KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-02	2026-11-03	2026-11-04	2026-11-05	2026-11-06
International	**Egg Nasi Goreng (1.5.6.9.13.16.18) (Beef: USA)** Shrimp Chips (5.9.13) Cucumber and Tomato Salad (1.5.6.12)	**Huli Huli Chicken (1.2.5.6.12.15) (Chicken: Brazil)** Macaroni Salad / Jam Filled Apple Cookie (1.2.5.6.10) / (1.2.5.6) Roasted Vegetable (5.6)	**Black Pepper Beef Rice Bowl (2.5.6.16.18) (Beef: USA)** Chinese Flower Bread (2.6) Stir-Fried Bean Sprout & Asian Cucumber Salad (1.2.5.6.10.12.15.16.18) & (5.6.18)	**Creamy Cajun Sausage Pasta (1.2.5.6.10.15.16) (Pork: Korean, Imported)** Morning Roll (1.2.5.6) Black Eyed Pea Salad (5.6.12.13)	**Build Your Own Chicken Taco (2.5.6.10.15.16) (Chicken: Brazil)** Build Your Own Nacho (5.6) Build Your Own Mexican Salad (1.2.5.6.10.15.16) (Chicken, Pork: Korea)
Korea	**Spicy Stir-Fried Beef Bulgogi w. Rice Cakes (5.6.16) (Beef: Australia)** Potato Croquette w. Tartar Sauce (1.2.5.6) Seasoned Chicory w. Citron Dressing (5.6) Ground Soybean Stew (5.6.9.16)	**Sweet and Sour Pork (1.5.6.10.15.18) (Pork: Korea)** Jjajang Rice (5.6.10.18) (Pork: Korea) Mala Cucumber / Jam Filled Apple Cookie (5.6) & (1.2.5.6) Green Onion and Egg Soup (1.5.6.15.16)	**Soy Sauce-Braised Pork Belly (5.6.10) (Pork: Germany)** Vegetable Jjolmyeon (2.5.6.16) Perilla Leaves & Pickled Radish Wraps (13) Dried Seaweed and Fried Tofu Soup (5.6.9.18) (Soybeans: Imported)	**Galbi-Flavored Sweet, Crispy Chicken (5.6.15.18) (Chicken: Brazil)** Braised Bean Sprouts w. Ham (2.5.6.10.15.16) (Pork: Korea),(Chicken: Korea) Seasoned Mushrooms, Broccoli (5.6) Beef Napa Cabbage Soybean Paste Soup (5.6.16) (Beef: Australia)	**Teriyaki-glazed Spanish Mackerel (5.6) (Mackerel: Korea)** Candied Sweet Potatoes (5.6) Seasoned Dried Squid Strips w. Vegetables (5.6.16.17) (Dried Squid: Peru) Perilla Seed Sujebi Soup (5.6.15.16)

Vegetarian & Halal				GRILL		
MON	Vegetarian	**Stir-Fried Vegetarian Bulgogi w. Rice Cakes** 5.6.12		MON	**Roast Chicken** (Chicken: Brazil) 5.6.15
	Halal	**Spicy Stir-Fried Beef Bulgogi w. Rice Cakes**			
TUES	Vegetarian	**Huli Huli Tofu** 5.6.12.15		TUES	**Hot Dog** Sausage (Pork : korea) 1.2.5.6.10
	Halal	**Huli Huli Chicken**			
WED	Vegetarian	**Black Pepper Vegetarian Rice Bowl** 2.5.6		WED	**Mexican Burrito** Pork : Korea / Beef : Australia 2.5.6.10.16
	Halal	**Black Pepper Beef Rice Bowl**			
THURS	Vegetarian	**Galbi-Flavored Sweet, Crispy Veggie Chicken** 5.6		THURS	**Stir-Fried Black Bean Noodles** Pork : Korea / Squid : China 1.2.5.6.10.16.17.18
	Halal	**Galbi-Flavored Sweet, Crispy Chicken**			
FRI	Vegetarian	**Build Your Own Taco** 2.5.6.12		FRI	**Malatang** Beef : Australia 5,6,15,16,17
	Halal	**Build Your Own Chicken Taco**			

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-09	2026-11-10	2026-11-11	2026-11-12	2026-11-13
International	**Meatball Sub** **(2.5.6.10.12.15.16)** **(Chicken,Pork: Korea)** Chips (5) Green Pea Salad & Truffle Cream Soup (1.2.5.6.10.15.16)	**Chipotle Chicken Bowl** **(1.2.5.6.12.13.15.16)** **(Chicken: Brazil)** Assorted Toppings (5.6.12.13) Nacho Chips (5)	**Beef Picadillo (Filipino Stew)** **(1.2.5.6.7.10.12.16)** **(Beef: Australia)** Fried Egg (1.5) Fried Egg Plants & Black Beans (1.5.6) & (5)	**Bacon Mushroom Carbonara Pasta** **(1.2.5.6.10.13.15.16)** **(Pork: USA)** Toasted Rye Bread / Brownie (1.2.5.6) / (1.5.6) Roasted Vegetable (5.6)	**Hoisin Chicken w. Garlic Ginger Broth** **(2.5.6.12.13.15)** **(Chicken: Brazil)** Steamed Dumplings (1.2.5.6.10.12.15.16.18) (Pork: Korea) Steamed Vegetable (5.6)
Korea	**White Dakgalbi** **(5.6.15.16.18)** **(Chicken: Brazil)** Butter Grilled Corn (1.2.5.6) Stir-Fried Dried Seaweed Flakes (5.6) Gyeongsang-Do Style Beef Soup (2.5.6.15.16) (Beef: Australia)	**Pork Bulgogi w. Scallion** **(5.6.10.12.16.18)** **(Pork: America)** Garlic Chive Pancake (1.5.6.9.17) Seasoned Deodeok (5.6) Soybean Paste Soup w. Cabbage and Soybean (5.6.16)	Fried Dumplings (1.2.5.6.10.15.16.18) (Pork: Korea) Seasoned Acorn Jelly (5.6) Spinach Kimchi (5.6) **Jeju-Style Pork Noodle Soup** **(2.5.6.9.10.16)** **(Pork: USA)**	**Soy-Braised Pork, Quail Eggs** **(1.5.6.10.16)** **(Pork: USA)** Crab Fruit Salad (1.5.6.8.9.16.18) Brownie (1.2.5.6) Tofu and Kimchi Soup (Soybean: Imported) (5.6.9.16)	**Stir-Fried Thinly Sliced Pork Belly** **w. Bean Sprouts** **(5.6.10.16.18)** **(Pork: USA)** Spicy Braised Tofu (5.6.15.16) (Soybean: Imported) Cabbage & Lettuce Wraps (13) & (5.6) Clam Seaweed Soup (5.6.8.9.17.18) (Clam: China)

Vegetarian & Halal

MON	Vegetarian	**Vegetarian Meatball Sub** 2.5.6.12
	Halal	**White Dakgalbi**
TUES	Vegetarian	**Chipolte Vegetarian Bowl** 2.5.6.12.13
	Halal	**Chipolte Chicken Bowl**
WED	Vegetarian	**Vegetarian Picadillo** 2.5.6.12
	Halal	**Beef Picadillo (Filipino Stew)**
THURS	Vegetarian	**Mushroom Carbonara Pasta** 2.5.6.13
	Halal	**Mushroom Carbonara Pasta**
FRI	Vegetarian	**Stir-Fried Vegetarian Meat w. Bean Sprouts** 5.6
	Halal	**Hoisin Chicken w. Garlic Ginger Broth**

GRILL

MON	**Roast Chicken** (Chicken: Brazil) 5.6.15
TUES	**Hot Dog** Sausage (Pork : korea) 1.2.5.6.10
WED	**Mexican Burrito** Pork : Korea / Beef : Australia 2.5.6.10.16
THURS	**Stir-Fried Black Bean Noodles** Pork : Korea / Squid : China 1.2.5.6.10.16.17.18
FRI	**Mara Xiangguo** Beef : Australia 5,6,15,16,17

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-16	2026-11-17	2026-11-18	2026-11-19	2026-11-20
International	**Karaage Chicken Donburi w. Boiled Egg** **(1.2.5.6.7.9.13.15.18)** **(Chicken: Brazil)** Stir-Fried Mung Bean Sprouts (5.6) Sesame Edamame Salad & Miso Soup (5.6.13) & (1.5.6.7)	**Loco Moco w. Mushroom Gravy** **(2.5.6.10.12.13.16.18)** **(Pork: Korea)** Fried Egg (1.5) Pineapple Coleslaw / Roasted Vegetable (1.5.13) / (5.6)	**Lemon Grilled Chicken** **(5.13.15)** **(Chicken: Brazil)** Spinach Pesto Pasta (2.5.6.12.13) Baguette & Caprese Salad (6) & (2.5.6.12.13)	NO LUNCH	**Breakfast Burrito** **(1.2.5.6.10.12.13.15.16)** **(Pork: Korea),(Beef: Australia)** Hashbrown (5.6) Mexican Street Corn Salad & Roasted Vegetable (1.2.5) & (5.6)
Korea	**Gochujang Marinated Pork Belly** **(5.6.10.16.18)** **(Pork: USA)** Soybean Sprout Rice (5.6) Bok Choy Kimchi (5.6) Rice Cake Soup (1.5.6.15.16)	**Beef Bulgogi Stir-Fried Udon** **(2.5.6.10.12.13.16.18)** **(Beef: Australia)** Corn Dog (1.2.5.6.10.15.16.18) (Chicken,Pork: Korea) Stir-Fried Korean Radish (5.6) Udon broth w. Fried Tofu (5.6.15.16) (Soybean: Imported)	**Tteok-Galbi w. Honey Garlic Sauce** **(1.2.5.6.10.15.16.18)** **(Pork,Chicken: Korea)** Steamed Egg (1.5.6,9) Seasoned Seasonal Greens w. Gochujang (5.6) Beef Brisket Soybean Paste Stew (2.5.6.9.16.18) (Beef: Australia)	NO LUNCH	**Creamy Onion Chicken** **(1.2.5.6.13.15.16)** **(Chicken: Brazil)** Crab Fried Rice (1.5.6.8.15.16.18) (Surimi: Imported) Fresh Garlic Chive Salad (5.6) Banquet Noodles (1.5.6.15.16)

Vegetarian & Halal				GRILL		
MON	Vegetarian	**Vegetarian Karaage Chicken Donburi** 2.5.6.13		MON	**Roast Chicken** (Chicken: Brazil) 5.6.15
	Halal	**Karaage Chicken Donburi**			
TUES	Vegetarian	**Vegetarian Loco Moco w. Mushroom Gravy Sauce** 2.5.6.12		TUES	**Hot Dog** Sausage (Pork : korea) 1.2.5.6.10
	Halal	**Beef Bulgogi Stir-Fried Udon**			
WED	Vegetarian	**Lemon Grilled Veggie Meat w. Spinach Pesto Pasta** 2.5.6.12.13		WED	**Mexican Burrito** Pork : Korea / Beef : Australia 2.5.6.10.16
	Halal	**Lemon Grilled Chicken w. Spinach Pesto Pasta**			
THURS	Vegetarian			THURS	
	Halal				
FRI	Vegetarian	**Vegetarian Creamy Onion Chicken** 5.6		FRI	**Malatang** Beef : Australia 5,6,15,16,17
	Halal	**Creamy Onion Chicken**			

