

November 2026 Dysphagia Breakfast and Lunch Menus



Breakfast: Applesauce, Milk and Juice served everyday
Lunch: Choice between Milk and Soymilk everyday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2	11/3	11/4	11/5	11/6
Oatmeal w/ Fruit Compote Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	Student Holiday	Pureed Oatmeal w/ Fruit Compote Cinnamon Roll w/ Chicken Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Applesauce	Cream of Wheat w/ Fruit Compote Chili Mashed Potatoes w/ Gravy Seasoned Black Beans Tropical Fruit Mix	Pureed Yogurt Meal Mini Pancakes w/ chicken Green Chili Cheese Burrito w/ Nacho Cheese Cauliflower Green Beans Mandarin Oranges
11/9	11/10	11/11	11/12	11/13
Fruit & Yogurt Parfait Spaghetti Glazed Carrots Cauliflower Applesauce	Oatmeal w/ Compote Cheese Enchiladas Seasoned Black Beans Green Beans Sliced Peaches	Pureed Cream of Wheat w/ Fruit Compote French Toast w/ Fruit Compote Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler	Chicken Biscuit w/ Gravy Macaroni & Cheese Tomato Soup Creamed Spinach Mandarin Oranges	Pureed Oatmeal w/ Fruit compote Seasonal Muffin w/ Fruit Compote Chicken Nugget Green Beans Mashed Potatoes w/ Gravy Applesauce
11/16	11/17	11/18	11/19	11/20
Oatmeal w/ Fruit Compote Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	Chicken & Waffles Turkey Alfredo Green Beans Sweet Potato Fruit Cobbler	Pureed Oatmeal w/ Fruit Compote Cinnamon Roll w/ Chicken Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Applesauce	Cream of Wheat w/ Fruit Compote Thanksgiving Turkey Green Beans Mash Potatoes Sliced Peaches	Pureed Yogurt Meal Mini Pancakes w/ chicken Green Chili Cheese Burrito w/ Nacho Cheese Cauliflower Green Beans Mandarin Oranges
11/23	11/24	11/25	11/26	11/27
Thanksgiving Break				
11/30	12/1	12/2	12/3	12/4
Holiday Yogurt Meal Chili Glazed Carrots Seasoned Black Beans Tropical Fruit Mix	Oatmeal w/ Compote Cheese Enchiladas Seasoned Black Beans Green Beans Sliced Peaches	Pureed Cream of Wheat w/ Fruit Compote French Toast w/ Fruit Compote Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler	Chicken Biscuit w/ Gravy Macaroni & Cheese Tomato Soup Creamed Spinach Mandarin Oranges	Pureed Oatmeal w/ Fruit compote Seasonal Muffin w/ Fruit Compote Chicken Nugget Green Beans Mashed Potatoes w/ Gravy Applesauce

Menus are subject to change without notice due to price and availability of food

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