



NOVEMBER

BREAKFAST & LUNCH

NOV 2-6

NOV 9-13

NOV 16-20

NOV 23-27

MONDAY

**B: ASSORTED SUPER
BAKERY FRUIT
BREAD**

**L: CHINESE CHICKEN
WITH WG FRIED RICE
STEAMED BROCCOLI**

**B: BAKE CRAFTERS
JUMBO MUFFINS**

**L: RICH CHICKS SPICY
OR ORIGINAL
CHICKEN PATTY ON A
WG BUN
BAKED BEANS**

**B: ASSORTED SUPER
BAKERY FRUIT
BREAD**

**L: BRUNCH FRENCH
TOAST WITH
SAUSAGE
HASH BROWN OVAL**

**B: MAPLE TURPLE
SAUSAGE PANCAKE
WRAP**

**L: CHINESE CHICKEN
WITH WG FRIED RICE
STEAMED BROCCOLI**

TUESDAY

**B: DEWAFFELBAKKER
MINI PANCAKES**

**L: NYS BEEF
WALKING TACO
CORN
CAHOON FARMS
APPLESAUCE CUPS**

**B: FRESH BAKED WG
CINNAMON ROLLS**

**L: TONY'S FIESTADA
ROASTED FIESTA
CORN
CAHOON FARMS
APPLESAUCE CUP**

**B: SAUSAGE
CROISSANTWICH**

**L: NYS BEEF SOFT
TACO
PINTO BEANS
CAHOON FARMS
APPLESAUCE CUP**

**B: DEWAFFELBAKKER
MINI PANCAKES**

**L: SLICED TURKEY &
GRAVY
CORN, MASHED
POTATOES &
STUFFING
CAHOON FARMS
APPLESAUCE CUP**

WEDNESDAY

**B: MAPLE TURKEY
PANCAKE SAUSAGE
WRAP**

**L: BREADED
MOZZARELLA STICKS
WITH MARINARA
SAUCE
STEAMED GREEN
BEANS**

**NO SCHOOL
VETERANS DAY**

**B: ASSORTED SNACK'N
WAFFLES**

**L: BOSCO'S CHEESE
FILLED BREADSTICKS
WITH MARINARA
SAUCE
STEAMED GREEN
BEANS**

**NO SCHOOL
THANKSGIVING
RECESS**

THURSDAY

**B: ASSORTED DONUT
HOLES**

**L: HAMBURGER OR
CHEESEBURGER ON A
WG BUN
BAKED BEANS
TATER TOTS
CAHOON FARMS
JUICE**

**B: BACON SCRAMBLE
BREAKFAST PIZZA**

**L: NYS MACARONI &
CHEESE
STEAMED BROCCOLI
CAHOON FARMS JUICE**

**B: NATURE VALLEY
SOFT OATMEAL
ROUNDS**

**L: BONELESS WINGS
WAFFLE FRIES
CAHOON FARMS
JUICE**

NO SCHOOL

**THANKSGIVING
RECESS**

FRIDAY

**B: STRAWBERRY
BANANA SMOOTHIES**

**L: CHEESE OR
PEPPERONI PIZZA
STEAMED CARROTS**

**B: BREAKFAST YOGURT
BAR**

**NATIONAL CHICKEN
NUGGET DAY
ROASTED POTATOES
SOUTHERN STYLE
BISCUIT**

**B: BLUEBERRY
BANANA SMOOTHIE**

**L: CHEESE OR
BUFFALO CHICKEN
PIZZA
CARROT & CELERY
STICKS WITH NYS
RANCH**

NO SCHOOL

**THANKSGIVING
RECESS**

**COMMUNITY ELIGIBILITY
PROVISION & PURCHASES**

Each student can receive one breakfast and one lunch per day at no cost under the Community Eligibility Provision. Additional meals and a la carte snacks and beverages are available for purchase.

PAYMENT METHODS

There are three ways to pay for cafeteria purchases:

- Send in a check (preferred) or cash with your child to pay in advance. Please label all envelopes, and if paying by check, make checks payable to NRW Food Service Dept. Please put your child's name on the check.
- Cash is always accepted daily at the register.
- Pay online at MySchoolBucks.com. (MySchoolBucks charges a 4% fee per deposit transaction.)

BREAKFAST OPTIONS

A variety of 2 oz. WG cereal cups & WG poptarts are available daily in addition to our featured breakfast of the day listed on the menu.

DAILY LUNCH ENTREE OPTIONS

Peanut Butter & Jelly Pack

Yogurt Bento Box

Assorted Deli Wraps & Salads

** each of these are served with assorted fresh fruits and vegetables as well as the main hot daily special

FRESH FRUITS & VEGETABLES

Breakfast & lunch include fresh assorted fruits & vegetables daily for students to select to complete their meal.

MILK OPTIONS

We offer both low fat milk & low fat chocolate milk during breakfast and lunch service.

CONTACT US

Rita Lopez, Food Service Director
rlopez@nrwcs.org
(315)594-3141 x4105