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday 2026-11-23	Tuesday 2026-11-24	Wednesday 2026-11-25	Thursday 2026-11-26	Friday 2026-11-27
International	**Japanese Beef Curry** **(2.5.6.12.15.16.18)** **(Beef: USA)** Boiled Egg / Dumplings (1)/(1.2.5.6.10.15.16.18) (Pork: Korea) Asian Coleslaw & Miso Mushroom Soup (1.5.6.13) & (1.5.6.18)	**Taco Spaghetti** **(2.6.10.12.15.16)** **(Beef: Australia)** Nacho Chips (5) Cowboy Coleslaw (1.5.6.12.13)	**Fish Cutlet w. Tartare Sauce** **(1.5.6.13)** **(Fish Cutlet - Cod: Netherlands)** Roasted Lemon Potato (5.13) Egg Salad / Roasted Vegetable (1.5.13) / (5.6)	 Cezars Traditional Thanksgiving Lunch **Roasted Chicken w. Gravy** **(5.15)** **(Chicken: Brazil)** Traditional Stuffing (1.2.5.6.15)	**Classic Hotdog** **(1.2.5.6.10.16)** **(Pork: Korea,Imported)** Loaded Fries (1.2.5.10.12) (Pork: Imported) Veggie Sticks & Broccoli Soup (2.5.6.16)
Korea	**Stir-Fried Octopus and Spicy Pork** **(5.6.10.16.17)** **(Octopus: Vietnam),(Pork: USA)** Fish Cake Japchae (5.6.15.16) (Surimi: Imported) Stir-Fried Seasonal Greens (5.6) Beef Seaweed Soup (5.6.16) (Beef: Australia)	**Ssamjang Dakgalbi w. Lemon Mayo Sauce** **(1.5.6.15.16.18)** **(Chicken: Brazil)** Seasoned Mung bean starch jelly w. Seaweed Flakes (5.6) Fresh Lettuce Salad (5.6) Fish Cake Soup (5.6.15.16) (Surimi: Imported)	**Omurice w. Beef Fried Rice** **(1.5.6.15.16)** **(Beef: Australia)** DIY Takoyaki (1.2.5.6.12.16.18) Seasoned Cucumber Salad (5.6) Miso Soup with Fried Tofu (5.6.15.16) (Soybean: Imported)	Mashed Potato w. Morning Roll (1.2.5.6.) Candied Sweet Potato (2.5) Cranberry Sauce Roasted Vegetable (5) 	Tofu with Stir-Fried Tuna and Kimchi (5.6) & (5.9) (Soybean: Imported) (Tuna: Deep-Sea, Kimchi: Korea) Rolled Omelet (1.2.5.16) Spoonable Yogurt (2) **Yukgaejang w. Glass Noodles** **(2.5.6.15.16.18)** **(Beef: Australia)**

Vegetarian & Halal			GRILL		
MON	Vegetarian	**Japanese Vegetarian Curry** 2.5.6.12	MON	**Roast Chicken** (Chicken: Brazil) 5.6.15
	Halal	**Japanese Beef Curry**		
TUES	Vegetarian	**Vegetarian Taco Spaghetti** 2.5.6.12	TUES	**Hot Dog** Sausage (Pork : korea) 1.2.5.6.10
	Halal	**Ssamjang Dakgalbi w. Lemon Mayo Sauce**		
WED	Vegetarian	**Vegarian Falafel w. Tartare Sauce** 1.5.6.13	WED	**Mexican Burrito** Pork : Korea / Beef : Australia 2.5.6.10.16
	Halal	**Omurice w. Beef Fried Rice**		
THURS	Vegetarian	**Vegetarian Thanksgiving Lunch** 1.2.5.6.12.13	THURS	**Hot Dog** Sausage (Pork : korea) 1.2.5.6.10
	Halal	**Thanksgiving Lunch**		
FRI	Vegetarian	**Vegetarian Hot Dog** 1.2.5.6	FRI	**Mara Xiangguo** Beef : Australia 5,6,15,16,17
	Halal	**Yukgaejang w. Glass Noodles**		

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-02	2026-11-03	2026-11-04	2026-11-05	2026-11-06
International	**계란 나시 고렝** **(1.5.6.9.13.16.18)** **(우육:미국산)** 새우 칩 (5.9.13) 오이 토마토 샐러드 (1.5.6.12)	**홀리홀리 치킨** **(하와이안 치킨)** **(1.2.5.6.12.15)** **(계육:브라질산)** 마카로니 샐러드/잼있는 사과쿠키 (1.2.5.6.10)/(1.2.5.6) 구운 아채 (5.6)	**흑후추 소고기 덮밥** **(2.5.6.16.18)** **(우육: 미국산)** 꽃빵 (2.6) 숙주나물 볶음 & 아시아식 오이무침 (1.2.5.6.10.12.15.16.18) & (5.6.18)	**케이준 소시지 크림 파스타** **(1.2.5.6.10.15.16)** **(돈육 : 국내산, 외국산)** 모닝롤 (1.2.5.6) 블랙아이드피 샐러드 (5.6.12.13)	**나만의 치킨 타코** **(2.5.6.12.15.16)** **(계육: 브라질산)** 나만의 나쵸 (5.6) 나만의 멕시칸 샐러드 (1.2.5.6.10.15.16) (계육,돈육:국내산)
Korea	**소불고기매콤떡볶음** **(5.6.16)** **(우육: 호주산)** 감자고로케 *타르타르 (1.2.5.6) 치커리유자청무침 (5.6) 맑은콩나물국 (5.6.9.16)	**목화솜탕수육** **(1.5.6.10.15.18)** **(돈육:국내산)** 짜장밥 (5.6.10.18) (돈육:국내산) 마라오이탕탕이/잼있는사과쿠키 (5.6) & (1.2.5.6) 계란파국 (1.5.6.15.16)	**간장수육** **(5.6.10)** **(돈육: 독일산)** 야채쫄면 (2.5.6.16) 깻잎&쌈무 (13) 유부김국 (5.6.9.18) (대두:외국산)	**갈비맛닭강정** **(5.6.15.18)** **(계육:브라질산)** 부대햄콩나물찜 (2.5.6.10.15.16) (돈육:국내, 계육:국내산) 새송이&브로컬리무침 (5.6) 소고기배추된장국 (5.6.16) (우육: 호주산)	**삼치데리야끼구이** **(5.6)** **(삼치:국내산)** 고구마맛탕 (5.6) 진미채야채무침 (5.6.16.17) (진미채:페루산) 들깨수제비국 (5.6.15.16)

