LUNCH

NOVEMBER 2026

GHS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Chicken and waffles, Sweet potato Fries** Chicken Sandwich(D)	3 **Election Day** **No school** ELECTION DAY	4 **Pasta meat sauce** Dinner roll Garden salad (V) Chicken Parmesan Sandwich	5 **BBQ Rib Sandwich** Served with Sweet potato fries(V) Chop Steak Sandwich(D)	6 **Bosco Sticks** Served with a side marinara and Fries(V) Burgers Fries(D)
9 **Ramen Bowl** **Noddle, Broth, Chicken. Assorted topping** All beef Hot Dog With assorted toppings(D) Sweet Potato Fries(V)	10 **Taco bowl** Beef/turkey taco mixture assorted toppings, rice(D) Seasoned pinto beans(V) Chicken Quesadilla(V)(D)	11 **Pasta Meatballs** Texas Toast Caesar salad(V) Grilled Cheese with tomato soup(V)(D)	12 **Popcorn Chicken Bowl** Chicken, Mashed Potato, Gravy, Corn(V) Buffalo chicken sandwich	13 **Loaded Tater tots with assorted top-pings(D)** Cheddar, Bacon Burger Fries
16 **French Toast Sticks** served with sausage, syrup and Sweet Potato fries(V)(e)D) Breakfast wrap	17 **Cheesy Chicken Burrito Bowl** **seasoned Chicken, rice, Beans(V)** **cheese and assorted toppings** **Taco Quesadilla(D)**	18 **Pasta meat sauce** Dinner roll Garden salad(V) Philly Cheese Steak	19 **Turkey Shaped Nuggets** Mashed potatoes, Gravy Roasted broccoli (VE) Thanksgiving Wrap	20 **Chili with Hot Honey Corn bread poppers** Burgers Fries(V)(D)
23 **GHS Chicken Rice Bowl** Brown rice, With a variety of toppings Asian Chicken Sandwich	24 **Soft Taco's** Beef/turkey taco mixture assorted toppings, rice Seasoned black beans(V)(D) Beef Quesadilla(D)	25 **Pasta Meatballs** Texas Toast Caesar salad(V)(D) Hot Honey Nashville Chicken Sandwich	26 **Happy Thanksgiving**	27 **No School** **Thanksgiving Break**
30 **Chicken Drummies** **Mac and Cheese Bites(D)** **Chicken, Bacon, Cheddar wrap(D)**				

(V) is for vegetarian (VE) is Vegan we offer many GF options please email Jessica_capozza@greenwich.k12.ct.us before 9am for options for the day

Special Days: Oct. 5th-9th,Oct. 12th-16th Carnival week Daily Seasonal Fresh Fruit Served daily: Apples, banana, grapes,

Daily Milk offerings: 1% milk, Fat free chocolate milk & Strawberry Milk

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