November 2026 NHRMS LUNCH

Full Pay $4.25 Adult $5.00 Milk $.75 Reduced Free

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
2	3	4	5	6	
Macaroni & Cheese Dinner Roll Roasted Broccoli Fruit	**Dutch Waffles Sausage Links Tator Tots Fruit & Vegetables**	**Walking Nacho's Taco Meat, Salsa, Sour Cream, Guacamole Mini Corn Bread Warm Cheese Sauce**	**Chicken Parmesan w/Marinara Sauce over Penne' Oven Baked Zucchini & Mushrooms**	**Noise's Specialty Pizza Rainbow Vegetables Fruit**	Alternate Lunch Choices Deli & Salad Bar Vegetable Burger Daily Menus are subject to Change
9	10	Early Dismissal 11	12	13	**Alternate Lunch Choice**
Cheesy Meatball Subs Choice of Fruit & Vegetables	**Chicken Tenders Smile Fries Dinner Roll Fresh Fruit & Vegetables Choice**	**Corn Dogs Baked Beans Fresh Fruit & Vegetables Choice**	**Mandarin Orange Chicken Sesame Sauce Vegetable Fried Rice Glazed Ginger Carrots**	**Noise's Specialty Pizza Rainbow Vegetables Fruit**	**Monday: Chicken Bites Tuesday: Mozzarella Sticks**
16	17	18	19	20	**Wednesday:**
Tacos Hard or Soft Shell Taco Meat Salsa, Sour Cream, Guacamole Shredded Cheese	**Italian Beef Grinders Curly Fries Fresh Fruits & Vegetable Choice**	**Roast Turkey w/Gravy Stuffing Mash Potatoes Kernal Corn Dinner Roll Apple Crisp**	**Lasagna Roll Ups Garlic Texas Toast Sauteed Zucchini & Yellow Squash Fruit Choice**	**Noise's Specialty Pizza Rainbow Vegetables Fruit**	**Garlic French Bread Pizza Thursday: Cheeseburgers Friday: Crispy Chicken Filet Sandwich**
23	24	25	26	27	
Cheeseburger or Vegetarian Burger Home Made Cole Slaw Fruit	**French Toast Sausage Links Tator Tots Fresh Fruit & Vegetables**	**VACATION DAY**		**Thanksgiving Recess**	All Meals are offered with Fresh or Canned, dried Fruits, and Fresh Vegetables 1% White and Chocolate Fat Free Milk are offered Daily
30				30	
Pasta W/Meat Sauce Cheesy Garlic Bread Stick Fruit Choice Seasoned Green Beans		**Berry Hill Farm Cold Spring Farm Gotta Farm Anderson Sugar House Mill Road Maple**		**IMPORTANT INFORMATION: To add money to your student's account, please use the MyPaymentsPlus.com site. If you need assistance setting up your account, please contact the school office.**	East Haddam is an Equal Opportunity Provider www.easthaddamschools.org menus are subject to change

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org