Vegetarian & Halal			GRILL		
MON	Vegetarian	**채식 불고기떡볶음** 5.6.12		MON	**닭다리구이** 계육:브라질산 5.6.15
	Halal	**소불고기매콤떡볶음**			
TUES	Vegetarian	**홀리홀리 두부** 5.6.12.15		TUES	**핫도그** 소시지 (돈육 : 외국산) 1.2.5.6.10
	Halal	**홀리홀리 치킨 (하와이안 치킨)**			
WED	Vegetarian	**흑후추 채식 덮밥** 2.5.6		WED	**멕시칸 부리또** 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16
	Halal	**흑후추 소고기 덮밥**			
THURS	Vegetarian	**갈비맛채식치킨강정** 5.6		THURS	**볶음짜장** (돈육:국내산)(오징어:중국산) 1.2.5.6.10.16.17.18
	Halal	**갈비맛닭강정**			
FRI	Vegetarian	**나만의 채식 타코** 2.5.6.12		FRI	**마라탕** 우육 : 호주산 5,6,15,16,17
	Halal	**나만의 치킨 타코**			

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-09	2026-11-10	2026-11-11	2026-11-12	2026-11-13
International	**미트볼 서브** **(2.5.6.10.12.15.16)** **(계육:국내산, 돈육: 국내산)** 칩스 (5) 완두콩 샐러드 & 트러플 크림 스프 (1.2.5.6.10.15.16)	**치폴레 치킨 볼** **(1.2.5.6.12.13.15.16)** **(계육:브라질산)** 다양한 토핑 (5.6.12.13) 나쵸 칩 (5)	**소고기 피카디요 (필리핀 스튜)** **(1.2.5.6.7.10.12.16)** **(우육: 호주산)** 계란후라이 (1.5) 가지 튀김 & 블랙빈 (1.5.6) & (5)	**베이컨 버섯 까르보나라 파스타** **(1.2.5.6.10.13.15.16)** **(돈육: 미국산)** 구운 호밀빵 / 브라우니 (1.2.5.6)&(1.2.5.6) 구운 야채 (5.6)	**호이신 치킨 w. 마늘 생강 육수** **(2.5.6.12.13.15)** **계육: 브라질산)** 찐만두 (1.2.5.6.10.12.15.16.18) (돈육:국내산) 스팀 야채 (5.6)
Korea	**백닭갈비** **(5.6.15.16.18)** **(계육:브라질산)** 옥수수버터구이 (1.2.5.6) 건파래볶음 (5.6) 경상도식식소고기국 (2.5.6.15.16) (우육:호주산)	**파채돈불고기** **(5.6.1016.18)** **(돈육:미국산)** 부추전 (1.5.6.9.17) 더덕무침 (5.6) 얼갈이된장국 (5.6.16)	만두튀김 (1.2.5.6.10.15.16.18) (돈육:국내산) 도토리묵무침 (5.6) 시금치겉절이 (5.6) **제주고기국수** **(2.5.6.9.10.16)** **(돈육: 미국산)**	**돈육메추리장조림** **(1.5.6.10.16)** **(돈육: 미국산)** 꽃맛살과일샐러드 (1.5.6.8.9.16.18) (연육:외국산) 브라우니 (1.2.5.6) 두부김칫국 (5.6.9.16) (대두:외국산)	**대패삼겹숙주볶음** **(5.6.10.16.18)** **(돈육: 미국산)** 매운두부조림 (5.6.15.16) (대두:외국산) 쌈무 & 쌈장 (13) & (5.6) 바지락미역국 (5.6.8.9.17.18) (바지락살:중국산)

