November 2026 Allergen Free
Breakfast and Lunch Menus

Breakfast: Rice Chex Cereals/ Honey Cheerios/ Granola, served with choice of fruit/juice and type of milk if appropriate. Breakfast Sausage on Gluten Free Bun is served every Tuesday and Thursday
Lunch: Milk or Soymilk served everyday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2	**11/3**	**11/4**	**11/5**	**11/6**
Frito Pie w/ Frito Chips Whole Kernel Corn Baby Carrots Apple Slices	**Student Holiday**	Black Beans & Rice w/ Baked Tostito Scoops Bowl Whole Kernal Corn Cherry Tomatoes Cantaloupe	Beef Hot Dog on GF Bun Pinto Beans Baby Carrots Pineapple	Chicken Tender Fresh Cucumbers Cherry Tomatoes Apple Slices
11/9	**11/10**	**11/11**	**11/12**	**11/13**
Beef Nachos w/ Baked Tostito Scoops Pinto Beans Baby Carrots Sliced Peaches	Hamburger on GF Bun Green Beans Cherry Tomatoes Orange Smiles	Chickpea Pasta Fresh Cucumbers Baby Carrots Pineapple	Orange Chicken Bowl Steamed Broccoli Tossed Salad w/ Vinaigrette Cantaloupe	Beef Hot Dog on GF Bun Mixed Vegetables Tossed Salad w/ Vinaigrette Apple Slices
11/16	**11/17**	**11/18**	**11/19**	**11/20**
Frito Pie w/ Frito Chips Whole Kernel Corn Baby Carrots Apple Slices	BBQ Chicken Bowl Green Beans Tossed Salad w/ Vinaigrette Orange Smiles	Black Beans & Rice w/ Baked Tostito Scoops Bowl Whole Kernal Corn Cherry Tomatoes Cantaloupe	Thanksgiving Turkey Green Beans Tossed Salad w/ Vinaigrette Tropical Fruit Cup	Chicken Tender Fresh Cucumbers Cherry Tomatoes Apple Slices
11/23	**11/24**	**11/25**	**11/26**	**11/27**
Thanksgiving Break				
11/30	**12/1**	**12/2**	**12/3**	**12/4**
Hamburger on GF Bun Kernel Corn Mixed Vegetable Strawberry Applesauce	Beef Nachos w/ Baked Tostito Scoops Pinto Beans Baby Carrots Sliced Peaches	Chickpea Pasta Fresh Cucumbers Baby Carrots Pineapple	Orange Chicken Bowl Steamed Broccoli Tossed Salad w/ Vinaigrette Cantaloupe	Beef Hot Dog on GF Bun Mixed Vegetables Tossed Salad w/ Vinaigrette Apple Slices

Menus are subject to change without notice due to price and availability of food

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: Program.Intake@usda.gov This institution is an equal opportunity provider.