Breakfast Menu

Windsor Locks Middle School November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Blueberry Pancakes With Syrup Or Yogurt and Nutrigrain Bar Fresh Apple 100% Orange Tangerine	**3** SCHOOL CLOSED TODAY	**4** Fluffy Whole Grain Waffles With Syrup Or Yogurt and Nutrigrain Bar Fresh Orange 100% Apple Juice	**5** Bacon, Egg and Cheese Breakfast Sandwich Or Yogurt and Nutrigrain Bar Fresh Banana Sliced Peaches	**6** Sausage, Egg and Cheese Sandwich Or Yogurt and Nutrigrain Bar Fresh Apple 100% Juice Fruit Punch
9 Mini Blueberry Pancakes With Syrup Or Apple Strudel Fresh Apple 100% Orange Tangerine	**10** WG Double Chocolate Chip Muffin Or Apple Strudel Fresh Pear Dried Cranberries	**11** SCHOOL CLOSED TODAY	**12** Bacon, Egg and Cheese Breakfast Sandwich Or Apple Strudel Fresh Banana Sliced Peaches	**13** Sausage, Egg and Cheese Sandwich Or Apple Strudel Fresh Apple 100% Juice Fruit Punch
16 Mini Blueberry Pancakes With Syrup Or Yogurt and Nutrigrain Bar Fresh Apple 100% Orange Tangerine Juice	**17** Very Berry Smoothie Or Yogurt and Nutrigrain Bar Fresh Pear Dried Cranberries	**18** Fluffy Whole Grain Waffles With Syrup Or Yogurt and Nutrigrain Bar Fresh Orange 100% Apple Juice	**19** Bacon, Egg and Cheese Breakfast Sandwich Or Yogurt and Nutrigrain Bar Fresh Banana Sliced Peaches	**20** Sausage, Egg and Cheese Sandwich Or Yogurt and Nutrigrain Bar Fresh Apple 100% Juice Fruit Punch
23 Fluffy Whole Grain Pancakes With Syrup Or Strawberry Mini Bagel Fresh Apple 100% Orange Tangerine	**24** Apple Strudel Or Strawberry Mini Bagel Fresh Pear Dried Cranberries	**25** SCHOOL CLOSED TODAY	**26** 	**27** SCHOOL CLOSED TODAY
30 Mini Blueberry Pancakes With Syrup Or Fruity Parfait Fresh Apple 100% Orange Tangerine				





View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Milk Choices:

Fat Free Chocolate

1% White Milk

Assorted 100% Juice Variety

Available Daily

Whole Grain, Reduced Sugar Cereal: Cinnamon Toast Crunch, Trix, Honey Cheerios with Belly Bear Grahams

Whole Grain Honeybun, Whole Grain Blueberry or Chocolate Chip Muffins, Whole Grain Bagel with Cream Cheese

Fresh Assorted Seasonal Fruits & Chilled Fruit Cups

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients