School Protocol for Suspected Opioid Overdose:

1. Assess situation: Individual is not responsive to asking if they are okay, by shouting their name or gently shaking their shoulders. Call or delegate call to 9-1-1 and request advanced life support.
2. Contact school nurse and/or school administrator.
3. If school nurse is unavailable, contact the designated back-up.
4. Request assistance in clearing the space of other students, but stay with student until help arrives. If staff available, delegate task of printing **ACPS Student Emergency Information (see below)** to give to EMS personnel (OA, nurse or principal).
5. Nurse or trained designee assesses and delegates call to 9-1-1 if warranted and not already done. In the absence of the nurse, it is best practice for two trained designees to asses, if possible.
   - **Ask** person if he or she is okay and shout name.
   - **Shake** shoulders and firmly rub the middle of their chest.
   - **Check for signs of opioid overdose:**
     - Will not wake up or respond to your voice or touch.
     - Center part of their eye is very small, sometimes called "pinpoint pupils."
     - Breathing is very slow, irregular, or has stopped.
     - Nailbeds or face appears bluish or ashen.
6. Nurse or trained personnel give 2 rescue breaths if person is not or barely breathing.
7. Nurse or trained designee administers Narcan per instructions --See *Narcan -How to Guide* attached or *Quick-Reference.*
8. Nurse or trained designee performs rescue breathing and/or chest compressions as warranted.
9. Repeat Narcan administration in 3 minutes if no response to first dose.
10. Do not leave person.
11. Turn person on side in recovery position (see below) after administration of Narcan if rescue breathing and CPR are not warranted.

Obtain Student Emergency Information from Power School to give to EMS personnel:
Select a student *> More > ACPS Stu Emerg Med Summary*
Press Control P to print the screen

As soon as possible, the school nurse or principal or designee notifies parent/guardian.
The school principal or designee shall notify the central office about the incident and response
Select a student *> More > ACPS Stu Emerg Med Summary*
Press Control P to print the screen

Post Incident:
Per Code of Virginia § 22.1-272.1:1

The principal or designee shall notify the parent of each student enrolled in the school within 24 hours of the earlier of law enforcement or medical personnel confirming a school-connected student overdose or the school principal having knowledge of a suspected school-connected student overdose. The parental notification shall include, if known at the time, the name or any identifiable features of the suspected substance and whether the confirmed or suspected overdose occurred on school premises

during regular school hours or during school-sanctioned activities. Within 24 hours after any parental notification, the principal or his designee shall also provide a similar notification to the Department.

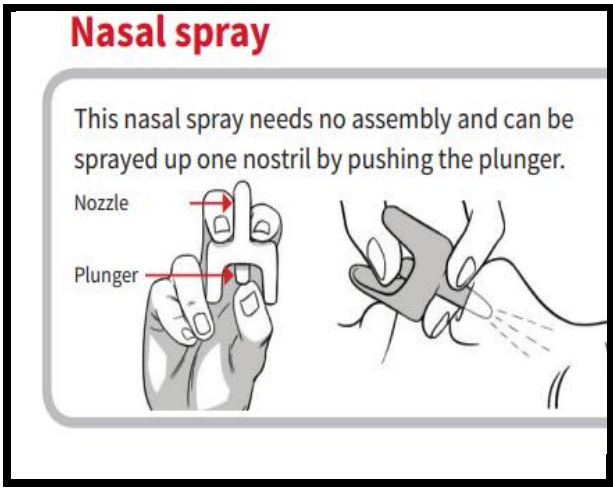
Quick Reference for Naloxone/Narcan Kit

What to do in case of an overdose?

1. **Check for Responsiveness**
2. **Call 911** State that the person is unresponsive and not breathing. Follow dispatcher instructions.
3. **Give 2 Rescue Breaths** if the person is not breathing.
4. **Give Naloxone** See reverse for instructions. If no reaction after 3 minutes, give second dose.
5. **Give Rescue Breaths or CPR** (if you know how or are instructed to by 911) until the person responds. Rescue breathing: Tilt head back. Pinch nose. Give 1 breath every 5 seconds, repeat.
6. **After Care** Stay with the person as long as you can or until help arrives. Make sure the person **doesn't take more opioids**. If you must leave the person, place them on their side in recovery position -- see below.

If you don't have naloxone; call for help and give rescue breaths if person in not breathing or barely breathing.

Administering Naloxone/Narcan:



If no response in 3 minutes, give 2nd dose of naloxone in other nostril.

RECOVERY POSITION SETUP

