

Technoference in NJ Caregivers

Connecting with your children in an age
of constant technology



Research tells us that
technology plays a large part
in parent-child interactions.

Technoference describes the
distraction from interpersonal
activities that can occur due to
mobile screens.

WHAT DOES THE RESEARCH SAY?

01.

Even as early as
infancy,
technoference can
cause children to
engage less with
their mothers and
negatively effect
their vocabulary
development.

02.

Across
adolescence,
technoference
decreases quality
and quantity of
parent-child
interactions.

03.

It also influences
child social and
emotional
development.