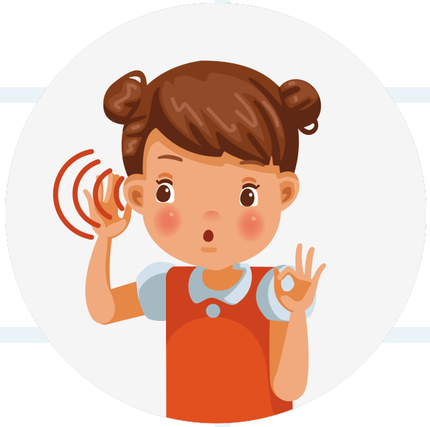




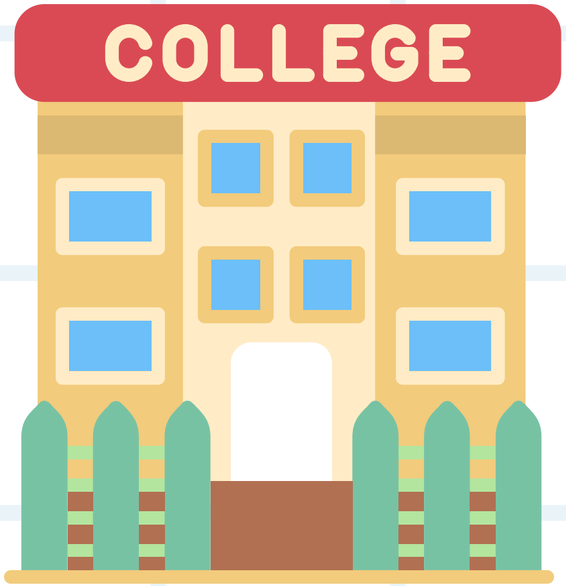
College of Health

@ Cal State East Bay





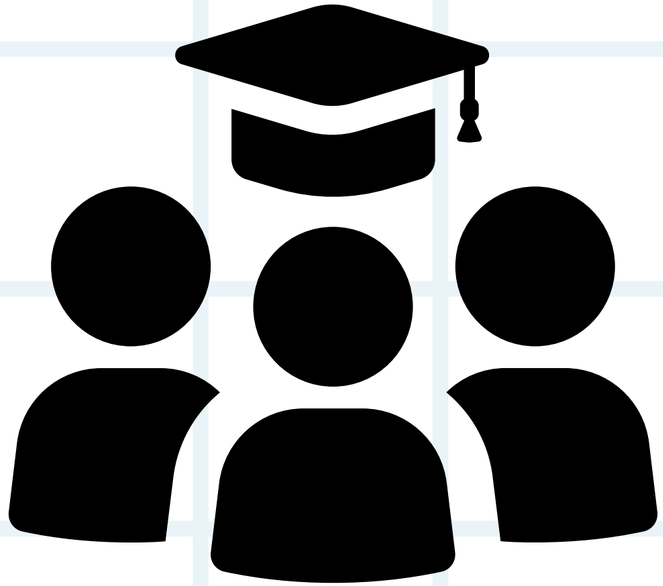
What's the focus of Health-related and Helping Careers?





- Improving health through the prevention, diagnosis, treatment, recovery, or cure of illness, mental health challenges, life struggles, or medical needs
- Developing policy and programs for health
- Lifelong wellness and health is a focus

Health and Wellness





Basic needs being met, mental health wellbeing, medical/physical wellness, education/job/relationship support, disability support, public health prevention and intervention, and overall wellness/exercise needs.