Vegetarian & Halal			
MON	Vegetarian	**채식 미트볼 서브** 2.5.6.12	
	Halal	**백닭갈비**	
TUES	Vegetarian	**치폴레 채식 볼** 2.5.6.12.13	
	Halal	**치폴레 치킨 볼**	
WED	Vegetarian	**채식 피카디요** 2.5.6.12	
	Halal	**소고기 피카디요 (필리핀 스튜)**	
THURS	Vegetarian	**버섯 까르보나라 파스타** 2.5.6.13	
	Halal	**버섯 까르보나라 파스타**	
FRI	Vegetarian	**채식고기숙주볶음** 5.6	
	Halal	**호이신 치킨 w. 마늘 생강 육수**	

GRILL		
MON	**닭다리구이** 계육:브라질산 5.6.15	
TUES	**핫도그** 소시지 (돈육 : 외국산) 1.2.5.6.10	
WED	**멕시칸 부리또** 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16	
THURS	**볶음짜장** (돈육:국내산)(오징어:중국산) 1.2.5.6.10.16.17.18	
FRI	**마라샹궈** 우육 : 호주산 5,6,15,16,17	

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-16	2026-11-17	2026-11-18	2026-11-19	2026-11-20
International	**가라아게 치킨 덮밥 w. 삶은 계란** **(1.2.5.6.7.9.13.15.18)** **(계육:브라질산)** 숙주볶음 (5.6) 참깨풋콩샐러드 & 미소장국 (5.6.13) & (1.5.6.7)	**로코모코 w. 버섯 그레이비** **(2.5.6.10.12.13.16.18)** **(돈육:국내산)** 계란후라이 (1.5) 파인애플 코울슬로 & 구운 채소 (1.5.13)& (5.6)	**레몬 치킨 구이** **(5.13.15)** **(계육:브라질산)** 시금치 페스토 파스타 (2.5.6.12.13) 바게트 & 카프레제 샐러드 (6) & (2.5.6.12.13)	NO LUNCH	**모닝 부리또** **(1.2.5.6.10.12.13.15.16)** **(돈육:국내산)(우육:호주산)** 해쉬브라운 (5.6) 멕시칸 스타일 옥수수 샐러드 & 구운 채소 (1.2.5) & (5.6)
Korea	**고추장삼겹살** **(5.6.10.16.18)** **(돈육:미국산)** 콩나물밥 (5.6) 청경채 겉절이 (5.6) 조랭이떡국 (1.5.6.15.16)	**소불고기볶음우동** **(2.5.6.10.12.13.16.18)** **(우육:호주산)** 핫도그 (1.2.5.6.10.15.16.18) (계육,돈육:국내산) 무나물볶음 (5.6) 유부우동국물 (5.6.15.16) (대두:외국산)	**꿀마늘소스떡갈비** **(1.2.5.6.10.15.16.18)** **(돈육,계육:국내산)** 계란찜 (1.5.6.9) 계절나물고추장무침 (5.6) 차돌된장찌개 (2.5.6.9.15.16.18) (우육:호주산)	NO LUNCH	**크리미어니언치킨** **(1.2.5.6.13.15.16)** **(계육:브라질산)** 게살볶음밥 (1.5.6.8.15.16.18) (연육:외국산) 부추겉절이 (5.6) 잔치국수 (1.5.6.15.16)

Vegetarian & Halal			
MON	Vegetarian	**가라아게 채식 치킨 덮밥** 2.5.6.13
	Halal	**가라아게 치킨 덮밥 w. 삶은 계란**
TUES	Vegetarian	**채식 로코모코 w. 버섯 그레이비** 2.5.6.12
	Halal	**소부고기볶음우동**
WED	Vegetarian	**레몬 채식 고기 구이 w. 시금치페스토 파스타** 2.5.6.12.13
	Halal	**레몬 치킨 구이 w. 시금치페스토파스타**
THURS	Vegetarian	
	Halal	
FRI	Vegetarian	**크리미어니언채식치킨** 5.6
	Halal	**크리미어니언치킨**

GRILL		
MON	**닭다리구이** 계육:브라질산 5.6.15
TUES	**핫도그** 소시지 (돈육 : 외국산) 1.2.5.6.10
WED	**멕시칸 부리또** 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16
THURS	
FRI	**마라탕** 우육 : 호주산 5,6,15,16,17

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut

KIS PANGYO
Korea International School

November Menu

CEZARS KITCHEN
Made With Love

Week	Monday	Tuesday	Wednesday	Thursday	Friday
	2026-11-23	2026-11-24	2026-11-25	2026-11-26	2026-11-27
International	**일본식 소고기 카레** **(2.5.6.12.15.16.18)** **(우육: 미국산)** 삶은 계란 & 만두 (1)&(1.2.5.6.10.15.16.18) (돈육:국내산) 아시안 코울슬로 & 미소 버섯 수프 (1.5.6.13) &(1.5.6.18)	**타코 스파게티** **(2.6.10.12.15.16)** **(우육: 호주산)** 나초 칩 (5) 카우보이 코울슬로 (1.5.6.12.13)	**생선까스 w. 타르타르 소스** **(1.5.6.13)** **(생선까스 : 대두 -네덜란드산)** 레몬 감자 구이 (5.13) 에그 샐러드 & 구운 야채 (1.5.13)& (5.6)	 씨저스 추수감사절 점심 **구운 치킨 w. 그레이비** **(5.15)** **(계육: 브라질산)** 미국식 스퍼팅 (1.2.5.6.15)	**클래식 핫도그** **(1.2.5.6.10.16)** **(돈육:국내산,외국산)** 토핑 듬뿍 감자튀김 (1.2.5.10.12) (돈육: 외국산) 야채스틱과 브로컬리 스프 (2.5.6.16)
Korea	**낙지제육볶음** **(5.6.10.16.17)** **(낙지:베트남)(돈육:미국산)** 어묵잡채 (5.6.15.16) (연육:외국산) 계절나물볶음 (5.6) 소고기미역국 (5.6.16) (우육:호주산)	**쌈장닭갈비w.레몬마요소스** **(1.5.6.15.16.18)** **(계육:브라질산)** 청포묵김가루무침 (5.6) 상추겉절이 (5.6) 어묵국 (5.6.15.16) (연육:외국산)	**오므라이스** **(1.5.6.15.16)** **(우육: 호주산)** 직접 만드는 타코야끼 (1.2.5.6.12.16.18) 오이무침 (5.6) 유부미소국 (5.6) (대두:외국산)	매쉬포테이토 w. 모닝롤 (1.2.5.6.) 캔디 고구마 (2.5) 크랜베리 소스 구운 야채 (5)	온두부*참치김치볶음 (5.6)& (5.9) (대두:외국산) & (참치:원양산.김치:국내산) 계란말이(1.2.5.16) 떠먹는요플레 (2) **육개장W.당면** **(2.5.6.15.16.18)** **(우육:호주산)**

Vegetarian & Halal			
MON	Vegetarian	**일본식 채식 카레** 2.5.6.12	
	Halal	**일본식 소고기 카레**	
TUES	Vegetarian	**타코 채식 스파게티** 2.5.6.12	
	Halal	**쌈장닭갈비 w. 레몬마요소스**	
WED	Vegetarian	**채식 팔라펠 w. 타르타르 소스** 1.5.6.13	
	Halal	**오므라이스**	
THURS	Vegetarian	**추수감자절 채식 점심** 1.2.5.6.12.13	
	Halal	**추수감자설 점심**	
FRI	Vegetarian	**채식 핫도그** 1.2.5.6	
	Halal	**육개장 w. 당면**	

GRILL	
MON	**닭다리구이** 계육:브라질산 5.6.15
TUES	**핫도그** 소시지 (돈육 : 외국산) 1.2.5.6.10
WED	**멕시칸 부리또** 돈육 : 국내산/ 우육 : 외국산 2.5.6.10.16
THURS	**핫도그** 소시지 (돈육 : 외국산) 1.2.5.6.10
FRI	**마라샹궈** 우육 : 호주산 5,6,15,16,17

CEZARS KITCHEN
Additional Information

Country of Origin :
Kimchi : Cabbage : Korean, Red Pepper : Korean
Rice : Korean
Salad Bar : 12 Healthy Toppings, 5 Salad Dressings
Fruits and Yoghurt Served Everyday

***Allergy Code :**
1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig
11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids
18.Shellfish (Included Oysters, Abalones, Mussels)
19.Pine Nut