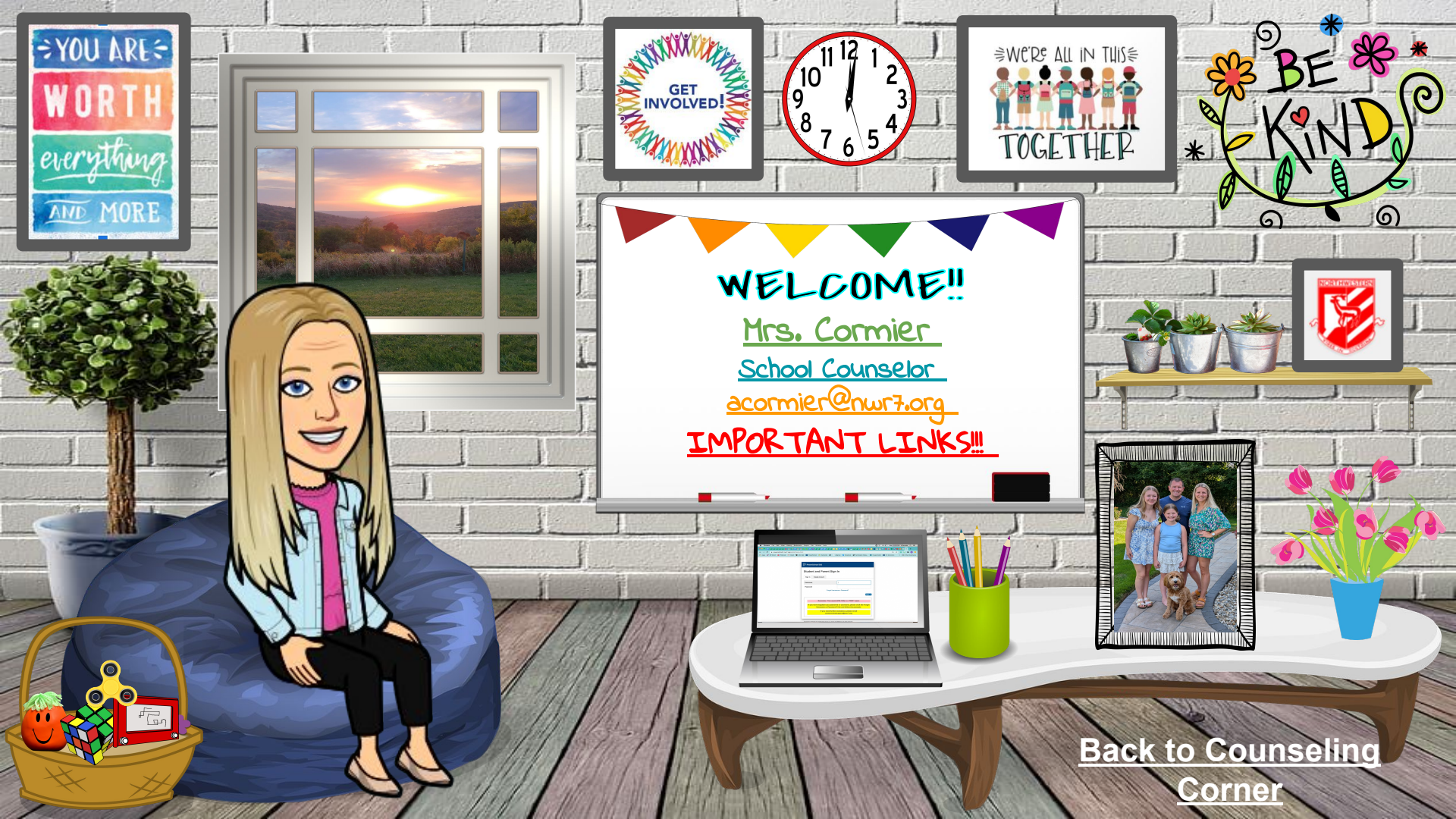

NORTHWESTERN
REGIONAL SCHOOL DISTRICT NO. 7
COUNSELOR'S CORNER
Next slide
Mrs. Cormier
School Counselor
7th Grade
Mrs. Searson
School Counselor
8th Grade


YOU ARE
WORTH
everything
AND MORE
GET INVOLVED!
WE'RE ALL IN THIS
TOGETHER
BE KIND
WELCOME!!
Mrs. Cormier
School Counselor
acormier@nwr7.org
IMPORTANT LINKS!!!
Back to Counseling Corner



[Go Back to Mrs. Cormier's Home Page]

Important Information

Who is Mrs. Cormier?

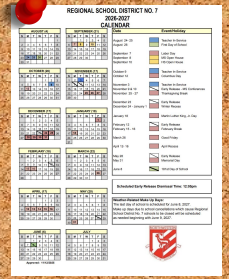
Academic Help Schedule

Middle School Clubs !!!!

Middle School Staff Directory

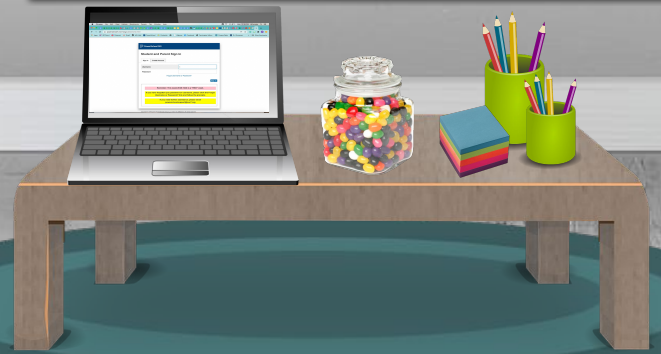
Helpful Tips Links

- Organizational Tips
- Locker Help
- What's My Schedule

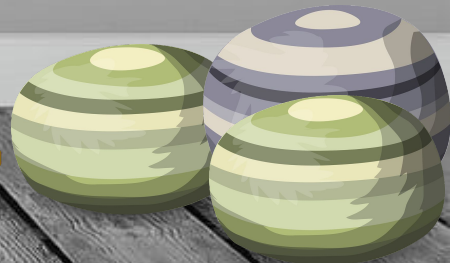


You Matter









[Go back to Mrs. Cormier's Home Page]


BE KIND
NORTHWESTERN
REGIONAL SCHOOL DISTRICT NO. 7
Be the Change you want to see in the World.
WE'RE ALL IN THIS TOGETHER
BE SOMEBODY WHO MAKES EVERYBODY FEEL LIKE A SOMEBODY.
Take a Meta-Moment
WELCOME BACK!
Mrs. Searson
School Counselor
jsearson@nwr7.org
IMPORTANT LINKS!
Back to Counseling Corner


these are a few of my
FaVORiTe THiNgS
N 41° 29' 24"
W 71° 18' 47"
NEWPORT
SKYDIVE NEWPORT
THE PREMIER SKYDIVING CENTER IN NEW ENGLAND
Yankees
LET'S GO!!
SAINT ANSELM SOCCER
MARIST COLLEGE
DOZER
The Pout-Pout Fish
Back to Mrs. Searson's Homepage

Important Links:

Who is Mrs. Searson?

Academic Help Schedule

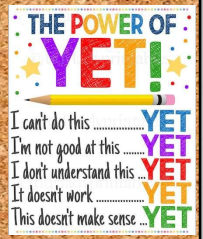
Middle School Clubs!!!

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Helpful Tips Links

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NORTHWESTERN
REGIONAL SCHOOL DISTRICT NO. 7





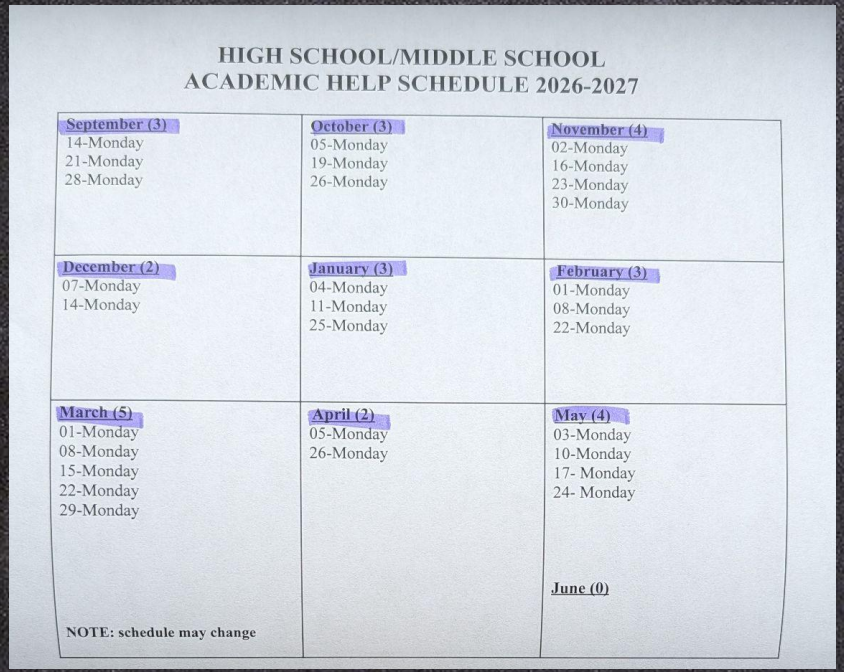




Go back to Mrs. Searson's Home Page

Monday

Academic Help



HIGH SCHOOL/MIDDLE SCHOOL
ACADEMIC HELP SCHEDULE 2026-2027

September (3) 14-Monday 21-Monday 28-Monday	**October (3)** 05-Monday 19-Monday 26-Monday	**November (4)** 02-Monday 16-Monday 23-Monday 30-Monday
December (2) 07-Monday 14-Monday	**January (3)** 04-Monday 11-Monday 25-Monday	**February (3)** 01-Monday 08-Monday 22-Monday
March (5) 01-Monday 08-Monday 15-Monday 22-Monday 29-Monday **NOTE: schedule may change**	**April (2)** 05-Monday 26-Monday	**May (4)** 03-Monday 10-Monday 17- Monday 24- Monday **June (0)**

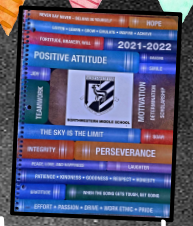
Academic Help Sessions are available on select **Mondays.** You can stay after from 2:15-3:00. **ALL** of your teachers are available during these sessions.

