



NOVEMBER 2026

Blue Mountain Union School

All Student Meals are Free

Adult Breakfast: \$ 4.00

Adult Lunch: \$5.50



Monday

Generals Chicken ²

or Tofu, Broccoli
Vegetable Fried Rice
Spring Rolls
Fresh Fruit & Salad Bar

Spaghetti & Meatballs ⁹

Or Marinara
Parmesan Cheese
Roasted Butternut Squash
Dinner Roll
Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo ¹⁶

WG Garlic Knots
Fresh Fruit & Salad Bar

Cheesy Breadsticks ²³

Marinara Dipping Sauce
Roasted Broccoli
Fresh Fruit & Salad Bar

Mac and Cheese ³⁰

Sweet Peas
Garlic Bread
Fresh Fruit & Salad Bar

Tuesday

Ultimate Nachos ³

Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

BMU Bowls ¹⁰

WG Breaded Chicken Bites
Mashed Potato, Corn, Gravy
Fresh Fruit & Salad Bar

Walking Tacos ¹⁷

Beef or Bean
Corn, Fresh Pico de Gallo
Fresh Guacamole
Salsa, Sour Cream
Fresh Fruit & Salad Bar

Popcorn Chicken ²⁴

Biscuits
Roasted Potato Wedges
Roasted Broccoli
Coleslaw

Wednesday

Pizza ⁴

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Pizza ¹¹

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

Pizza ¹⁸

Pepperoni or Cheese
Sweet Potato Fries
Caesar Salad
Fresh Fruit & Salad Bar

²⁵

Thursday

EARLY RELEASE ⁵

Crispy Chicken Sandwich
On a Whole Grain Bun,
Roasted Green Beans
Fresh Fruit & Salad Bar

Grilled Cheese ¹²

Or Pesto Tomato Grilled Cheese
Tomato Soup
Grilled Asparagus
Fresh Fruit & Salad Bar

Holiday Meal ¹⁹

Roasted Turkey
Mashed Potato, Green Beans
Roasted Maple Squash
Dinner Roll, Stuffing
Fresh Fruit & Salad Bar

²⁶



Friday

⁶

NO SCHOOL

Brunch for Lunch ¹³

French Toast Sticks
Scrambled Eggs
Sausage
Roasted Home fries
Fresh Fruit & Salad Bar

Create Your Own Burger ²⁰

Or Veggie Burger
Tater Tots
Fresh Fruit & Salad Bar

²⁷



Breakfasts Available Everyday

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads
1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12

Sun butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.