Middle School-November 2026

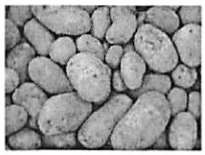
Harvest of the Month: Potatoes

Lunch Menu
Kalispell Public Schools Food Service

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. ***This institution is an equal opportunity provider.***



MONTANA Harvest of the Month

Breakfast in the Cafeteria Menu Free: if eligible Student: $2.50 Reduced: $0.30 Adult: $3.50	Monday	Tuesday	Wednesday	Thursday	Friday
	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Oatmeal OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	WG Biscuits & Sausage Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.
A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.
Students must take at least ½ cup of fruit/vegetables.

Lunch Menu: **Regular Prices** Reduced: $0.40 Student: $3.75 Adult: $5.75 Extra Milk: $0.65 **CEP Qualified Schools*- Breakfast & Lunch are Free for Students** **Local Now:** Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more! * Hoagies & PBJ Daily	Monday	Tuesday	Wednesday	Thursday	Friday
	2 Breaded Chicken Sandwich **OR** Meatball Sub w/WG Hoagie	**3** Pizza; White Chicken Chili w/Tortilla Chips	**4** Pizza; Bean & Cheese Burrito	**5** Pizza; Buffalo Chicken Sandwich w/WG Bun	**6** Cheeseburgers **OR** Chicken Tenders (4) w/WG Roll
	Salad Bar Featuring -				
	9 Grilled Chicken Sandwich **OR** Chicken Stir Fry w/Brown Rice	**10** Pizza; Mac-n-Cheese w/Diced Ham	**11** Pizza; Pancake on a Stick	**12** Pizza; Turkey Gravy w/Mashed Potato w/WG Roll	**13** Cheeseburgers **OR** Korean Beef w/Brown Rice
	Salad Bar Featuring -				
	16 Breaded Chicken Sandwich **OR** Pizza Burger	**17** Pizza; Tomato Soup w/1 Bosco Stick	**18** Pizza; WG Chicken Corndog	**19** Pizza; Burrito Bar (Rice/Beans/Meat) w/WG Tortilla	**20** Cheeseburger **OR** Chicken Gyros w/WG Pita & Tzatziki Sauce
	Salad Bar Featuring -				
	23 Grilled Chicken Sandwich **OR** Cheesy Chicken Taco Spaghetti	**24** Pizza; Cook's Choice	**25 NO SCHOOL!**	**26 NO SCHOOL!**	**27 NO SCHOOL!**
	Salad Bar Featuring -				
	30 Breaded Chicken Sandwich **OR** Cook's Choice				
	Salad Bar Featuring -				