LUNCH

Week of Monday, November 2

COMMUNITY · CHARACTER · CONFIDENCE

NASHOBA BROOKS SCHOOL

& friends

MONDAY

Soup:	Southern Beef Vegetable Soup
Fan Favorite:	Pasta w/ Marinara Sauce — *Contains Wheat, Gluten, Soy*
Entrée:	Alfredo Sauce — *Contains Milk, Soy*
	Bolognese Sauce
Salad:	Latin Chipotle Quinoa Salad
	Custom Salad Bar
Deli:	Turkey & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Ham & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Sunflower Butter & Jelly — *Contains Wheat, Gluten, Soy*
Gluten Free:	*GF Pasta w/ Marinara Sauce, GF Alfredo Sauce, Bolognese Sauce & Broccoli*

WEDNESDAY

Soup:	Mindful Tuscan Seven Vegetable Soup
Fan Favorite:	Rosemary Garlic Chicken
Entrée:	Tofu Vegetable Curry — *Contains Coconut*
	Steamed White Rice
	Broccolini
Salad:	Caprese Pasta Salad — *Contains Wheat, Gluten, Milk, Soy*
	Custom Salad Bar
Deli:	Turkey & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Ham & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Sunflower Butter & Jelly — *Contains Wheat, Gluten, Soy*
Gluten Free:	*Rosemary Garlic Chicken, White Rice, Fresh Broccolini & Curry Tofu*

THURSDAY

Soup:	Chicken Noodle Soup — *Contains Wheat, Gluten, Milk, Soy*
Fan Favorite:	Beef Taco — *Contains Milk, Soy*
Entrée:	Grilled Vegetable Fajitas — *Contains Wheat, Gluten, Milk, Soy*
	Mexican White Rice
	Whole Green Beans
Salad:	Plum Tomato & Cucumber Salad
	Custom Salad Bar
Deli:	Turkey & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Ham & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Sunflower Butter & Jelly — *Contains Wheat, Gluten, Soy*
Gluten Free:	*Hard Shell Beef Tacos w/ Mexican Rice, Grilled Fajita Vegetables & Green Beans*

FRIDAY

Soup:	Curried Lentil Soup — *Contains Coconut*
Fan Favorite:	Cheese Pizza — *Contains Wheat, Gluten, Milk, Soy*
Entrée:	Macaroni & Cheese Pizza — *Contains Wheat, Gluten, Milk, Soy*
Salad:	Lemony Chickpea Salad — *Contains Soy*
	Custom Salad Bar
Deli:	Turkey & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Ham & Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Cheese Sandwich — *Contains Wheat, Gluten, Milk, Soy*
	Sunflower Butter & Jelly — *Contains Wheat, Gluten, Soy*
	Rice Krispies Treat — *Contains Milk, Soy*
Gluten Free:	*Chickpea Salad, Curried Lentil Soup, Gluten Free Pizza & Rice Krispie Treat*

Meet the Team!

Fabiana Meireles
Chef Manager

Fritz Phanord
Cook

Clara Yasmid Cuellar Yara
Salad & Deli Prep



Menu Allergen Identifiers



Menus are subject to change

Question? Comment? Concern?
Contact Ms. Fabi Meireles at fmeireles@nashobabrooks.org