

November News

Family Newsletter · Walla Walla Center for Children & Families



♥ Our Focus: Gratitude

This month we're helping children notice the good things around them and say "thank you" to the people who help them every day. We are so grateful for each of you and your child!

Try this at home

1

Ask at bedtime: "What made you happy today?"

2

Say thank you out loud when your child helps.

3

Draw a thank-you picture together for someone special.

Important Dates

Some days off are different for each program, so check which ones apply to your child.

NOV
3

Math is Everywhere

Tue · 1:45–2:15 in your child's classroom

All families

NOV
9–13

No School

Monday–Friday
ECEAP & Head Start

NOV
11

No School: Veterans Day

Wednesday

TTK

NOV
19

Parenting Class: Managing Upset

Thu · 5:30–7:00 pm

All families

NOV
25

Early Release

Wed · Dismissal at 11:40

All programs

NOV
26–27

No School: Thanksgiving Break

Thursday–Friday

All programs

More on the back →

Join Us!

FAMILY VISIT

Math is Everywhere



Tue, Nov 3 · 1:45–2:15

Visit your child's classroom and see how we find math in everyday play. Count, sort, build, and explore shapes right alongside your child. Stay for all 30 minutes or as long as you can.

PARENTING CLASS

Managing Upset



Thu, Nov 19 · 5:30–7:00 pm

Our first parenting class of the year uses Conscious Discipline, the same approach we use in our classrooms. Learn how to stay calm when your child (or you!) has big feelings, and how to help your child calm down too.

Fantastic Fridays!



We're celebrating children who come to school on Fridays and arrive on time. Watch for **pop-up prizes**: you never know which Friday they'll appear! Every day counts, and arriving on time helps your child start the day calm and ready.

Healthy Bodies, Any Weather

As winter comes, we're focusing on staying active and making healthy choices, no matter the weather. Try these on cold or rainy days:



Have a living-room dance party



Play Simon Says with animal walks



Take a bundled-up winter walk



Let your child choose a fruit snack

Please send a warm coat, hat, and gloves each day so your child can enjoy outdoor play.

**Thank you for all you do for your children.
We are grateful to learn with your family!**