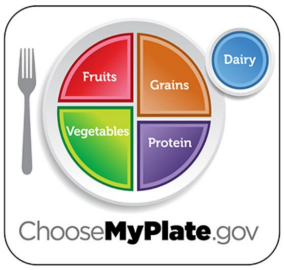
Lunch Menu

Lansingburgh Middle School

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Superintendent Conference Day	**3** Taco Bar *build your own taco! Choose the fillings and fixins you want from all of our delicious selections* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk Fat Free Chocolate Milk	**4** Chicken Club Sandwich *hand crafted sandwich with grilled chicken, crispy bacon, lettuce and juicy tomatoes* (P) Buttered Corn Mandarin Oranges Unflavored Low Fat Milk Fat Free Chocolate Milk	**5** BBQ Pulled Pork Sandwich *shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun* (P) Baked Beans Strawberry Cup Unflavored Low Fat Milk Fat Free Chocolate Milk	**6** Chicken Corn Dog *juicy chicken hot dog surrounded with a corn dog crust* Mixed Kale Side Salad Brown Rice Pineapple Cup Unflavored Low Fat Milk Fat Free Chocolate Milk
9 Fish Patty Melt Sandwich *crispy breaded Pollock topped with melted cheese served on a warm roll* Oven Baked Fries Applesauce Unflavored Low Fat Milk Fat Free Chocolate Milk	**10** Taco Bar *build your own taco! Choose the fillings and fixins you want from all of our delicious selections* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk Fat Free Chocolate Milk		**12** Chicken Cheesesteak Wrap *freshly seasoned chicken topped with melted cheese and sautéed peppers and onions served inside a warm wrap* Baked Beans Strawberry Cup Unflavored Low Fat Milk Fat Free Chocolate Milk	**13** Pepperoni Quesadilla *melted cheese and pepperoni folded inside a grilled whole wheat tortilla* (P) Marinara Sauce Steamed Broccoli Pineapple Cup Unflavored Low Fat Milk Fat Free Chocolate Milk
16 Cheesy Stuffed Bread Sticks *baked bread sticks filled with melted cheese* Marinara Sauce Oven Baked Fries Applesauce Unflavored Low Fat Milk Fat Free Chocolate Milk	**17** Taco Bar *build your own taco! Choose the fillings and fixins you want from all of our delicious selections* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk Fat Free Chocolate Milk	**18** Barbecue Rib Sandwich *warm BBQ rib patty on a bun prepared in-house* (P) Steamed Peas Mandarin Oranges Unflavored Low Fat Milk Fat Free Chocolate Milk	**19** Incredibowls Fiesta Chicken & Rice Bowl *seasoned rice topped with beans, chicken, corn and cheese* Black Beans Strawberry Cup Unflavored Low Fat Milk Fat Free Chocolate Milk	**20** General Tso's Chicken *crispy chicken with broccoli in General Tso's sauce* Brown Rice Steamed Broccoli Pineapple Cup Unflavored Low Fat Milk Fat Free Chocolate Milk
23 Cheese Quesadilla *freshly grilled flour tortilla with melted cheese* Oven Baked Fries Applesauce Unflavored Low Fat Milk Fat Free Chocolate Milk	**24** Taco Bar *build your own taco! Choose the fillings and fixins you want from all of our delicious selections* Glazed Carrots Sliced Peaches Unflavored Low Fat Milk Fat Free Chocolate Milk			
30 Mozzarella Sticks *crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce* Marinara Sauce Oven Baked Fries Applesauce Unflavored Low Fat Milk Fat Free Chocolate Milk				

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

Adult Meal - $5.23 + Tax

All students are eligible to receive **one** free meal at lunch.

MENU IS SUBJECT TO CHANGE.

Fresh Fruit and Vegetable available daily.

Other lunch options available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.