Elizabethtown Secondary Schools BREAKFAST MENU



November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Cinni Rolls	**3** Breakfast Pizza	**4** Apple Pie Smoothie Bowl with Graham Crackers	**5** **NO SCHOOL**	**6** **NO SCHOOL**
9 Mini Maple Pancakes	**10** Blueberry Muffins	**11** Egg, Sausage & Cheese Maple Flatbread	**12** Chocolate Chip French Toast	**13** Apple Strudel
16 Mini Cinni Rolls	**17** Breakfast Pizza	**18** Apple Pie Smoothie Bowl with Graham Crackers	**19** French Toast Sticks with Syrup	**20** Breakfast Banana Split
23 Mini Blueberry Donut Holes	**24** Strawberries and Cream smoothie bowl with Graham Crackers	**25** Egg & Cheese Croissant	**26** **NO SCHOOL**	**27** **NO SCHOOL**
30 **NO SCHOOL**				

MAKE IT A MEAL!
Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.05

Available Daily
Assorted cereals and cereal bars

Fruit Selection
Peaches, Pears, Mandarin Oranges, Apples
Students may choose two ½ cup servings.

Milk Selection
FF Chocolate, FF White, 1% White, Whole Milk

Your Dining Services Team
Rob Best
District Manager
(717)367-1521 ext. 21057
Rob.best@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES