Lunch Menu

Timberlane Sandown Central Elementary

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon French Toast Sticks With Crispy Potato Puffs Blueberries 	**3** 	**4** Yard Bird Classic Chicken Sandwich Oven Baked Fries With Green Beans Applesauce 	**5** Cheeseburger Or Classic Beef Burger Sweet Potato Fries Baked Beans Fresh Orange	**6** Cheese Pizza Or Pepperoni Pizza With Caesar Salad Baby Carrots Sliced Peaches
9 Mozzarella Sticks Tomato Sauce Dip Dinner Rolls With Sweet Potato Fries Sliced Peaches 	**10** Whole Grain Pancakes with Sausage Crispy Potato Puffs Applesauce 	**11** 	**12** Nachos Grande Or Nachos with Cheese Sweet Corn Black Beans Sliced Pears 	**13** Cheese Pizza Pepperoni Pizza With Cajun Roasted Broccoli Fresh Apple
16 Two Cheese Grilled Cheese Meltdown Café With Sweet Potato Fries Fresh Orange	**17** Belgian Waffle Bites With Crispy Potato Puffs And Sausage Patty Homemade Caramelized Apples 	**18** Pasta with Meat Sauce *freshly cooked pasta with meat sauce* Steamed Broccoli Pineapple Cup	**19** Crispy Tacos Or Soft Tacos With Sweet Corn Black Beans Sliced Pears 	**20** Cheese Pizza Or Pepperoni Pizza With Caesar Salad Baby Carrots Applesauce
23 Pasta Alfredo *tender pasta over a creamy alfredo sauce* With Steamed Broccoli And Applesauce	**24** Crispy Popcorn Chicken Or Roasted Turkey with Gravy Mashed Potatoes Corn Bread Stuffing Chocolate Chip Cookie	**25** 	**26** 	**27** 
30 Chicken Nuggets Or Meatless Chik'n Nugget With Sweet Potato Fries Fresh Orange				



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.



Meal Prices

Reduced - $0.40

Paid- $3.55

Milk Only- $0.80

Always Available

1) Cereal & graham crackers, or bagel w/ cream cheese with yogurt & string cheese

2) Sun butter and Jelly or Ham & Cheese Sandwich

3) Tossed salad w/ cheese and dinner roll

4) Mixed berry parfait

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients

All meals include choice of fruit, LF milk, and vegetable

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.