				
Miss Ruby's Grill Coyote Grill	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*		Bacon Cheeseburger *burger topped with cheese and bacon on a freshly toasted bun*	Smokehouse Burger *burger on a freshly toasted bun with BBQ sauce*
	Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried				
La Cucina	Bacon Pizza *pizza topped with crispy bacon*	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough* Classic Cheese Pizza Pepperoni Pizza		Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball* Classic Cheese Pizza Pepperoni Pizza	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice* Classic Cheese Pizza Pepperoni Pizza
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Healthy Harvest Real Meals Express	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad		Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad
	AVAILABLE DAILY: CAESAR SALAD, GARDEN SALAD, YOGURT PARFAIT, ASSORTED FRUITS & VEGETABLES.				



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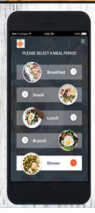
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Windsor Locks High School

Welcome to our Lunch Cafe

11/16/2026 - 11/20/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Mozzarella Sticks *crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce* Tomato Sauce Dip	Seared Dumplings *stuffed dumplings perfect for dipping in your favorite Asian sauce* With Garlic Ginger Broccoli	Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce* And Oven Baked Fries	Mission Burrito *authentic fiesta style meat topped with sour cream, beans, seasoned rice, shredded cheese and crisp lettuce inside a soft tortilla shell assembled in-house* With Fiesta Corn And Black Beans	Chili Stuffed Baked Potato Student Faves
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Great American Sandwich Co.	Chicken Caesar Wrap *freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing*	Chicken Club Sandwich *hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes*	New Yorker Panini *turkey and cheddar panini, pressed with spicy brown mustard, tomatoes and bacon*	Turkey Pesto Panini *turkey breast with cheddar cheese, pesto mayo and fire roasted peppers on a panini*	Buffalo Chicken Panini *buffalo chicken with lettuce and tomato on a panini*
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES.				
Miss Ruby's Grill	English Cheddar Burger *freshly grilled burger topped with cheddar cheese, sautéed onions, crisp lettuce and tomatoes on a bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*	Bacon Cheeseburger *burger topped with cheese and bacon on a freshly toasted bun*	Smokehouse Burger *burger on a freshly toasted bun with BBQ sauce*
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Hand Crafted Three Cheese Pizza *fresh dough layered with sauce, topped with ricotta, mozzarella, and Parmesan cheeses* Classic Cheese Pizza Pepperoni Pizza	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough* Classic Cheese Pizza Pepperoni Pizza	Chicken Bacon Ranch Pizza *fresh pizza topped with chicken and bacon, drizzled with ranch dressing* Classic Cheese Pizza Pepperoni Pizza	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball* Classic Cheese Pizza Pepperoni Pizza	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice* Classic Cheese Pizza Pepperoni Pizza
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Healthy Harvest / Real Meals Express	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad
	AVAILABLE DAILY: CAESAR SALAD, GARDEN SALAD, YOGURT PARFAIT, ASSORTED FRUITS & VEGETABLES.				



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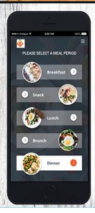
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Windsor Locks High School

Welcome to our Lunch Cafe

11/23/2026 - 11/27/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Cheesy Stuffed Bread Sticks *baked bread sticks filled with melted cheese* With Tomato Sauce Dip MEATLESS MONDAY	Chicken Bowl with Gravy *chicken layered with mashed potatoes and corn, smothered in gravy*	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Great American Sandwich Co.	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	Chicken Club Sandwich *hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes*	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES.				
Miss Ruby's Grill	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Bacon Pizza *pizza topped with crispy bacon* Classic Cheese Pizza Pepperoni Pizza	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough* Classic Cheese Pizza Pepperoni Pizza	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Healthy Harvest Real Meals Express	LOCAL Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	SCHOOL CLOSED TODAY		SCHOOL CLOSED TODAY
	AVAILABLE DAILY: CAESAR SALAD, GARDEN SALAD, YOGURT PARFAIT, ASSORTED FRUITS & VEGETABLES.				



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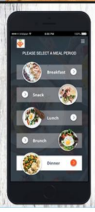
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Windsor Locks High School

Welcome to our Lunch Cafe

11/30/2026 - 11/30/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup MEATLESS MONDAY				
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Great American Sandwich Co.	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*				
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES.				
Miss Ruby's Grill	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*				
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Classic Cheese Pizza *whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese* Pepperoni Pizza				
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Healthy Harvest Real Meals Express	Fresh Apple Fresh Banana Fresh Orange Fresh Pear Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad				
	AVAILABLE DAILY: CAESAR SALAD, GARDEN SALAD, YOGURT PARFAIT, ASSORTED FRUITS & VEGETABLES.				



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