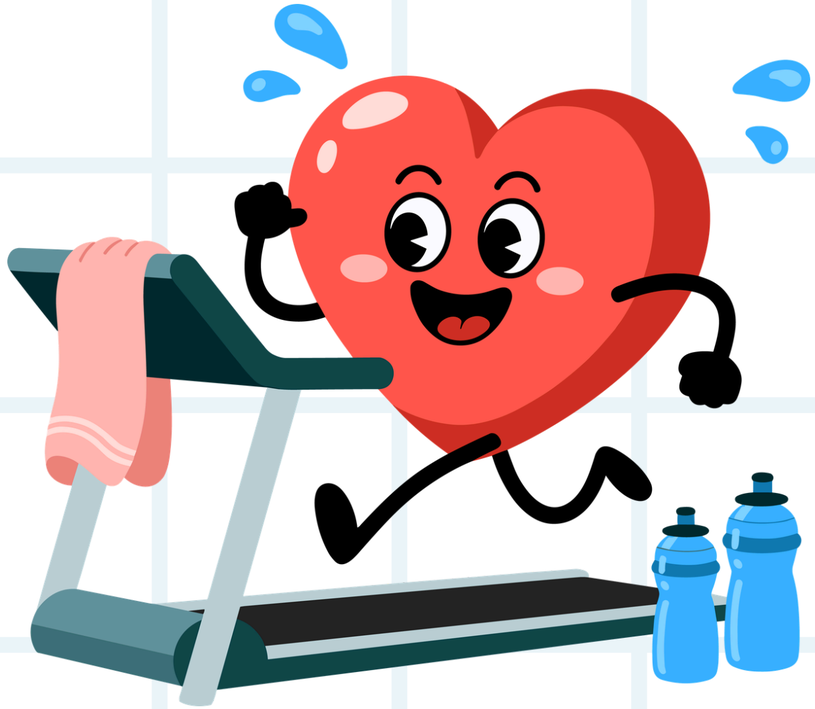


Mental and Physical Health Connection



Mental health is connected to to overall well-being and physical health.

Stress management, mindfulness, exercise, access to healthy nutrition, and the importance of seeking help when needed.





Job and Wage Growth in Health-related careers

- Employment projected to grow much faster than other occupations
- Salaries in healthcare and helping careers continue to rise
- Median wage for healthcare jobs was $83,000 in 2024



*US Bureau of Labor Statistics



Degrees in the College of Health





- BS Nursing
- BS Public Health
- BS Health Sciences
- BS Kinesiology/Exercise & Sport Sciences
- BA Social Work
- BS Speech Pathology and Audiology



BS in Nursing

Enter as a Junior (either as CSUEB student or CC transfer student), you have to apply to the major

Minimum 3.0 GPA in all 8 prereqs combined, minimum 3.0 GPA in the 4 science prereqs combined, and minimum 70% TEAS score (min, but not guaranteed for admission)

Health/community experience,
bilingual is a +

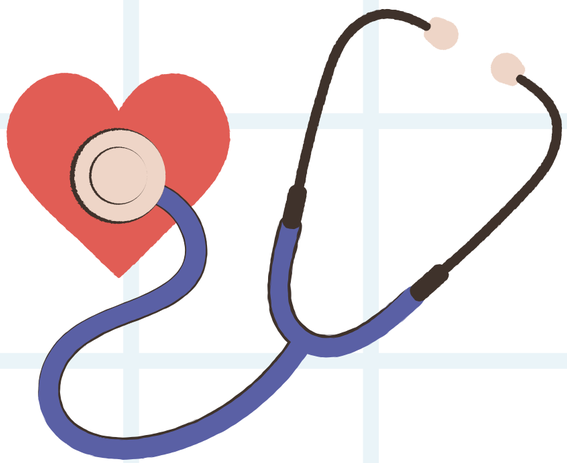


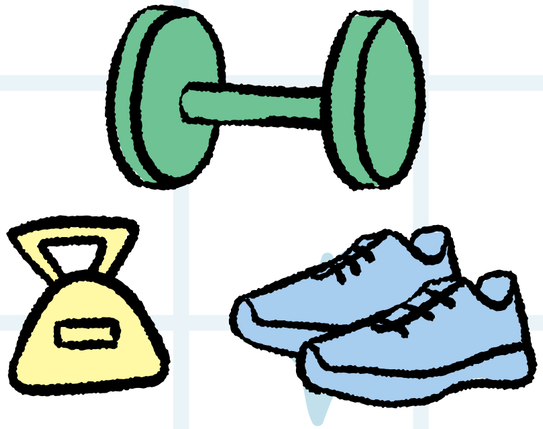
BS Public Health or Health Sciences

Can directly declare these majors (below) as an incoming freshman

BS Health Sciences - prepares you for diverse patient-care careers with electives customized to meet prerequisites for MS Nursing, Environmental Health Specialists, pre-med, Physicians Assistant, Physical Therapist, Occupational Therapist, etc.

