NOVEMBER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Orange Chicken with Brown Rice, Peas, and Goldfish Grahams Wowbutter & Jelly Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce	**Family Style** Mac & Cheese w/ Mixed Veg	Bean & Cheese Pupusa w/ Pinto Beans	Bean & Cheese Burrito
9	**10**	**11**	**12**	**13**
Bean Burrito Bowl w/ Rice & Corn Turkey & Cheese Sub Sandwich w/ Tajin Corn	Cheese Pizza Kit	**Veteran's Day** **No School**	Cheese Tamale w/ Black Beans Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Turkey & Cheese Sub Sandwich
16	**17**	**18**	**19**	**20**
Chicken Bites w/ Mashed Potatoes P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn	**Family Style** Mac & Cheese w/ Diced Carrots	**Family Style** Bean & Cheese Pupusa w/ Curtido Salad	**Family Style** Chicken Tamale w/ Pinto Beans Grilled Cheese Sandwich w/ Roasted Fava Beans	**Burger Bar** Hot Dogs and Veggie Burgers
23	**24**	**25**	**26**	**27**
Thanksgiving Recess **No School**	**Thanksgiving Recess** **No School**	**Thanksgiving Recess** **No School**	**Thanksgiving Recess** **No School**	**Thanksgiving Recess** **No School**
30				
Shelf Stable Kit - Seedbutter, Cheese, Wheat Cracker, Graham Cracker, Applesauce, Fava Beans & Roasted Chickpeas				

Lunch Includes:

Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk
Fruit & Vegetable of the Day
Vegetarian
*May include an extra 1/2 cup veg for compliance
*All Grains Are Whole Grain Rich

Veg of the Day:

Monday:Baby Carrots (1/4 C)
Tuesday:Celery Sticks (1/4 C)
Wednesday:Cucumber Slices (1/4 C) w/ Tajin
Thursday:Jicama Slices (1/4 C)
Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)

Featured Fruit:

Apple (1/2 C),Banana (1/2 C),Pear (1/2 C),Mandarin Orange (1/2 C),Orange (1/2 C),Berry Mixed Cup (1/2 C)

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