For any questions contact the Food Service Department at
914-777-4845
Director- Denise Delpesh
ddelpesh@ryeneck.org

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# November 2026

## RYE NECK MIDDLE & HIGH SCHOOL
## LUNCH MENU

November 2nd - 6th

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Country Popcorn Chicken Potato Bowl w/Gravy | **SUPERINTENDENT CONFERENCE** | Turkey Barbacoa on Soft Tacos | Fluffy Pancakes Bar with Assorted Toppings Pork Sausages | Baked Potato Bar with Cheddar Cheese Sour Cream |
| PASTA Offered with Fresh Breads | Cheesy Baked Penne | **SCHOOL CLOSED** | Cheese Ravioli with Marinara Sauce | Vegetable Lo Mein with Teriyaki Chicken | Buttered Pasta with or without Grilled Chicken |
| GRILL | Chicken Parm Flatbread | **SCHOOL CLOSED** | Chicken Parm Flatbread | Chicken Parm Flatbread | Chicken Parm Flatbread |
| PIZZA | Meat Lover with Pepperoni and Chicken | **SCHOOL CLOSED** | Meat Lover with Pepperoni and Chicken | Meat Lover with Pepperoni and Chicken | Meat Lover with Pepperoni and Chicken |
| SIDES | Roasted Corn Mix Vegetables French Fries | **SCHOOL CLOSED** | Pinto Beans Steamed Green Beans French Fries | Home Fries Roasted Carrot French Fries | Pinto Beans Roasted Broccoli French Fries |



**This institution is an equal opportunity provider**

**Available Daily**
- ❑ Assorted Pizzas
- ❑ Cheeseburgers and Hamburgers
- ❑ Made to order Nacho Bar
- ❑ Made to order Boar's Head Deli Bar
- ❑ Grab and Go Yogurt Parfaits
- ❑ Grab and Go Sandwiches and Salads

**Join us for Wacky Wednesday where every Wednesday brings a surprise meal**

**Rotating Seasonal Fresh Fruit**
Apple, Pears and Grapes

**Rotating Seasonal Fresh Vegetables Selection**
Heirloom Tomatoes, Sweet Corn and Bell Peppers

**First Meal Free for Students**
All Lunches Include:
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
*(no high fructose corn syrup)*

If you would like to view menu items nutritional information, please navigate to the following site and choose the following building and click "Today's Lunch" and change view to "Weekly"
Rye Neck UFSD Dining - Rye Neck UFSD Dining

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# November 2026

## RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

### November 9th - 13th

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Breaded Chicken Tenders with Mashed Potatoes and Breadstick | Chicken Tikka Masala Bowl with Rice and Warm Pita Bread | **VETERANS DAY SCHOOL CLOSED** | Homemade Belgian Waffle Bar<br>Pork Sausages | General Tso's Beef with Vegetables<br>Brown Rice |
| PASTA<br>Offered with Fresh Breads | Lasagna Roll | Homemade Mac and Cheese | | Pasta Alfredo with Grilled Chicken | Pasta with Chicken Meatballs |
| GRILL | Grilled Turkey Reuben Sandwich | Grilled Turkey Reuben Sandwich | **VETERANS DAY SCHOOL CLOSED** | Grilled Turkey Reuben Sandwich | Grilled Turkey Reuben Sandwich |
| PIZZA | BBQ Chicken | BBQ Chicken | | BBQ Chicken | BBQ Chicken |
| SIDES | Roasted Corn<br>Roasted Brussel Sprouts | Curry Garbanzo Beans<br>Roasted Broccoli | **VETERANS DAY SCHOOL CLOSED** | Crispy Hash Brown<br>Roasted Winter Squash<br>French Fries | Water Chestnut Bruschetta<br>French Fries |

**This institution is an equal opportunity provider**



**Available Daily**

- ❑ **Assorted Pizzas**
- ❑ **Cheeseburgers and Hamburgers**
- ❑ **Made to Nacho Bar**
- ❑ **Made to order Boar's Head Deli Bar**
- ❑ **Grab and Go Yogurt Parfaits**
- ❑ **Grab and Go Sandwiches and Salads**

**Join us for Wacky Wednesday where every Wednesday brings a surprise meal**

**Rotating Seasonal Fresh Fruit**
Apples, Pears and Grapes

**Rotating Seasonal Fresh Vegetable Selection**
Heirloom Tomatoes, Sweet Corn and Bell Peppers

**First Meal Free for Students**
All Lunches Include:
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# November 2026

## RYE NECK MIDDLE & HIGH SCHOOL
## LUNCH MENU

November 16th – 20th

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| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Build your own Crunchy Fish Tacos Bar with Warm Tortillas and Assorted Toppings | Crispy Chicken in Orange Sauce Brown Rice | Cheese and Chicken and Cheese Quesadilla with Sour Cream | Turkey Meal with Mashed Potatoes, Stuffing and Sweet Potatoes | Nacho Cheese Walking Taco |
| PASTA Offered with Fresh Breads | Pasta in Garlic and Oil with Grilled Chicken | Pasta with Beef Bolognese or Marinara Sauce | Nut Free Pesto Pasta with or without Chicken | Pasta Carbonara | Penne Alla Vodka With Chicken |
| GRILL | Chipotle Cheeseburger | Chipotle Cheeseburger | Chipotle Cheeseburger | Chipotle Cheeseburger | Chipotle Cheeseburger |
| PIZZA | Buffalo Roasted Cauliflower | Buffalo Roasted Cauliflower | Buffalo Roasted Cauliflower | Buffalo Roasted Cauliflower | Buffalo Roasted Cauliflower |
| SIDES | Creamy Coleslaw Roasted Brussel Sprouts | Roasted Carrots Sauteed Spinach and Mushrooms | Sweet Corn Roasted Winter Squash | Roasted String Bean Roasted Cauliflower French Fries | Charro Black Beans Roasted Broccoli French Fries |

**This institution is an equal opportunity provider**



**Available Daily**

- ❑ Assorted Pizzas
- ❑ Cheeseburgers and Hamburgers
- ❑ Made to Order Nacho Bar
- ❑ Made to order Boar's Head Deli Bar
- ❑ Grab and Go Yogurt Parfaits
- ❑ Grab add Go Sandwiches and Salads

**Join us for Wacky Wednesday where every Wednesday brings a surprise meal**

**Rotating Seasonal Fresh Fruit**
Apples, Pears and Grapes

**Rotating Seasonal Fresh Vegetable Selection**
Heirloom Tomatoes, Sweet Corn and Bell Peppers

**First Meal Free for Students**
All Lunches Include:
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
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# November 2026

## RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

November 23rd – 27th

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| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Chicken Fajita Bar with Rice and Warm Tortilla Wrap | Chicken and Veggie Dumplings Fried Rice | **BREAKFAST ONLY** | | **HOLIDAY RECESS** |
| PASTA<br>Offered with Fresh Breads | Pasta Primavera with zucchini and peppers | Pasta with Chicken Parm and Marinara Sauce | | **HOLIDAY RECESS** | |
| GRILL | **LIMITED TIME OFFER**<br>**Pepperoni Calzone with Pizza Ranch Dressing** | Ham and Cheese Bagel Melt | **BREAKFAST ONLY** | | **HOLIDAY RECESS** |
| PIZZA | Vegetable with Peppers and Mushrooms | Vegetable with Peppers and Mushrooms | | **HOLIDAY RECESS** | |
| SIDES | Roasted Green Peppers<br>Kicking Pinto Beans<br>French Fries | Roasted Broccoli<br>Sweet Corn<br>French Fries | **BREAKFAST ONLY** | | **HOLIDAY RECESS** |



**Available Daily**
- ❑ **Assorted Pizzas**
- ❑ **Cheeseburgers and Hamburgers**
- ❑ **Made to Order Nacho Bar**
- ❑ **Made to order Boar's Head Deli Bar**
- ❑ **Grab and Go Yogurt Parfaits**
- ❑ **Grab and Go Sandwiches and Salads**

**Join us for Wacky Wednesday where every Wednesday brings a surprise meal**

**Rotating Seasonal Fresh Fruit**
Apples, Pears and Grapes

**Rotating Seasonal Fresh Vegetable Selection**
Heirloom Tomatoes, Sweet Corn and Bell Pepper

**First Meal Free for Students**
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# November 2026

## RYE NECK MIDDLE & HIGH SCHOOL
## LUNCH MENU

November 30th – December 4th

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Chicken or Beef Gyro on Warm Pita Bread Tzatziki Sauce | Curry Chicken with Rice and Warm Pita Bread | Honey Stung Chicken with Rice | Warm French Toast Sticks with Toppings Pork Sausages | Sweet Teriyaki Chicken and Fried Rice |
| PASTA Offered with Fresh Breads | Pasta Alfredo with Chicken, Bacon and Spinach | Cheesy Baked Ziti | Chili Mac with Beef and Marinara Sauce | Buttered Pasta with or without Grilled Chicken | Chicken Ravioli and Marinara Sauce |
| GRILL | Grilled Chicken BLT Sub | Grilled Chicken BLT Sub | Grilled Chicken BLT Sub | Grilled Chicken BLT Sub | Grilled Chicken BLT Sub |
| PIZZA | Bacon, Chicken Ranch | Bacon, Chicken Ranch | Bacon, Chicken Ranch | Bacon, Chicken Ranch | Bacon, Chicken Ranch |
| SIDES | Greek Salad with Cucumbers and Tomatoes Roasted Broccoli | Garbanzo Beans Bruschetta French Fries | Roasted Cauliflower Green Beans French Fries | Tater Tots Roasted Winter Squash | Roasted Carrots Steamed Bok Choy French Fries |



**Available Daily**
- ❑ **Assorted Pizzas**
- ❑ **Cheeseburgers and Hamburgers**
- ❑ **Made to Order Nacho Bar**
- ❑ **Made to order Boar's Head Deli Bar**
- ❑ **Grab and Go Yogurt Parfaits**
- ❑ **Grab and Go Sandwiches and Salad**

**Join us for Wacky Wednesday where every Wednesday brings a surprise meal**

**Rotating Seasonal Fresh Fruit**
Apples, Pears and Grapes

**Rotating Seasonal Fresh Vegetable Selection**
Heirloom Tomatoes, Sweet Corn and Bell Peppers

**First Meal Free for Students**
All Lunches Include:
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