BS Public Health - prepares you for jobs in health education, prevention, policy, research and program work. Can find work in hospitals and clinics.





BS in Kinesiology/ Exercise Science

Can directly declare this major as a freshman

Take Science classes (for prereqs to master's degrees), learn about anatomy, fitness, exercise

Healthcare jobs, PE teachers, coaching/athletics, personal trainer, physical therapy (#1 undergraduate major of physical therapists), various therapists (cardiac, respiratory), biomechanist, sports business admin, nonprofit exercise programming



BA in Social Work

New major, can declare this major as a freshman as of Fall 2025!

Take classes on how to help people (interviewing, assessment, mental health), human development, policy/research, etc.

Can work as social worker/case manager/counselor in non-profits, government, schools, healthcare, policy. Case manager, social worker. Preparation for MSW (only 1 yr!).

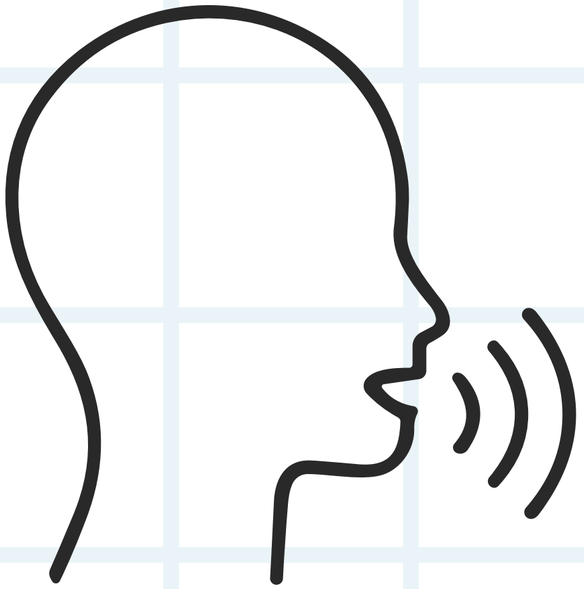




BS Speech Pathology and Audiology

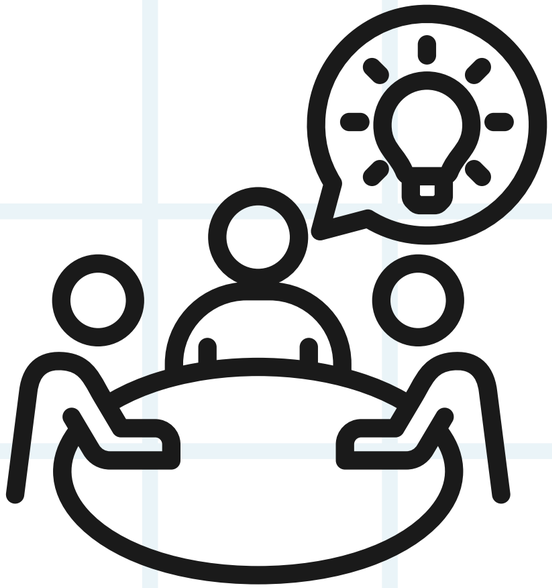
Can directly declare this major as a freshman

Learn how to screen, assess, and treat children and adults with communication and swallowing disorders, including speech, language, and hearing



Can work in healthcare, schools, higher education, special education, private practice, audiologists. Major can lead to certification as a SLPA or preparation for Master's programs in Speech-Language Pathology or Audiology

COH Student Groups



- Lots of campus clubs in these majors!
- Faculty engaged in innovative research ~ they bring it into their classrooms
- Division II Athletics!
- Classes taught by faculty and not TAs
- Career Empowerment Center on campus links students with internships and job opps!
- Diverse student population
- Community engagement opps
- Easy access to academic advisors

Thank You!



- https://www.csueastbay.edu/coh/
- College of Health Advising Office: SF 302 (open M-F 9am-5pm)
- TikTok Career Advice: @thehelpingcollegedean