Metcalfe County Schools

Breakfast Menu for Metcalfe Elementary

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Sausage Biscuit** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	3 **Eggo Mini Pancakes** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	4 **Assorted Pastries** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	5 **Bacon Egg & Cheese Biscuit** **Oatmeal** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	6 **Cinnamon Rolls** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit
9 **Biscuit & Gravy** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	10 **Breakfast Pizza** **Oatmeal** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	11 **Assorted Pastries** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	12 **Chicken Biscuit** **Oatmeal** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	13 **French Toast & Sausage** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit
16 **Sausage Biscuit** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	17 **Eggo Mini Pancakes** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	18 **Assorted Pastries** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	19 **Bacon Egg & Cheese Biscuit** **Oatmeal** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	20 **Cinnamon Rolls** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit
23 **Biscuit & Gravy** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	24 **Breakfast Pizza** **Oatmeal** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit	25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break
30 **Sausage Biscuit** **WG Cereals and Pop Tarts** 100% Fruit Juice Seasonal Fresh Fruit				

Whole Grain Strawberry, Chocolate or Cinnamon Pop Tarts are available daily.

1% or Fat Free White or Flavored Milk Available Daily!

Meat/Meat alternatives are listed in bold type • Menu is subject to change due to availability of food items.

Seasonal fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).

This institution is an equal opportunity provider.

www.metcalfe.kyschools.us

Metcalfe County Schools

Lunch Menu for Metcalfe Elementary

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Chicken Fingers** **Salisbury Steak** Mashed Potatoes Green Beans Roll Assorted Fruit	3 **Beef Tacos** **Deli Sandwich** Chips & Salsa Side Salad Assorted Fresh Fruit Scooby Do Cookie	4 **Chicken Fillet w/ Bun** **Pizza Crunchers** Green Peas Waffle Fries Mandarin Oranges	5 **Ravioli w/ Meat Sauce** **Hot Ham & Cheese** Garlic Bread Side Salad Mandarin Oranges Ice Cream	6 **Chili** **Grilled Cheese** **All Beef Hot Dog** Baked Chips Fruit Selections Fresh Baked Cookie
9 **Cheese Breadsticks** **Corn Dog** Baked Chips Fresh Veggies Brownie	10 **Extreme Nachos** **Turkey Sandwich** Side Salad Chips & Salsa Sliced Peaches	11 **Pepperoni Calzone** **Chicken Nuggets** Baked Chips Fresh Veggies Applesauce Fresh Baked Cookie	12 **Fish Sticks** **Deli Sandwich** Pinto Beans Cornbread Mac & Cheese Assorted Fruit	13 **Veggie Soup** **Grilled Cheese** **All Beef Hot Dog** Baked Chips Veggie & Fruit Selections Fresh Baked Cookie
16 **Hamburger** **Chicken Nuggets** Curly Fries Baked Beans Rice Krispy Square Assorted Fresh Fruit	17 **Cheesy Chicken and Rice** **Turkey Sandwich** Tostitos and Salsa Side Salad Ice Cream Cup Assorted Fresh Fruit	18 **Pizza** **Corn Dog** Whole Kernel Corn Side Salad Mandarin Oranges	19 **Chicken Snack Wraps** **Hamburger** French Fries Fresh Veggies w/ Dip Chocolate Pudding	20 **Turkey & Dressing** Mashed Potatoes Green Beans Roll & Gravy Ice Cream
23 **Chicken Fingers** **Salisbury Steak** Mashed Potatoes Green Beans Roll Assorted Fruit	24 **Beef Tacos** **Deli Sandwich** Chips & Salsa Side Salad Assorted Fresh Fruit Scooby Do Cookie	25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break
30 **Pizza** **Corn Dog** Whole Kernel Corn Side Salad Mandarin Oranges				

1% or Fat Free White or Flavored Milk Available Daily!

Meat/Meat alternates are listed in bold type • Menu is subject to change due to availability of food items

Assorted fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).

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