This is a great time to see teachers and/or take advantage of some extra time to get homework done in school!

Go back to Mrs. Searson
Go back to Mrs. Cormier

Go Back to Mrs. Cormier
Go Back to Mrs. Searson

Organizational Tips



- Bring your agenda to EVERY class EVERY DAY and neatly write down the homework during each period. If teachers do not set aside a time to fill out your agenda, make one for yourself...the beginning or end of class work well!
- Keep all worksheets and papers in your binder or in labeled folders for each class.
- Come to class with all of the materials you will need
- Clean out and organize your locker and backpack frequently
- Put your name and date on all papers given to you and preview homework assignments before you leave class so that you can ask any necessary questions.

BACK TO HOME

Your Locker!

Go Back to Mrs. Cormier

Go Back to Mrs. Searson

How to open your locker:

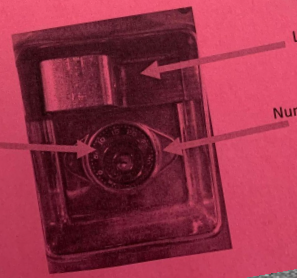
1. Spin the dial at least three times to the right (clockwise), all the way around. This "clears" the lock of any pervious numbers.
2. **Enter your combination.** Turn the dial to the right and stop at your first number. Always start with a turn to the right!
3. For your second number, turn the dial to the left, going past your first number. Then stop at your second number.
4. For your third number, turn the dial to the right and go directly to the last number. Leave your lock on this number. Always remember: right, left, right.
5. Slide your locker bar over, then slowly turn your dial to the right until it "locks" in place.
6. Slide your locker bar open.

Please note, that the last number of all large locker combinations is NOT the actual last number it is a stopping point to slide the bar.

If you cannot get your locker to open, ask a teacher or other staff member to help. Try it twice (or more) before you call a teacher.

Remember:

Do not share your locker combination with other students!

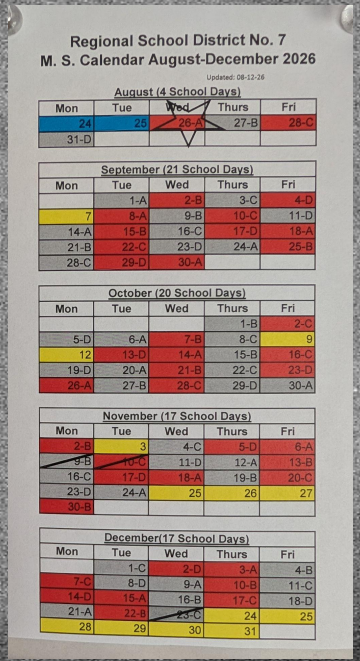


- Keep practicing!! If you need help come to the middle school office
- Do not share your combination or leave your locker open
- Organize your locker frequently. This will prevent you from losing items! Think about adding a shelf or a magnetic pencil/pen container

Scheduling 101: Where am I supposed to be? What color is today?

Just breathe! You will learn all of this in time! In the meantime...use these to help!

Time	Day A	Day B	Day C	Day D
7:34-7:44	Homeroom	Homeroom	Homeroom	Homeroom
7:48-8:43	1	7	5	3
8:47-9:42	2	8	6	4
9:46-10:41	3	1	7	5
10:45-11:10	Lunch	Lunch	Lunch	Lunch
11:14-12:08	4	2	8	6
12:12-1:07	5	3	1	7
1:11-2:07	6	4	2	8



Regional School District No. 7
M. S. Calendar August-December 2026

Updated: 08-12-26

August (4 School Days)

Mon	Tue	Wed	Thurs	Fri
24	25	26-A	27-B	28-C
31-D				

September (21 School Days)

Mon	Tue	Wed	Thurs	Fri
	1-A	2-B	3-C	4-D
7	8-A	9-B	10-C	11-D
14-A	15-B	16-C	17-D	18-A
21-B	22-C	23-D	24-A	25-B
28-C	29-D	30-A		

October (20 School Days)

Mon	Tue	Wed	Thurs	Fri
			1-B	2-C
5-D	6-A	7-B	8-C	9
12	13-D	14-A	15-B	16-C
19-D	20-A	21-B	22-C	23-D
26-A	27-B	28-C	29-D	30-A

November (17 School Days)

Mon	Tue	Wed	Thurs	Fri
2-B	3	4-C	5-D	6-A
9-B	10-C	11-D	12-A	13-B
16-C	17-D	18-A	19-B	20-C
23-D	24-A	25	26	27
30-B				

December(17 School Days)

Mon	Tue	Wed	Thurs	Fri
	1-C	2-D	3-A	4-B
7-C	8-D	9-A	10-B	11-C
14-D	15-A	16-B	17-C	18-D
21-A	22-B	23-C	24	25
28	29	30	31	

Go Back to Mrs. Cormier

Go Back to Mrs. Searson