Cafeteria Menu - Nov '26

International Cuisine

STONEHILL
INTERNATIONAL SCHOOL
An Embassy Group Education Initiative

2 Nov (Monday)	3 Nov (Tuesday)	4 Nov (Wednesday)	5 Nov (Thursday)	6 Nov (Friday)
Stir Fry Beef, Chicken Shashlik, Fried Rice, Soft Tacos, Paneer Chilly & Steamed Beans	Roasted Beef, Afghani Chicken Tikka, Potato Wedges, Veg Cannelloni and Stir Fried Tofu	Crispy Fry Chicken or Veg, Paneer Shashlik, Cheese Macaroni, Veg Parmesan and Grilled Veg	Chicken or Veg Manchurian, Veg noodles, Mix Veg in Schezwan sauce & Grilled Vegetables	Assorted Pizza, Corn on the Cob & Grilled Vegetables
16 Nov (Monday)	**17 Nov (Tuesday)**	**18 Nov (Wednesday)**	**19 Nov (Thursday)**	**20 Nov (Friday)**
Shoyu Chicken or Veg, Fried Rice, Tofu & Bok choy in Garlic sauce and Sauté mixed Veg	Steak, Wings Chilly, Veg Quiche, Veg Cutlet, Potato wedges & Steamed Beans	Grilled Chicken, Butter Paneer or Chicken, Paratha, Soft Tacos, Baked Cauliflower and Grilled Veg	Sijang Tondak, Hakka Noodles, Corn Cheese, Dubu Jorim, Tomato Soup & Steamed Vegetables	Beef, Chicken or Vegetarian Burger, French Fries and Mixed Steamed Vegetables
23 Nov (Monday)	**24 Nov (Tuesday)**	**25 Nov (Wednesday)**	**26 Nov (Thursday)**	**27 Nov (Friday)**
Chicken Meatballs, Vegetable Baked, Chicken Curry, Sicilian Caponata, Mashed Potato & Grilled Veg	Kung Pao Chicken or Mushroom, noodles, Mix Veg Chilly, Grilled Vegetables and Soup	Creamy Parmesan Chicken or Veg, Pasta Primavera, Veg Ratatouille and Steamed Broccoli	BBQ Chicken or Veg, Fries, Veg Quesadilla, Veg Finger, Soup and Grilled Beans	PD Day Holiday for students

List of Morning Snacks

Mon - Cheese & Sausage Rolls **Tue** - Chicken Sandwiches **Wed** - Pizza Rolls
Thu - Cinnamon Rolls, **Fri** - Grilled Cheese Sandwiches.

Sandwiches (Jam & Vegetable), and Fresh cut fruits are served daily along with the above mentioned snacks.

Please note that in addition to the above meals, there will be plain yoghurt, fresh fruits and a salad bar containing Carrot, Cucumber, Tomato, and a Mixed Salad everyday along with a combination of 2 salads from the list below.

Cucumber rings Salad, Shredded Mix Salad, Coleslaw, Greek Salad, Avocado Salad, Quinoa Salad, Pesto Pasta, Cherry Tomato Pasta Salad, Sriracha Noodles Salad, Moroccan Carrot & Chickpea Salad, Nicoise Salad, Mix Sprout Salad, Roasted Beetroot Salad, Tabbouleh, Roasted Pumpkin Salad, Caesar Salad, Broccoli Salad, Cherry Mozzarella Salad, Rainbow Salad, Watermelon Feta Salad, Tomato Couscous Salad, Spring Salad and Con & Black bean Salad.

Cafeteria Menu - Nov '26

Indian Cuisine

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2 Nov (Monday)	3 Nov (Tuesday)	4 Nov (Wednesday)	5 Nov (Thursday)	6 Nov (Friday)
Egg Masala, Lauki Curry, Kurkuri Bhindi Chapati, Dal Fry and Rice	Pepper Chicken or Mushroom / Babycorn, Mix Veg Chilly and Fried Rice	Sukhi Arbi Fry, Palak Paneer, Lobia Masala, Chapati and Rice	Baingan Bharta, Kadhi Pakoda, Rice, Veg Pulao and Raita	Mutton or Veg Biryani with Raita, Dal and Rice
16 Nov (Monday)	**17 Nov (Tuesday)**	**18 Nov (Wednesday)**	**19 Nov (Thursday)**	**20 Nov (Friday)**
Fish or Veg Cutlet, Tomato Rice with Chutney, Rasam and Rice	Gobi Aloo, Paneer Makhni, Poori, Chana Masala and Rice	Butter Chicken, Butter Paneer, Dal Tadka and Rice	Pav - Bhaji, Achari Bhindi, Dal Tadka and Rice	Chicken or Gobi Chilly, Schezwan Mix Veg, Hakka noodles and Soup
23 Nov (Monday)	**24 Nov (Tuesday)**	**25 Nov (Wednesday)**	**26 Nov (Thursday)**	**27 Nov (Friday)**
Egg Curry, Malai Kofta, Chapati, Dal Palak and Rice	Dosa, Aloo dry, Beans and Carrot Poriyal, Sambar and Rice	Fish Curry, Paneer Pasanda, Cabbage Mutter, Chapati, Dal & Rice	Dum Aloo, Poori, Veg Jalfrezi, Mix Dal Tadka and Rice	Assorted Chat, Grilled Fish, Stir fried Tofu/Veg, Dal and Rice

Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.