Elementary Menu: November 2026

Breakfast is FREE for all district students!

Lunch
Free/Reduced: Free
Full Price: $2.60
Milk : $0.55

MENU IS SUBJECT TO CHANGE

Ashley Sprankle
Food Service Director
spranklea@cvcolonials.org
717-624-2157
Ext. 1015

CONEWAGO VALLEY SCHOOL DISTRICT
FOOD SERVICES

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Honey Bun or assorted cereal, apple juice or dried fruit, milk Baked Chicken Nuggets Goldfish Snacks Steamed Green Beans or Fresh Baby Carrots Diced pears or Fresh Green Apple	3 Pop Tart w/ cheese stick or assorted cereal, mango splash juice or applesauce, milk Spaghetti with meat sauce & Garlic Knot Steamed peas or Fresh celery sticks Diced Peaches or Fresh Clementine	4 Mini Pancakes or assorted cereal, grape juice or banana, milk Baked Shrimp Poppers with soft pretzel rod Sindwinder Fries or Sliced Cucumbers Fz Blueberries or Fresh strawberries	5 Benefit Breakfast Bar or assorted cereal, orange juice or apple, milk General Tso's Chicken with Steamed Rice Edamame or Fresh Peppers Mixed Fruit or Fresh purple grapes	6 Muffin or assorted cereal, very berry juice or applesauce, milk Stuffed Crust Pizza Steamed California Blend or Fresh Salad Pineapple Tidbits or Fresh Banana
9 Donut or assorted cereal, apple juice or dried fruit, milk Chicken Pattie Sandwich Steamed broccoli or Fresh baby carrots Applesauce or Fresh Orange	10 Wheat Cinnamon Roll or assorted cereal, mango splash juice or applesauce, milk Walking Beef Taco with salsa & cheese Refried Beans or Fresh celery sticks Fz Blueberries or Fresh Apple	11 Egg & cheese sandwich or assorted cereal, grape juice or banana, milk Meatball Sub with mozzarella & marinara Steamed Corn or Sliced Cucumbers Mandarin oranges or Fresh green grapes	12 Assorted Bread or assorted cereal, orange juice or apple, milk French Toast Sticks with sausage and syrup Hash Brown or Fresh Broccoli Baked Apples or Fresh Banana	13 Waffle or assorted cereal, very berry juice or applesauce, milk Cheese Pizza Slice Steamed Carrots or Fresh Salad Sliced Strawberries or Apple Slices
16 Honey Bun or assorted cereal, apple juice or dried fruit, milk Chicken Tenders with emoji chat grahams Steamed green beans or Fresh baby carrots Diced pears or Fresh green apple	17 Pop Tart w/ cheese stick or assorted cereal, mango splash juice or applesauce, milk Baked Fish Sandwich Tator Tots or Fresh celery sticks Diced Peaches or Fresh Clementine	18 Mini Pancakes or assorted cereal, grape juice or banana, milk Mac & Cheese with Pulled Pork BBQ Sliced Cucumbers Fz Blueberries or Fresh strawberries	19 Benefit Breakfast Bar or assorted cereal, orange juice or apple, milk Hot Turkey with gravy Dinner roll, corn, Mashed Potatoes or Fresh cauliflower Mixed Fruit or Fresh purple grapes *Pumpkin Treat*	20 Muffin or assorted cereal, very berry juice or applesauce, milk Personal Pan Pepperoni Pizza Steamed California Blend or Fresh Salad Pineapple Tidbits or Fresh Banana

Lunch Alternates

Monday: Mozzarella Sticks
Tuesday: Corn Dog
Wednesday: Chicken Popper Salad
Thursday: Grilled Cheese
Friday: Cheeseburger

Daily Alternate:
PB & J Uncrustable
Pizza Kit (CVIS)

Daily Milk Choices Include:
Low Fat, 2%, Whole White
Low Fat, 2% Chocolate
Low Fat Vanilla/ Strawberry
Lactaid, Soy, or Almond Milk available upon request

A la Carte Items:
NOE students may purchase extra milk with lunch or to accompany their packed lunch. CVIS students will have the option to purchase additional drinks, snacks, and ice cream (Friday's only) through the food service line. All extra items are charged at full price and are not included as part of the free or reduced meal program.