Breakfast Menu

Windsor Locks High School November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bacon, Egg and Cheese Breakfast Sandwich (P) Fresh Apple 100% Orange Tangerine	3 SCHOOL CLOSED TODAY	4 Egg and Cheese Sandwich Fresh Orange 100% Apple Juice	5 Chicken And Mini Maple Flavored Waffles Fresh Banana Diced Pear Cup Dried Cranberries	6 Whole Grain Biscuit With Sausage Patty And American Cheese Fresh Apple 100% Juice Fruit Punch
9 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple 100% Orange Tangerine	10 Very Berry Smoothie WG Honey Bear Graham Crackers Fresh Pear Dried Cranberries	11 	12 Chicken And Mini Maple Flavored Waffles With Syrup Fresh Banana Diced Pear Cup Dried Cranberries	13 Whole Grain Biscuit With Sausage Patty And American Cheese Fresh Apple 100% Juice Fruit Punch
16 Bacon, Egg and Cheese Breakfast Sandwich (P) Fresh Apple 100% Orange Tangerine	17 Grilled Cheese Sandwich Meltdown Café Fresh Pear Dried Cranberries	18 Egg and Cheese Sandwich Fresh Orange 100% Apple Juice 	19 Chicken And Mini Maple Flavored Waffles Fresh Banana Dried Cranberries Diced Pear Cup	20 Whole Grain Biscuit With Sausage Patty And American Cheese Fresh Apple 100% Juice Fruit Punch
23 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple 100% Orange Tangerine	24 Grilled Cheese Sandwich Meltdown Café Fresh Pear Dried Cranberries	25 SCHOOL CLOSED TODAY	26 	27 SCHOOL CLOSED TODAY
30 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple 100% Orange Tangerine				



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

Milk Choices:

Fat Free Chocolate

1% White

Assorted 100% Juice Variety

Available Daily

Whole Grain, Reduced Sugar Cereal: Cinnamon Toast Crunch, Trix, Cocoa Puffs

Whole Grain Honeybun, Whole Grain Blueberry or Chocolate Chip Muffins

Fresh Assorted Seasonal Fruits & Chilled Fruit Cups

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.